

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 1 Girls 12 & Under 200 LC Meter Backstroke**

NAM-L: 2:33.54 # 07-Dec-16		Tiana Esslinger - NTS Champion		DOL	
Name	Age	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12 Dolphins Swimming Club	2:40.81	2:41.51	
2	Schnebel, Sandra	12 Dolphins Swimming Club	2:54.70	2:54.66	
3	Huang, Xinyue	10 Dolphins Swimming Club	3:16.12	3:03.47	
4	Van Wyk, Roze	10 Marlins Swimming Club	NT	3:08.68	
5	Joubert, Laila	10 Aqua Swimming and Fitness Club	3:28.28	3:14.50	
6	Glen-Spyron, Sofia B	9 Dolphins Swimming Club	3:24.02	3:15.58	
7	Losper, Aaliyah J	9 Aqua Swimming and Fitness Club	3:39.06	3:28.31	
8	McNab, Aneurene	12 Dolphins Swimming Club	3:25.80	3:28.53	
9	McNamara, Jade	10 Dolphins Swimming Club	NT	3:32.74	
10	McNamara, Scarlett	12 Dolphins Swimming Club	NT	3:33.59	
11	Wenk, Olivia	11 Dolphins Swimming Club	3:47.26	3:34.73	
12	Mahdy, Nadien	12 Dolphins Swimming Club	3:39.09	3:38.45	
13	von Wielligh, Elizabeth	12 Dolphins Swimming Club	NT	3:38.57	
14	Dresselhaus, Mareli	12 Dolphins Swimming Club	NT	3:47.91	
15	Imbondi, Mangano S	10 Dolphins Swimming Club	3:49.12	3:51.60	
16	Bezuidenhout, Jenna-Rose	10 Aqua Swimming and Fitness Club	3:57.83	3:54.76	
17	Warne, Manisha	11 Dolphins Swimming Club	4:06.62	4:03.85	
18	McNamara, Dani	8 Dolphins Swimming Club	NT	4:16.13	
---	Guo, Yilin	9 Dolphins Swimming Club	NT	DQ	

6.4 Not on the back upon leaving the wall after the turn

Event 1 Girls 13-14 200 LC Meter Backstroke

NAM-L: 2:14.52 # 19-Jul-13		Zanre Oberholzer		NAM	
Name	Age	Team	Seed Time	Finals Time	Points
1	Bergh, Madison S	14 Aqua Swimming and Fitness Club	2:36.65	2:38.52	
2	Geyser, Mikayla	14 Dolphins Swimming Club	2:39.18	2:38.85	
3	Matyayi, Roselinda	13 Aqua Swimming and Fitness Club	2:34.81	2:40.92	
4	Ellis, Lilia	13 Dolphins Swimming Club	2:57.68	2:51.41	
5	Slinger, Gizelle	14 Aqua Swimming and Fitness Club	2:56.57	2:56.57	
6	Steyn, Lara	13 Dolphins Swimming Club	3:00.68	3:03.98	
7	De Witt, Isabella	13 Marlins Swimming Club	NT	3:05.32	
8	Rey, Candice J	13 Aqua Swimming and Fitness Club	2:59.73	3:06.47	
9	Drotsky, Kayleigh R	13 Dolphins Swimming Club	NT	3:08.90	
10	Zeidler, Zafari N	13 Dolphins Swimming Club	3:05.69	3:13.11	
11	Gertze, Carlene T	13 Dolphins Swimming Club	NT	3:19.61	
12	Mobbison, Solange A	13 Dolphins Swimming Club	3:27.01	3:41.63	
---	Dames, Andrea	14 Dolphins Swimming Club	NT	DQ	

6.4 Turn not initiated at completion of the arm pull after leaving position on the back

Event 1 Girls 15-16 200 LC Meter Backstroke

NAM-L: 2:16.99 # 10-Dec-14		Zanré Oberholzer at African Un		NAM	
Name	Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Jessica	15 Aqua Swimming and Fitness Club	2:23.51	2:32.97	
2	Benade, Quelin H	16 Aqua Swimming and Fitness Club	2:43.71	2:44.73	
3	Steyn, Carissa L	16 Dolphins Swimming Club	2:48.34	2:54.90	
4	Stephanus, Oliwia E	15 Dolphins Swimming Club	2:55.16	3:01.83	

Event 1 Girls 17-18 200 LC Meter Backstroke

NAM-L: 2:20.65 # 17-Mar-17		Zanré Oberholzer at SA Nationa		TUKS-NT	
Name	Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Brynné B	17 Dolphins Swimming Club	2:50.28	2:46.64	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 2 Boys 12 & Under 200 LC Meter Backstroke**

NAM-L: 2:25.69 # 24-Feb-22		Lorenzo Esterhuizen at BKW Nam		AQUA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	2:48.62	2:46.98
2	Durand, Patrick	10	Dolphins Swimming Club	NT	2:57.35
3	Bergh, Riley R	12	Aqua Swimming and Fitness Club	3:01.56	2:58.83
4	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	3:07.04	2:59.83
5	Diehl, Aiden P	10	Dolphins Swimming Club	3:04.50	3:03.47
6	Badenhorst, Oelof O	9	Dolphins Swimming Club	3:07.57	3:07.33
7	Coetzee, Jasper J	9	Dolphins Swimming Club	3:26.02	3:18.85
8	Diehl, Marcel	9	Dolphins Swimming Club	3:37.96	3:21.10
9	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	3:25.38	3:21.66
10	Thirion, Zandro	9	Dolphins Swimming Club	3:23.98	3:21.81
*11	Swartz, Samuel	12	Aqua Swimming and Fitness Club	3:23.20	3:24.55
*11	Swartz, Caleb	10	Aqua Swimming and Fitness Club	3:34.82	3:24.55
13	Brown, Ben T	10	Dolphins Swimming Club	3:35.52	3:24.82
14	Cowley, Dylan	11	Dolphins Swimming Club	NT	3:28.64
15	Huang, Guoxuan	8	Dolphins Swimming Club	3:33.35	3:29.30
16	Kibble, Harry C	10	Dolphins Swimming Club	NT	3:32.44
17	Cowley, Joshua	9	Dolphins Swimming Club	NT	3:34.38
18	Chase, Ivor	10	Dolphins Swimming Club	NT	3:37.26
19	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	3:37.75	3:37.91
20	Wenk, William	8	Dolphins Swimming Club	3:57.44	3:37.93
21	Buys, Nicholas	9	Dolphins Swimming Club	4:00.05	3:46.04
22	McNab, Arden	10	Dolphins Swimming Club	3:48.04	3:47.76
23	Moolman, Markus	9	Dolphins Swimming Club	NT	3:49.44
24	Roux, Keanu	9	Dolphins Swimming Club	NT	3:51.21
25	Mahdy, Basil	8	Dolphins Swimming Club	4:44.92	4:17.17

Event 2 Boys 13-14 200 LC Meter Backstroke

NAM-L: 2:14.74 # 19-Mar-19		Jose Canjulo		NASU	
Name	Age	Team	Seed Time	Finals Time	Points
1	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	2:19.45	2:22.41
2	Ellis, Lian	14	Dolphins Swimming Club	2:25.08	2:24.70
3	Jiao, Naan	13	Dolphins Swimming Club	2:44.27	2:31.97
4	Feris, Rodney	13	Aqua Swimming and Fitness Club	2:41.01	2:37.58
5	Engelhard, Victor	13	Dolphins Swimming Club	2:57.74	2:52.19
6	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	2:59.25
7	Williams, Aidan J	14	Dolphins Swimming Club	NT	3:04.01
8	Hanstein, William	14	Aqua Swimming and Fitness Club	NT	3:25.61
9	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	NT	3:52.23

Event 2 Boys 15-16 200 LC Meter Backstroke

NAM-L: 2:05.80 # 17-Aug-14		Lushano P. Lamprecht at 2nd Yo		NAM	
Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	2:13.95	2:13.86
2	Beukes, Luke	15	Aqua Swimming and Fitness Club	2:31.11	2:28.67
3	Kinnaird, Liam	15	Dolphins Swimming Club	2:27.36	2:32.41
4	Nell, Tristan T	15	Aqua Swimming and Fitness Club	2:33.61	2:33.90
5	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	2:46.29	2:39.29
6	Bauernschmitt, Michael B	15	Dolphins Swimming Club	2:33.26	2:39.45
7	Robiati, Naeem	15	Marlins Swimming Club	2:50.90	2:46.36
8	Feris, Samuel H	15	Aqua Swimming and Fitness Club	2:52.31	2:53.11

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 2 Boys 17-18 200 LC Meter Backstroke**

NAM-L: 2:05.26 # 26-Mar-15 Lushano P. Lamprecht at 58th M NAMIB

	Name	Age	Team	Seed Time	Finals Time	Points
1	Engelhard, Robin	17	Dolphins Swimming Club	2:21.75	2:31.68	
2	Geyser, Brett A	17	Dolphins Swimming Club	2:35.91	2:31.76	

Event 2 Boys 19 & Over 200 LC Meter Backstroke

NAM-L: 2:05.26 # 26-Mar-15 Lushano P. Lamprecht at 58th M NAMIB

	Name	Age	Team	Seed Time	Finals Time	Points
1	Wellmann, Arkell J	21	Dolphins Swimming Club	2:18.55	2:20.84	

Event 5 Girls 8 & Under 50 LC Meter Butterfly

NAM-L: 42.90 # 10-Dec-04 Christine Briedenhann - Set De NSANM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	1:03.62	1:01.83	
2	Stephanus, Christina T	8	Aqua Swimming and Fitness Club	1:04.92	1:03.46	
3	de Kock, Christi	8	Dolphins Swimming Club	NT	1:04.62	
4	Jiao, Nuonan	7	Dolphins Swimming Club	1:30.76	1:13.57	

Event 5 Girls 9-10 50 LC Meter Butterfly

NAM-L: 33.96 # 13-Dec-06 Christine Briedenhann - Set De NSANM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Huang, Xinyue	10	Dolphins Swimming Club	35.81	36.13	
2	Van Wyk, Roze	10	Marlins Swimming Club	36.48	37.85	
3	Glen-Spyron, Sofia B	9	Dolphins Swimming Club	41.62	41.62	
4	Joubert, Laila	10	Aqua Swimming and Fitness Club	46.19	46.85	
5	Imbondi, Mangano S	10	Dolphins Swimming Club	47.49	47.12	
6	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	52.25	51.52	
7	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	1:01.09	53.58	
8	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	1:00.45	55.12	
9	McNamara, Jade	10	Dolphins Swimming Club	55.31	55.18	
10	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	51.56	56.82	
11	Coomer, Isabel	10	Aqua Swimming and Fitness Club	1:01.65	57.89	
12	Guo, Yilin	9	Dolphins Swimming Club	NT	58.58	
---	Stoffberg, Alexis	10	Dolphins Swimming Club	56.30	DQ	

10.5 Took a stride or step from the bottom of the pool

Event 5 Girls 11-12 50 LC Meter Butterfly

NAM-L: 29.89 # 20-Oct-23 Roselinda Matyayi at BWK LC Ga AQUA

	Name	Age	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	33.88	33.25	
2	Ashikoto, Suraya A	11	Marlins Swimming Club	41.08	38.67	
3	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	45.55	39.25	
4	Schnebel, Sandra	12	Dolphins Swimming Club	38.39	41.03	
5	McNamara, Scarlett	12	Dolphins Swimming Club	51.66	45.73	
6	McNab, Aneurene	12	Dolphins Swimming Club	46.57	48.01	
7	Mahdy, Nadien	12	Dolphins Swimming Club	48.11	49.75	
8	Dresselhaus, Mareli	12	Dolphins Swimming Club	51.36	49.90	
9	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	50.62	
10	Wenk, Olivia	11	Dolphins Swimming Club	46.19	51.17	
11	Warne, Manisha	11	Dolphins Swimming Club	1:02.78	1:08.17	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 5 Girls 13-14 50 LC Meter Butterfly**

NAM-L: 29.57 # 13-Sep-10		Christine M. Briedenhann at 10		NSA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	29.89	30.69
2	Geyser, Mikayla	14	Dolphins Swimming Club	33.12	32.96
3	Bergh, Madison S	14	Aqua Swimming and Fitness Club	34.26	33.12
4	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	34.67	33.14
5	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	33.75	33.83
6	August, Ava	14	Aqua Swimming and Fitness Club	34.96	34.71
7	Ellis, Lilia	13	Dolphins Swimming Club	35.16	35.45
8	Drotsky, Kayleigh R	13	Dolphins Swimming Club	40.74	38.85
9	Rey, Candice J	13	Aqua Swimming and Fitness Club	38.64	39.76
10	Zeidler, Zafari N	13	Dolphins Swimming Club	42.90	41.14
11	Steyn, Lara	13	Dolphins Swimming Club	42.44	42.12
12	De Witt, Isabella	13	Marlins Swimming Club	43.78	42.22
13	Dames, Andrea	14	Dolphins Swimming Club	44.32	43.69
14	Gertze, Carlene T	13	Dolphins Swimming Club	NT	44.24
15	Mobbison, Solange A	13	Dolphins Swimming Club	41.21	48.18

Event 5 Girls 15-16 50 LC Meter Butterfly

NAM-L: 28.99 # 07-Apr-14		Sonja Adelaar		NASU	
Name	Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Jessica	15	Aqua Swimming and Fitness Club	31.91	32.27
2	Benade, Quelin H	16	Aqua Swimming and Fitness Club	32.29	32.66
3	Rey, Salomé M	16	Aqua Swimming and Fitness Club	31.84	33.04
4	Naukosho, Ariana	16	Dolphins Swimming Club	32.73	36.21
5	Joubert, Kira	15	Aqua Swimming and Fitness Club	38.10	36.99
6	Steyn, Carissa L	16	Dolphins Swimming Club	36.60	38.08
7	Stephanus, Oliwia E	15	Dolphins Swimming Club	37.44	40.92
8	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	50.97	44.40

Event 5 Girls 17-18 50 LC Meter Butterfly

NAM-L: 29.99 # 08-Dec-08		Jonay Briedenhann		NSA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	34.13	33.85

Event 5 Girls 19 & Over 50 LC Meter Butterfly

NAM-L: 28.99 # 07-Apr-14		Sonja Adelaar		NASU	
Name	Age	Team	Seed Time	Finals Time	Points
1	Smalley, Molina M	25	Dolphins Swimming Club	29.60	30.31

Event 6 Boys 8 & Under 50 LC Meter Butterfly

NAM-L: 38.60 # 25-Nov-22		Patrick Durand at LC Gala 3 (W)		DOL	
Name	Age	Team	Seed Time	Finals Time	Points
1	Huang, Guoxuan	8	Dolphins Swimming Club	51.22	49.10
2	Wenk, William	8	Dolphins Swimming Club	1:01.21	1:01.81
3	Mahdy, Basil	8	Dolphins Swimming Club	1:06.49	1:04.45

Event 6 Boys 9-10 50 LC Meter Butterfly

NAM-L: 32.87 # 27-Feb-20		Nathan Bock - BWK LC Nationals		ORA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	10	Dolphins Swimming Club	38.11	37.30
2	Badenhorst, Oelof O	9	Dolphins Swimming Club	39.76	40.73
3	Diehl, Aiden P	10	Dolphins Swimming Club	40.75	41.59

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 6 Boys 9-10 50 LC Meter Butterfly)**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
4	Chase, Ivor	10	Dolphins Swimming Club	44.45	42.49	
5	Coetzee, Jasper J	9	Dolphins Swimming Club	41.16	44.20	
6	Kibble, Harry C	10	Dolphins Swimming Club	NT	45.72	
7	Moolman, Markus	9	Dolphins Swimming Club	49.58	47.19	
8	Diehl, Marcel	9	Dolphins Swimming Club	49.59	47.89	
9	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	43.89	48.03	
10	Thirion, Zandro	9	Dolphins Swimming Club	44.82	48.63	
11	Brown, Ben T	10	Dolphins Swimming Club	46.98	48.95	
12	Swartz, Caleb	10	Aqua Swimming and Fitness Club	51.04	49.64	
13	Buys, Nicholas	9	Dolphins Swimming Club	45.52	49.75	
14	Cowley, Joshua	9	Dolphins Swimming Club	45.03	51.62	
15	McNab, Arden	10	Dolphins Swimming Club	52.65	52.95	
16	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	49.14	53.70	
17	Roux, Keanu	9	Dolphins Swimming Club	57.40	56.79	

Event 6 Boys 11-12 50 LC Meter Butterfly

NAM-L: 29.44 # 23-Feb-23

Rodney Feris

AQUA

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	34.41	34.75	
2	Musati, Jeremy	12	Aqua Swimming and Fitness Club	43.75	36.49	
3	Bergh, Riley R	12	Aqua Swimming and Fitness Club	36.60	36.51	
4	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	36.64	38.86	
5	Coomer, Luke E	12	Aqua Swimming and Fitness Club	47.48	39.28	
6	Swartz, Samuel	12	Aqua Swimming and Fitness Club	44.08	44.35	
7	Cowley, Dylan	11	Dolphins Swimming Club	43.84	45.74	
8	Krige, Ian C	11	Marlins Swimming Club	NT	48.84	
9	De Almeida, Thato	12	Aqua Swimming and Fitness Club	56.35	57.48	
10	Borges, Raul J	11	Dolphins Swimming Club	NT	58.16	

Event 6 Boys 13-14 50 LC Meter Butterfly

NAM-L: 26.92 # 27-Feb-20

Jose Canjulo - BWK LC National

MAC

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	28.72	28.86	
2	Feris, Rodney	13	Aqua Swimming and Fitness Club	28.51	29.10	
3	Ellis, Lian	14	Dolphins Swimming Club	29.78	30.21	
4	Benade, Kayleb G	14	Aqua Swimming and Fitness Club	31.42	31.40	
5	Jiao, Naan	13	Dolphins Swimming Club	34.66	32.81	
6	Williams, Aidan J	14	Dolphins Swimming Club	34.79	34.31	
7	Engelhard, Victor	13	Dolphins Swimming Club	34.66	36.31	
8	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	37.87	
9	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	49.85	48.15	

Event 6 Boys 15-16 50 LC Meter Butterfly

NAM-L: 26.21 # 28-May-22

José N. Canjulo at Taça Barrac

AQUA

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Durand, Oliver B	16	Dolphins Swimming Club	26.70	26.91	
2	Bauernschmitt, Michael B	15	Dolphins Swimming Club	27.92	28.37	
3	Kinnaird, Liam	15	Dolphins Swimming Club	29.73	29.46	
*4	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	30.25	29.74	
*4	Nell, Tristan T	15	Aqua Swimming and Fitness Club	30.80	29.74	
6	Beukes, Luke	15	Aqua Swimming and Fitness Club	31.18	30.21	
7	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	31.65	30.62	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 6 Boys 15-16 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
8 Fitzpatrick, Dominic	16	Marlins Swimming Club	NT	30.94	
9 Marggraff, Alex W	15	Dolphins Swimming Club	31.50	30.97	
10 van Dyk, Luhan	16	Marlins Swimming Club	36.75	31.17	
11 Feris, Samuel H	15	Aqua Swimming and Fitness Club	30.97	32.33	
12 Robiati, Naeem	15	Marlins Swimming Club	34.67	34.86	

Event 6 Boys 17-18 50 LC Meter Butterfly

NAM-L: 25.98 # 25-Aug-15 Lushano Lamprecht - 5th FINA J NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Engelhard, Robin	17	Dolphins Swimming Club	27.26	27.52	
2 Geysler, Brett A	17	Dolphins Swimming Club	27.67	27.75	
3 Esslinger, Nico	17	Dolphins Swimming Club	29.14	28.38	
4 Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	29.86	29.90	
5 Nell, Noah S	18	Aqua Swimming and Fitness Club	29.45	30.73	

Event 6 Boys 19 & Over 50 LC Meter Butterfly

NAM-L: 25.48 # 17-May-23 Alexander Skinner at DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Le Roux, Corné	21	Dolphins Swimming Club	27.56	27.21	
2 Wellmann, Arkell J	21	Dolphins Swimming Club	27.72	27.83	
3 Gertze, Matthew R	21	Dolphins Swimming Club	29.36	29.93	

Event 7 Women 45 & Over 50 LC Meter Butterfly

NAM-L: 36.91 # 23-Nov-18 Jane Samson at BWK LC Gala 3 2 NSA

NASFED LC: 36.91 * 23-Nov-18 Jane Samson - BWK LC Gala 3 (2 NSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Samson, Jane	57	Marlins Swimming Club	39.80	40.19	

Event 8 Men 25-44 50 LC Meter Butterfly

NAM-L: 27.27 # 23-Feb-23 Lushano P. Lamprecht AQUA

Name	Age	Team	Seed Time	Finals Time	Points
1 Diekmann, Jörn	27	Marlins Swimming Club	29.43	29.18	

Event 8 Men 45 & Over 50 LC Meter Butterfly

NAM-L: 32.88 # 24-Nov-18 Gabor Salamon - BWK LC Gala 3 MARL

Name	Age	Team	Seed Time	Finals Time	Points
1 Salamon, Gabor J	67	Marlins Swimming Club	NT	35.06	
2 Coomer, Richard E	71	Aqua Swimming and Fitness Club	36.88	37.21	

Event 9 Girls 10 & Under 100 LC Meter Breaststroke

NAM-L: 1:32.11 # 13-Dec-06 Christine Briedenhann NSANM

Name	Age	Team	Seed Time	Finals Time	Points
1 Van Wyk, Roze	10	Marlins Swimming Club	1:36.49	1:37.14	
2 Huang, Xinyue	10	Dolphins Swimming Club	1:43.90	1:42.57	
3 Imbondi, Mangano S	10	Dolphins Swimming Club	1:50.34	1:48.13	
4 Glen-Spyron, Sofia B	9	Dolphins Swimming Club	1:53.23	1:48.29	
5 Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	2:06.64	2:00.51	
6 McNamara, Jade	10	Dolphins Swimming Club	2:10.06	2:01.72	
7 Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	2:05.46	2:03.00	
8 Guo, Yilin	9	Dolphins Swimming Club	NT	2:03.81	
9 Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	2:24.32	2:09.79	
10 Coomer, Isabel	10	Aqua Swimming and Fitness Club	2:10.53	2:10.02	
11 Stoffberg, Alexis	10	Dolphins Swimming Club	2:15.64	2:10.23	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 9 Girls 10 & Under 100 LC Meter Breaststroke)**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
12	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	2:17.01	2:10.96	
13	Joubert, Laila	10	Aqua Swimming and Fitness Club	2:16.73	2:12.48	
14	McNamara, Dani	8	Dolphins Swimming Club	NT	2:12.96	
15	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	2:20.30	2:22.12	
16	Stephanus, Christina T	8	Aqua Swimming and Fitness Club	2:34.02	2:22.18	
17	Jiao, Nuoan	7	Dolphins Swimming Club	2:30.05	2:24.63	
18	de Kock, Christi	8	Dolphins Swimming Club	NT	2:37.24	

Event 9 Girls 11-12 100 LC Meter Breaststroke

NAM-L: 1:22.17 # 01-Jan-1900 Gwen Currie

SWANM

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Naukosho, Ainoa	12	Dolphins Swimming Club	1:32.07	1:31.61	
2	McNamara, Scarlett	12	Dolphins Swimming Club	1:47.10	1:36.28	
3	Schnebel, Sandra	12	Dolphins Swimming Club	1:39.88	1:42.06	
4	Mahdy, Nadien	12	Dolphins Swimming Club	1:47.31	1:47.20	
5	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	1:46.57	1:47.77	
6	McNab, Aneurene	12	Dolphins Swimming Club	1:47.00	1:48.73	
7	Wenk, Olivia	11	Dolphins Swimming Club	1:47.29	1:51.51	
8	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	1:51.76	
9	Warne, Manisha	11	Dolphins Swimming Club	1:59.98	1:58.70	
10	Dresselhaus, Mareli	12	Dolphins Swimming Club	2:07.55	2:07.20	
11	De Witt, Alexandra	11	Marlins Swimming Club	2:01.24	2:08.12	
12	Krige, Clarissa	12	Marlins Swimming Club	NT	2:28.88	

Event 9 Girls 13-14 100 LC Meter Breaststroke

NAM-L: 1:17.85 # 08-Dec-12 Kiah T. Borg

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	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Geyser, Mikayla	14	Dolphins Swimming Club	NT	1:28.39	
2	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	1:24.88	1:30.84	
3	Ellis, Lilia	13	Dolphins Swimming Club	1:32.58	1:32.11	
4	August, Ava	14	Aqua Swimming and Fitness Club	1:35.32	1:36.08	
5	Zeidler, Zafari N	13	Dolphins Swimming Club	1:37.96	1:39.83	
6	Drotsky, Kayleigh R	13	Dolphins Swimming Club	1:45.27	1:41.19	
7	Dames, Andrea	14	Dolphins Swimming Club	1:47.00	1:42.90	
8	Rey, Candice J	13	Aqua Swimming and Fitness Club	1:42.35	1:44.76	
9	Steyn, Lara	13	Dolphins Swimming Club	1:49.97	1:48.92	
10	Mobbison, Solange A	13	Dolphins Swimming Club	1:47.52	1:58.59	
11	Gertze, Carlene T	13	Dolphins Swimming Club	NT	2:14.15	

Event 9 Girls 15-16 100 LC Meter Breaststroke

NAM-L: 1:15.78 # 12-Oct-08 Daniela Lindemeier

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	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Naukosho, Ariana	16	Dolphins Swimming Club	1:23.87	1:26.74	
2	Benade, Quelin H	16	Aqua Swimming and Fitness Club	1:28.88	1:28.61	
3	Steyn, Carissa L	16	Dolphins Swimming Club	1:28.68	1:29.52	
4	Stephanus, Oliwia E	15	Dolphins Swimming Club	1:40.41	1:45.33	
5	Joubert, Kira	15	Aqua Swimming and Fitness Club	1:48.17	1:47.19	
6	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	2:03.63	1:58.37	

Event 9 Girls 17-18 100 LC Meter Breaststroke

NAM-L: 1:13.82 # 25-Jul-09 Daniela Lindemeier at 13th FIN

DOL

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	1:28.45	1:27.09	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 10 Boys 10 & Under 100 LC Meter Breaststroke**

NAM-L: 1:27.24 # 03-Apr-18 Oliver Durand - SA Level 3 Reg NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Badenhorst, Oelof O	9	Dolphins Swimming Club	1:34.49	1:35.05	
2 Durand, Patrick	10	Dolphins Swimming Club	1:41.54	1:39.05	
3 Kibble, Harry C	10	Dolphins Swimming Club	NT	1:45.45	
4 Brown, Ben T	10	Dolphins Swimming Club	1:49.32	1:47.06	
5 Coetzee, Jasper J	9	Dolphins Swimming Club	1:50.38	1:49.28	
6 Diehl, Aiden P	10	Dolphins Swimming Club	1:48.19	1:49.47	
7 Swartz, Caleb	10	Aqua Swimming and Fitness Club	1:59.17	1:53.12	
8 Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	2:01.69	1:53.55	
9 Thirion, Zandro	9	Dolphins Swimming Club	1:52.79	1:54.15	
10 Diehl, Marcel	9	Dolphins Swimming Club	2:01.64	1:55.28	
11 Chase, Ivor	10	Dolphins Swimming Club	1:58.64	1:56.50	
12 McNab, Arden	10	Dolphins Swimming Club	1:57.62	1:57.41	
13 Cowley, Joshua	9	Dolphins Swimming Club	NT	1:59.77	
14 Huang, Guoxuan	8	Dolphins Swimming Club	NT	2:03.60	
15 Moolman, Markus	9	Dolphins Swimming Club	2:20.85	2:08.02	
16 Mahdy, Basil	8	Dolphins Swimming Club	2:13.45	2:09.50	
17 Wenk, William	8	Dolphins Swimming Club	2:08.89	2:14.48	
18 Buys, Nicholas	9	Dolphins Swimming Club	2:18.28	2:16.13	
--- Roux, Keanu	9	Dolphins Swimming Club	NT	DQ	

7.2 Arm movements not simultaneous

Event 10 Boys 11-12 100 LC Meter Breaststroke

NAM-L: 1:15.74 # 07-Dec-16 Mikah Burger - NTS Championshi DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Bergh, Riley R	12	Aqua Swimming and Fitness Club	1:35.83	1:32.65	
2 Coomer, Luke E	12	Aqua Swimming and Fitness Club	NT	1:48.85	
3 Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	1:48.81	1:51.58	
4 Cowley, Dylan	11	Dolphins Swimming Club	1:43.74	1:55.42	
5 Swartz, Samuel	12	Aqua Swimming and Fitness Club	1:51.78	1:56.97	
6 Krige, Ian C	11	Marlins Swimming Club	2:12.54	1:59.22	
7 Borges, Raul J	11	Dolphins Swimming Club	NT	2:03.88	
8 De Almeida, Thato	12	Aqua Swimming and Fitness Club	2:20.94	2:20.01	
--- Musati, Jeremy	12	Aqua Swimming and Fitness Club	1:57.95	DQ	

7.4 Leg movements not simultaneous

Event 10 Boys 13-14 100 LC Meter Breaststroke

NAM-L: 1:09.50 # 01-Jan-1900 Ricardo Eerenstein TIGNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Ellis, Lian	14	Dolphins Swimming Club	1:20.10	1:18.30	
2 Jiao, Naan	13	Dolphins Swimming Club	1:21.95	1:20.94	
3 Feris, Rodney	13	Aqua Swimming and Fitness Club	1:26.69	1:29.87	
4 Benade, Kayleb G	14	Aqua Swimming and Fitness Club	1:30.07	1:32.32	
5 Williams, Aidan J	14	Dolphins Swimming Club	1:39.82	1:35.57	
6 Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	1:36.40	
7 Engelhard, Victor	13	Dolphins Swimming Club	1:41.77	1:38.96	
8 Hanstein, William	14	Aqua Swimming and Fitness Club	1:51.06	1:42.47	
9 Brendell, Yugen C	13	Aqua Swimming and Fitness Club	2:03.63	1:57.47	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 10 Boys 15-16 100 LC Meter Breaststroke**

NAM-L: 1:06.54 # 01-Dec-17 Ronan Z. Wantenaar at WP SUMME NSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B	16	Dolphins Swimming Club	1:07.19	1:11.64	
2 Kinnaird, Liam	15	Dolphins Swimming Club	1:17.48	1:18.08	
3 Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	1:22.14	1:20.53	
4 Bauernschmitt, Michael B	15	Dolphins Swimming Club	1:19.26	1:21.96	
5 Nell, Tristan T	15	Aqua Swimming and Fitness Club	1:25.84	1:24.07	
6 Robiati, Naeem	15	Marlins Swimming Club	1:27.99	1:27.36	
7 van Dyk, Luhan	16	Marlins Swimming Club	NT	1:27.42	
8 Feris, Samuel H	15	Aqua Swimming and Fitness Club	1:33.35	1:31.50	

Event 10 Boys 17-18 100 LC Meter Breaststroke

NAM-L: 1:03.75 # 20-Aug-19 Ronan Z. Wantenaar NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Geysler, Brett A	17	Dolphins Swimming Club	1:15.40	1:17.86	
2 Esslinger, Nico	17	Dolphins Swimming Club	NT	1:18.40	
3 Engelhard, Robin	17	Dolphins Swimming Club	1:18.85	1:21.77	
4 Nell, Noah S	18	Aqua Swimming and Fitness Club	1:17.42	1:22.37	
5 Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	1:23.85	1:25.89	

Event 10 Boys 19 & Over 100 LC Meter Breaststroke

NAM-L: 1:01.35 # 11-Mar-23 Ronan Z. Wantenaar at Malaysia MAC

Name	Age	Team	Seed Time	Finals Time	Points
1 Wellmann, Arkell J	21	Dolphins Swimming Club	1:11.75	1:13.64	
2 Le Roux, Corné	21	Dolphins Swimming Club	NT	1:17.71	
3 Gertze, Matthew R	21	Dolphins Swimming Club	1:24.23	1:22.82	

Event 13 Girls 12 & Under 1500 LC Meter Freestyle

NAM-L: 20:21.14 # 14-Feb-14 Heleni Stergiadis - BWK LC Gal DOL

NASFED LC: 19:37.42 * 04-Dec-14 Joanne Liebenberg at NTS Champ DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Naukosho, Ainoa	12	Dolphins Swimming Club	NT	19:56.70 #	

Event 13 Girls 13-14 1500 LC Meter Freestyle

NAM-L: 19:02.16 # 13-Feb-04 Marike Meyer DOLNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Bergh, Madison S	14	Aqua Swimming and Fitness Club	19:50.59	20:04.58	
2 Steyn, Lara	13	Dolphins Swimming Club	21:52.44	21:21.14	

Event 14 Boys 13-14 1500 LC Meter Freestyle

NAM-L: 18:08.73 # 26-Nov-21 Oliver B. Durand at LC Gala 3 DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Jiao, Naan	13	Dolphins Swimming Club	19:59.80	19:27.65	
2 Feris, Rodney	13	Aqua Swimming and Fitness Club	NT	21:20.95	

Event 14 Boys 15-16 1500 LC Meter Freestyle

NAM-L: 17:16.50 # 04-Mar-08 Tristan McDonald NAMIB-ZZ

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B	16	Dolphins Swimming Club	NT	17:17.76	
2 Marggraff, Alex W	15	Dolphins Swimming Club	NT	19:51.30	
3 Feris, Samuel H	15	Aqua Swimming and Fitness Club	21:03.32	21:06.27	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 17 Girls 12 & Under 200 LC Meter Butterfly**

NAM-L: 2:45.26 # 04-Dec-14 Heleni Stergiadis - NTS Champi DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Naukosho, Ainoa	12	Dolphins Swimming Club	NT	2:45.88	

Event 17 Girls 15-16 200 LC Meter Butterfly

NAM-L: 2:24.17 # 07-Jul-15 Sonja Adelaar NSA-ZZ

Name	Age	Team	Seed Time	Finals Time	Points
1 Rey, Salomé M	16	Aqua Swimming and Fitness Club	2:49.80	2:47.22	
2 Benade, Quelin H	16	Aqua Swimming and Fitness Club	3:13.83	3:08.40	

Event 18 Boys 12 & Under 200 LC Meter Butterfly

NAM-L: 2:29.14 # 06-Apr-22 Lorenzo Esterhuizen at SA Nati NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Patrick	10	Dolphins Swimming Club	3:05.97	3:03.29	
2 Bergh, Riley R	12	Aqua Swimming and Fitness Club	3:37.52	3:27.13	

Event 18 Boys 13-14 200 LC Meter Butterfly

NAM-L: 2:13.32 # 17-Mar-17 Corne Le Roux NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Ellis, Lian	14	Dolphins Swimming Club	2:32.88	2:25.43	
2 Jiao, Naan	13	Dolphins Swimming Club	2:40.89	2:37.94	

Event 18 Boys 15-16 200 LC Meter Butterfly

NAM-L: 2:06.47 # 21-Mar-23 Oliver B. Durand at SA Nationa NSFED

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B	16	Dolphins Swimming Club	2:06.47	2:11.46	
2 Nell, Tristan T	15	Aqua Swimming and Fitness Club	2:38.57	2:34.18	
3 Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	2:41.65	2:40.31	
4 Marggraff, Alex W	15	Dolphins Swimming Club	2:39.71	2:43.69	
5 Kinnaird, Liam	15	Dolphins Swimming Club	2:49.80	2:52.59	
6 Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	NT	2:54.70	

Event 18 Boys 17-18 200 LC Meter Butterfly

NAM-L: 2:08.88 # 04-May-04 Günther Streit MARNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	2:36.91	2:33.28	
2 Engelhard, Robin	17	Dolphins Swimming Club	2:31.51	2:36.54	

Event 18 Boys 19 & Over 200 LC Meter Butterfly

NAM-L: 2:06.47 # 21-Mar-23 Oliver B. Durand at SA Nationa NSFED

Name	Age	Team	Seed Time	Finals Time	Points
1 Wellmann, Arkell J	21	Dolphins Swimming Club	2:14.79	2:15.41	
2 Le Roux, Corné	21	Dolphins Swimming Club	2:15.14	2:18.23	

Event 21 Girls 10 & Under 100 LC Meter Backstroke

NAM-L: 1:18.13 # 04-Dec-14 Tiana Esslinger - NTS Champion DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Van Wyk, Roze	10	Marlins Swimming Club	1:29.16	1:26.88	
2 Huang, Xinyue	10	Dolphins Swimming Club	1:28.09	1:26.94	
3 Joubert, Laila	10	Aqua Swimming and Fitness Club	1:37.48	1:34.66	
4 McNamara, Jade	10	Dolphins Swimming Club	1:35.34	1:36.80	
5 Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	NT	1:39.84	
6 Imbondi, Mangano S	10	Dolphins Swimming Club	1:44.12	1:45.98	
7 Guo, Yilin	9	Dolphins Swimming Club	1:53.64	1:50.47	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 21 Girls 10 & Under 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
8	Stoffberg, Alexis	10	Dolphins Swimming Club	1:55.97	1:56.51	
9	Coomer, Isabel	10	Aqua Swimming and Fitness Club	1:59.54	1:58.13	
10	Stephanus, Christina T	8	Aqua Swimming and Fitness Club	1:59.48	1:58.63	
11	Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	NT	2:00.91	
12	Jiao, Nuohan	7	Dolphins Swimming Club	2:08.69	2:04.32	
13	de Kock, Christi	8	Dolphins Swimming Club	2:01.70	2:04.99	
14	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	2:07.83	2:07.81	
15	McNamara, Dani	8	Dolphins Swimming Club	2:15.18	2:10.92	
16	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	2:11.55	2:12.57	
---	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	1:48.54	DQ	

4.4 Initiating a start before the signal

Event 21 Girls 11-12 100 LC Meter Backstroke

NAM-L: 1:09.60 # 03-May-23 Roselinda Matyayi at CANA Zone

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	1:14.29	1:16.42	
2	Schnebel, Sandra	12	Dolphins Swimming Club	1:21.06	1:21.01	
3	Meyer, Cara	12	Dolphins Swimming Club	1:23.68	1:24.85	
4	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	1:34.37	1:30.54	
5	McNamara, Scarlett	12	Dolphins Swimming Club	1:38.82	1:35.23	
6	Mahdy, Nadien	12	Dolphins Swimming Club	1:45.43	1:38.79	
7	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	1:42.69	
8	Dresselhaus, Mareli	12	Dolphins Swimming Club	NT	1:44.53	
9	Wenk, Olivia	11	Dolphins Swimming Club	1:42.26	1:47.11	
10	De Witt, Alexandra	11	Marlins Swimming Club	1:40.84	1:48.08	
11	Warne, Manisha	11	Dolphins Swimming Club	1:53.14	1:52.13	

Event 21 Girls 13-14 100 LC Meter Backstroke

NAM-L: 1:03.36 # 19-Jul-13 Zanre Oberholzer

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	1:09.60	1:11.12	
2	Geyser, Mikayla	14	Dolphins Swimming Club	1:12.59	1:14.12	
3	Bergh, Madison S	14	Aqua Swimming and Fitness Club	1:13.33	1:15.11	
4	Ellis, Lilia	13	Dolphins Swimming Club	NT	1:20.15	
5	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	1:20.60	1:20.86	
6	Schlabitz, Nora L	14	Dolphins Swimming Club	1:21.38	1:22.01	
7	August, Ava	14	Aqua Swimming and Fitness Club	1:24.46	1:24.19	
8	Rey, Candice J	13	Aqua Swimming and Fitness Club	1:24.39	1:24.87	
9	Steyn, Lara	13	Dolphins Swimming Club	1:30.84	1:28.33	
10	De Witt, Isabella	13	Marlins Swimming Club	1:27.33	1:28.86	
11	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	1:30.32	
12	Gertze, Carlene T	13	Dolphins Swimming Club	1:34.19	1:33.16	
13	Dames, Andrea	14	Dolphins Swimming Club	NT	1:35.91	
14	Mobbison, Solange A	13	Dolphins Swimming Club	1:42.07	1:40.89	

Event 21 Girls 15-16 100 LC Meter Backstroke

NAM-L: 1:03.81 # 10-Dec-14 Zanré Oberholzer at African Un

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Jessica	15	Aqua Swimming and Fitness Club	1:05.23	1:08.61	
2	Rey, Salomé M	16	Aqua Swimming and Fitness Club	1:11.85	1:17.01	
3	Benade, Quelin H	16	Aqua Swimming and Fitness Club	1:12.93	1:18.35	
4	Steyn, Carissa L	16	Dolphins Swimming Club	1:23.24	1:21.12	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 21 Girls 15-16 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
5	Stephanus, Oliwia E	15	Dolphins Swimming Club	1:19.96	1:21.59	
6	Naukosho, Ariana	16	Dolphins Swimming Club	1:18.46	1:24.64	
7	Joubert, Kira	15	Aqua Swimming and Fitness Club	1:30.58	1:28.45	
8	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	1:40.71	1:35.56	

Event 21 Girls 17-18 100 LC Meter Backstroke

NAM-L: 1:04.89 # 17-Mar-17 Zané Oberholzer at SA Nationa

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	1:19.68	1:17.27	

Event 22 Boys 10 & Under 100 LC Meter Backstroke

NAM-L: 1:19.14 # 06-Dec-17 Oliver Durand - NTS Championsh

DOL

	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	10	Dolphins Swimming Club	1:23.07	1:24.69	
2	Badenhorst, Oelof O	9	Dolphins Swimming Club	1:28.26	1:29.11	
3	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	1:27.39	1:29.23	
4	Coetzee, Jasper J	9	Dolphins Swimming Club	1:34.56	1:32.97	
5	Cowley, Joshua	9	Dolphins Swimming Club	1:37.25	1:37.54	
6	Swartz, Caleb	10	Aqua Swimming and Fitness Club	1:35.20	1:37.63	
7	Chase, Ivor	10	Dolphins Swimming Club	1:38.44	1:38.70	
8	Huang, Guoxuan	8	Dolphins Swimming Club	1:37.21	1:39.27	
9	Brown, Ben T	10	Dolphins Swimming Club	1:42.47	1:40.85	
10	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	1:43.05	1:44.03	
11	Kibble, Harry C	10	Dolphins Swimming Club	NT	1:47.06	
12	Wenk, William	8	Dolphins Swimming Club	1:47.08	1:49.41	
13	Roux, Keanu	9	Dolphins Swimming Club	NT	1:53.84	
14	Moolman, Markus	9	Dolphins Swimming Club	1:55.70	1:54.46	
15	Mahdy, Basil	8	Dolphins Swimming Club	NT	1:57.74	

Event 22 Boys 11-12 100 LC Meter Backstroke

NAM-L: 1:06.55 # 06-Apr-22 Lorenzo Esterhuizen at SA Nati

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	1:17.59	1:18.28	
2	Bergh, Riley R	12	Aqua Swimming and Fitness Club	1:23.48	1:25.86	
3	Musati, Jeremy	12	Aqua Swimming and Fitness Club	1:32.99	1:27.36	
4	Swartz, Samuel	12	Aqua Swimming and Fitness Club	1:39.89	1:35.06	
5	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	1:33.92	1:35.98	
6	Coomer, Luke E	12	Aqua Swimming and Fitness Club	1:35.47	1:36.47	
7	Cowley, Dylan	11	Dolphins Swimming Club	1:34.46	1:39.26	
8	De Almeida, Thato	12	Aqua Swimming and Fitness Club	1:54.47	1:51.02	
9	Borges, Raul J	11	Dolphins Swimming Club	1:58.05	1:56.35	

Event 22 Boys 13-14 100 LC Meter Backstroke

NAM-L: 1:00.99 # 04-Dec-19 Jose Canjulo

MAC

	Name	Age	Team	Seed Time	Finals Time	Points
1	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	1:05.42	1:06.07	
2	Ellis, Lian	14	Dolphins Swimming Club	1:07.32	1:07.33	
3	Feris, Rodney	13	Aqua Swimming and Fitness Club	1:14.38	1:11.86	
4	Jiao, Naan	13	Dolphins Swimming Club	1:14.73	1:13.41	
5	Benade, Kayleb G	14	Aqua Swimming and Fitness Club	1:20.79	1:17.39	
6	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	1:22.04	1:22.33	
7	Williams, Aidan J	14	Dolphins Swimming Club	1:29.42	1:25.29	
8	Hanstein, William	14	Aqua Swimming and Fitness Club	1:36.59	1:32.11	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 22 Boys 13-14 100 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
9 Brendell, Yugen C	13	Aqua Swimming and Fitness Club	1:45.42	1:47.34	

Event 22 Boys 15-16 100 LC Meter Backstroke

NAM-L: 58.91 # 23-Jul-17 Ronan Z. Wantenaar at 17th FIN NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B	16	Dolphins Swimming Club	1:00.74	1:02.77	
2 Beukes, Luke	15	Aqua Swimming and Fitness Club	1:06.99	1:07.83	
3 Kinnaird, Liam	15	Dolphins Swimming Club	1:06.36	1:09.93	
4 Nell, Tristan T	15	Aqua Swimming and Fitness Club	1:12.22	1:12.20	
5 Bauernschmitt, Michael B	15	Dolphins Swimming Club	1:11.68	1:12.82	
6 Robiati, Naeem	15	Marlins Swimming Club	1:15.11	1:14.81	
7 Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	1:13.54	1:15.08	
8 Feris, Samuel H	15	Aqua Swimming and Fitness Club	1:19.63	1:18.65	
9 Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	1:21.87	1:22.05	
10 David, José A	15	Aqua Swimming and Fitness Club	NT	1:29.47	

Event 22 Boys 17-18 100 LC Meter Backstroke

NAM-L: 57.75 # 20-Aug-19 Ronan Wantenaar NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Esslinger, Nico	17	Dolphins Swimming Club	1:05.31	1:05.21	
2 Nell, Noah S	18	Aqua Swimming and Fitness Club	1:07.42	1:10.63	
3 Geysler, Brett A	17	Dolphins Swimming Club	1:06.95	1:10.88	
4 Engelhard, Robin	17	Dolphins Swimming Club	1:03.22	1:12.12	
5 Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	1:13.80	1:15.26	

Event 22 Boys 19 & Over 100 LC Meter Backstroke

NAM-L: 57.75 # 20-Aug-19 Ronan Z. Wantenaar NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Wellmann, Arkell J	21	Dolphins Swimming Club	1:02.82	1:04.59	
2 Gertze, Matthew R	21	Dolphins Swimming Club	1:11.92	1:13.66	

Event 24 Men 45 & Over 100 LC Meter Backstroke

NAM-L: 1:26.88 # 27-Feb-20 Johan Bekker - BKW Namibia Nat MAC

NASFED LC: 1:26.88 * 27-Feb-20 Johan Bekker Record Set MAC

Name	Age	Team	Seed Time	Finals Time	Points
--- Bekker, Johan	54	Marlins Swimming Club	NT	DQ	

6.4 Did not start executing the turn immediately after turning onto the breast

Event 25 Girls 8 & Under 50 LC Meter Breaststroke

NAM-L: 46.00 # 01-Jan-1900 Tesra Broodryk - Date Unknown TSUNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	58.78	57.85	
2 McNamara, Dani	8	Dolphins Swimming Club	57.07	1:01.99	
3 Stephanus, Christina T	8	Aqua Swimming and Fitness Club	1:03.28	1:05.94	
4 Jiao, Nuohan	7	Dolphins Swimming Club	1:06.87	1:09.21	
5 de Kock, Christi	8	Dolphins Swimming Club	1:09.02	1:15.63	

Event 25 Girls 9-10 50 LC Meter Breaststroke

NAM-L: 41.58 # 13-Dec-06 Christine Briedenhann - Set De NSANM

Name	Age	Team	Seed Time	Finals Time	Points
1 Van Wyk, Roze	10	Marlins Swimming Club	42.42	43.99	
2 Huang, Xinyue	10	Dolphins Swimming Club	45.31	46.01	
3 Imbondi, Mangano S	10	Dolphins Swimming Club	49.34	48.35	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 25 Girls 9-10 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
4	McNamara, Jade	10	Dolphins Swimming Club	54.16	55.40	
5	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	NT	56.00	
6	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	55.35	56.22	
7	Coomer, Isabel	10	Aqua Swimming and Fitness Club	57.50	56.94	
8	Guo, Yilin	9	Dolphins Swimming Club	55.93	57.28	
9	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	58.33	1:00.38	
10	Joubert, Laila	10	Aqua Swimming and Fitness Club	1:04.98	1:01.54	
11	Stoffberg, Alexis	10	Dolphins Swimming Club	1:01.96	1:02.25	
12	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	1:02.94	1:06.53	

Event 25 Girls 11-12 50 LC Meter Breaststroke

NAM-L: 37.60 # 01-Jan-1900 Gwen Currie

SWANM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Meyer, Cara	12	Dolphins Swimming Club	42.70	42.11	
2	Naukosho, Ainoa	12	Dolphins Swimming Club	42.38	42.37	
3	McNamara, Scarlett	12	Dolphins Swimming Club	42.77	42.67	
4	Schnebel, Sandra	12	Dolphins Swimming Club	44.36	45.46	
5	Mahdy, Nadien	12	Dolphins Swimming Club	47.51	47.08	
6	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	47.88	47.78	
7	Wenk, Olivia	11	Dolphins Swimming Club	50.05	49.78	
8	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	49.88	
9	Ashikoto, Suraya A	11	Marlins Swimming Club	50.90	50.68	
10	Dresselhaus, Mareli	12	Dolphins Swimming Club	NT	54.89	
11	Warne, Manisha	11	Dolphins Swimming Club	54.79	55.27	
12	De Witt, Alexandra	11	Marlins Swimming Club	55.12	58.54	

Event 25 Girls 13-14 50 LC Meter Breaststroke

NAM-L: 35.97 # 01-Dec-12 Kiah T. Borg

NSA

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	39.48	40.12	
2	Geyser, Mikayla	14	Dolphins Swimming Club	39.48	40.44	
3	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	40.42	40.45	
4	Ellis, Lilia	13	Dolphins Swimming Club	NT	42.10	
5	Schlabitz, Nora L	14	Dolphins Swimming Club	41.77	42.92	
6	August, Ava	14	Aqua Swimming and Fitness Club	41.56	43.22	
7	Rey, Candice J	13	Aqua Swimming and Fitness Club	45.34	45.29	
8	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	46.11	
9	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	45.31	46.94	
10	Dames, Andrea	14	Dolphins Swimming Club	50.48	48.27	
11	Steyn, Lara	13	Dolphins Swimming Club	51.76	50.74	
12	Mobbison, Solange A	13	Dolphins Swimming Club	48.88	52.41	
13	Gertze, Carlene T	13	Dolphins Swimming Club	1:02.40	1:02.20	

Event 25 Girls 15-16 50 LC Meter Breaststroke

NAM-L: 34.53 # 08-Dec-12 Christine Briedenhann

NAM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Benade, Quelin H	16	Aqua Swimming and Fitness Club	40.96	40.07	
2	Naukosho, Ariana	16	Dolphins Swimming Club	38.26	40.50	
3	Steyn, Carissa L	16	Dolphins Swimming Club	40.96	40.95	
4	Stephanus, Oliwia E	15	Dolphins Swimming Club	44.22	45.15	
5	Joubert, Kira	15	Aqua Swimming and Fitness Club	49.96	49.27	
6	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	52.53	53.69	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 25 Girls 17-18 50 LC Meter Breaststroke**

NAM-L: 34.12 # 25-Jul-09 Daniela Lindemeier at 13th FIN DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Kinnaird, Brynné B	17	Dolphins Swimming Club	39.74	39.33	

Event 26 Boys 8 & Under 50 LC Meter Breaststroke

NAM-L: 47.88 # 01-Jan-1900 Francois Saayman SPANM

Name	Age	Team	Seed Time	Finals Time	Points
1 Huang, Guoxuan	8	Dolphins Swimming Club	54.06	56.26	
2 Mahdy, Basil	8	Dolphins Swimming Club	58.51	59.12	
3 Wenk, William	8	Dolphins Swimming Club	1:01.49	1:02.31	

Event 26 Boys 9-10 50 LC Meter Breaststroke

NAM-L: 40.74 # 03-Apr-18 Oliver Durand - SA Level 3 Reg NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Badenhorst, Oelof O	9	Dolphins Swimming Club	41.52	41.88	
2 Durand, Patrick	10	Dolphins Swimming Club	45.65	45.56	
3 Brown, Ben T	10	Dolphins Swimming Club	47.13	47.30	
4 Coetzee, Jasper J	9	Dolphins Swimming Club	50.10	50.44	
5 Kibble, Harry C	10	Dolphins Swimming Club	NT	50.66	
6 Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	52.19	51.53	
7 Swartz, Caleb	10	Aqua Swimming and Fitness Club	51.72	52.45	
8 Cowley, Joshua	9	Dolphins Swimming Club	53.51	52.94	
9 Chase, Ivor	10	Dolphins Swimming Club	52.54	54.44	
10 Roux, Keanu	9	Dolphins Swimming Club	1:03.63	59.68	
11 Moolman, Markus	9	Dolphins Swimming Club	59.08	1:01.08	

Event 26 Boys 11-12 50 LC Meter Breaststroke

NAM-L: 33.96 # 28-Mar-17 Mikah Burger - African Junior NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Bergh, Riley R	12	Aqua Swimming and Fitness Club	42.09	43.26	
2 Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	44.47	43.38	
3 Coomer, Luke E	12	Aqua Swimming and Fitness Club	48.09	48.07	
4 Musati, Jeremy	12	Aqua Swimming and Fitness Club	50.81	48.62	
5 Cowley, Dylan	11	Dolphins Swimming Club	47.98	50.57	
6 Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	52.92	50.68	
7 Swartz, Samuel	12	Aqua Swimming and Fitness Club	51.34	52.12	
8 Borges, Raul J	11	Dolphins Swimming Club	54.39	56.87	
9 De Almeida, Thato	12	Aqua Swimming and Fitness Club	55.91	1:00.78	

Event 26 Boys 13-14 50 LC Meter Breaststroke

NAM-L: 30.91 # 15-Nov-19 Jose Canjulo MAC

Name	Age	Team	Seed Time	Finals Time	Points
1 Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	35.21	35.12	
2 Ellis, Lian	14	Dolphins Swimming Club	36.10	36.18	
3 Jiao, Naan	13	Dolphins Swimming Club	38.01	37.79	
4 Feris, Rodney	13	Aqua Swimming and Fitness Club	38.42	37.81	
5 Benade, Kayleb G	14	Aqua Swimming and Fitness Club	41.53	38.78	
6 Shipoh, Peingeondjabi	13	Dolphins Swimming Club	41.95	42.05	
7 Williams, Aidan J	14	Dolphins Swimming Club	43.73	44.11	
8 Hanstein, William	14	Aqua Swimming and Fitness Club	45.22	45.11	
9 Brendell, Yugen C	13	Aqua Swimming and Fitness Club	51.49	52.35	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 26 Boys 15-16 50 LC Meter Breaststroke**

NAM-L: 30.14 # 05-Nov-21 José Canjulo - NTS Prestige Ga		NAM				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Durand, Oliver B	16	Dolphins Swimming Club	31.24	32.32	
2	Kinnaird, Liam	15	Dolphins Swimming Club	34.39	34.30	
3	Bauernschmitt, Michael B	15	Dolphins Swimming Club	36.32	35.54	
4	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	35.67	35.68	
5	Nell, Tristan T	15	Aqua Swimming and Fitness Club	37.51	37.40	
6	Robiati, Naeem	15	Marlins Swimming Club	38.34	37.58	
7	van Dyk, Luhan	16	Marlins Swimming Club	38.56	37.87	
8	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	39.74	39.62	
9	Feris, Samuel H	15	Aqua Swimming and Fitness Club	42.08	40.90	
10	David, José A	15	Aqua Swimming and Fitness Club	52.65	47.21	

Event 26 Boys 17-18 50 LC Meter Breaststroke

NAM-L: 29.35 # 20-Aug-19 Ronan Z. Wantenaar		NAM				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Engelhard, Robin	17	Dolphins Swimming Club	33.76	35.37	
2	Geyser, Brett A	17	Dolphins Swimming Club	34.35	35.53	
3	Esslinger, Nico	17	Dolphins Swimming Club	36.32	36.43	
4	Nell, Noah S	18	Aqua Swimming and Fitness Club	35.64	37.49	
5	Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	37.69	37.99	

Event 26 Boys 19 & Over 50 LC Meter Breaststroke

NAM-L: 27.84 # 11-Mar-23 Ronan Z. Wantenaar at Malaysia		MAC				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Wellmann, Arkell J	21	Dolphins Swimming Club	32.80	33.18	
2	Gertze, Matthew R	21	Dolphins Swimming Club	37.56	36.50	

Event 28 Men 45 & Over 50 LC Meter Breaststroke

NAM-L: 36.57 # 26-Nov-21 Francois van der Westhuizen at		MAC				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Coomer, Richard E	71	Aqua Swimming and Fitness Club	52.65	46.65	

Event 29 Girls 12 & Under 400 LC Meter Freestyle

NAM-L: 4:57.81 # 03-May-23 Ainoa Naukosho at CANA Zone IV		NAM				
NASFED LC: 4:42.54 * 18-Mar-16 Joanne Liebenberg		NASU				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Schnebel, Sandra	12	Dolphins Swimming Club	5:46.11	5:47.20	
2	Meyer, Cara	12	Dolphins Swimming Club	5:55.76	6:00.11	
3	Joubert, Laila	10	Aqua Swimming and Fitness Club	6:35.56	6:09.88	
4	Wenk, Olivia	11	Dolphins Swimming Club	6:31.31	6:19.83	
5	Huang, Xinyue	10	Dolphins Swimming Club	6:19.08	6:21.33	
6	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	6:25.99	
7	McNamara, Scarlett	12	Dolphins Swimming Club	NT	6:28.88	
8	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	6:52.01	6:46.63	
9	Imbondi, Mangano S	10	Dolphins Swimming Club	NT	7:16.91	
10	McNamara, Jade	10	Dolphins Swimming Club	NT	7:28.17	
11	Warne, Manisha	11	Dolphins Swimming Club	NT	7:45.77	

Event 29 Girls 13-14 400 LC Meter Freestyle

NAM-L: 4:37.61 # 23-Aug-17 Heleni Stergiadis at 6th FINA		NAM				
Name	Age	Team	Seed Time	Finals Time	Points	
1	Bergh, Madison S	14	Aqua Swimming and Fitness Club	5:01.29	5:00.86	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 29 Girls 13-14 400 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
2 Ellis, Lilia	13	Dolphins Swimming Club	5:31.91	5:22.55	
3 Steyn, Lara	13	Dolphins Swimming Club	5:31.35	5:22.70	
4 Rey, Candice J	13	Aqua Swimming and Fitness Club	5:34.91	5:36.79	
5 Schlabit, Nora L	14	Dolphins Swimming Club	5:40.85	5:37.21	
6 Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	5:57.17	
7 Dames, Andrea	14	Dolphins Swimming Club	NT	6:20.71	
8 Gertze, Carlene T	13	Dolphins Swimming Club	NT	6:25.74	
9 Mobbison, Solange A	13	Dolphins Swimming Club	6:18.83	6:41.29	

Event 29 Girls 15-16 400 LC Meter Freestyle

NAM-L: 4:33.99 # 01-Jan-1900 Anita Kruger

MARNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Steyn, Carissa L	16	Dolphins Swimming Club	5:05.03	5:18.77	
2 Naukosho, Ariana	16	Dolphins Swimming Club	5:01.25	5:23.24	
3 Balt, Caitlyn R	16	Marlins Swimming Club	5:43.34	5:30.14	
4 Brendell, Yulene S	15	Aqua Swimming and Fitness Club	NT	7:12.54	

Event 29 Girls 17-18 400 LC Meter Freestyle

NAM-L: 4:34.01 # 01-Jan-1900 Ilona Schutte

MARNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Kinnaird, Brynné B	17	Dolphins Swimming Club	5:04.19	5:04.66	

Event 29 Girls 19 & Over 400 LC Meter Freestyle

NAM-L: 4:33.47 # 01-Mar-96 Anita Kruger

MARNM

Name	Age	Team	Seed Time	Finals Time	Points
1 Smalley, Molina M	25	Dolphins Swimming Club	4:50.74	4:49.18	

Event 30 Boys 12 & Under 400 LC Meter Freestyle

NAM-L: 4:39.03 # 21-Mar-18 Jose Canjulo - SA National Jun

NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Patrick	10	Dolphins Swimming Club	NT	5:41.35	
2 Bergh, Riley R	12	Aqua Swimming and Fitness Club	6:00.90	5:55.22	
3 Badenhorst, Oelof O	9	Dolphins Swimming Club	5:59.22	6:03.12	
4 Coomer, Luke E	12	Aqua Swimming and Fitness Club	NT	6:06.94	
5 Kibble, Harry C	10	Dolphins Swimming Club	NT	6:08.97	
6 Cowley, Dylan	11	Dolphins Swimming Club	NT	6:13.85	
7 Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	6:25.60	6:21.36	
8 Brown, Ben T	10	Dolphins Swimming Club	6:52.63	6:31.03	
9 Coetzee, Jasper J	9	Dolphins Swimming Club	7:11.43	6:35.02	
10 Chase, Ivor	10	Dolphins Swimming Club	NT	6:43.46	
11 Huang, Guoxuan	8	Dolphins Swimming Club	7:30.47	7:22.90	
12 Wenk, William	8	Dolphins Swimming Club	NT	7:57.76	

Event 30 Boys 13-14 400 LC Meter Freestyle

NAM-L: 4:14.45 # 11-Sep-19 Jose Canjulo

NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Ellis, Lian	14	Dolphins Swimming Club	4:50.91	4:49.07	
2 Feris, Rodney	13	Aqua Swimming and Fitness Club	4:48.82	4:54.87	
3 Jiao, Naan	13	Dolphins Swimming Club	4:59.25	5:01.64	
4 Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	5:54.15	
5 Williams, Aidan J	14	Dolphins Swimming Club	NT	5:56.43	
6 Hanstein, William	14	Aqua Swimming and Fitness Club	7:23.40	7:03.34	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 30 Boys 15-16 400 LC Meter Freestyle**

NAM-L: 4:11.22 # 21-Mar-23 Oliver B. Durand at SA Nationa NSFED

Name	Age	Team	Seed Time	Finals Time	Points
1 Kinnaird, Liam	15	Dolphins Swimming Club	4:48.70	4:44.73	
2 Nell, Tristan T	15	Aqua Swimming and Fitness Club	4:53.19	4:54.03	
3 Bauernschmitt, Michael B	15	Dolphins Swimming Club	4:45.93	5:05.40	
4 Feris, Samual H	15	Aqua Swimming and Fitness Club	5:04.23	5:07.05	
5 Beukes, Luke	15	Aqua Swimming and Fitness Club	5:24.08	5:17.98	
6 van Dyk, Luhan	16	Marlins Swimming Club	NT	5:19.48	

Event 30 Boys 17-18 400 LC Meter Freestyle

NAM-L: 4:09.35 # 10-Apr-16 Philip Seidler NAMIB

Name	Age	Team	Seed Time	Finals Time	Points
1 Geysler, Brett A	17	Dolphins Swimming Club	4:50.64	4:54.60	

Event 30 Boys 19 & Over 400 LC Meter Freestyle

NAM-L: 4:04.84 # 03-Apr-17 Phillip Seidler at Sa National NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Gertze, Matthew R	21	Dolphins Swimming Club	5:05.31	5:02.94	

Event 33 Girls 8 & Under 200 LC Meter IM IM

NAM-L: 3:29.57 # 11-Oct-19 Roselinda Matyayi - BWK LC Gal AQUA

Name	Age	Team	Seed Time	Finals Time	Points
1 Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	4:32.37	4:21.86	
2 Stephanus, Christina T	8	Aqua Swimming and Fitness Club	4:42.03	4:36.59	
3 de Kock, Christi	8	Dolphins Swimming Club	NT	4:53.79	
--- McNamara, Dani	8	Dolphins Swimming Club	4:20.27	DQ	

6.4 Did not touch the wall during the turn - back

Event 33 Girls 9-10 200 LC Meter IM IM

NAM-L: 2:51.28 # 12-Oct-13 Heleni Stergiadis - BKW LC Gal DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Huang, Xinyue	10	Dolphins Swimming Club	3:08.85	3:02.20	
2 Van Wyk, Roze	10	Marlins Swimming Club	3:07.72	3:03.87	
3 Joubert, Laila	10	Aqua Swimming and Fitness Club	3:42.53	3:37.10	
4 Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	3:48.72	3:45.25	
5 Imbondi, Mangano S	10	Dolphins Swimming Club	3:40.23	3:48.21	
6 McNamara, Jade	10	Dolphins Swimming Club	3:49.93	3:53.69	
7 Guo, Yilin	9	Dolphins Swimming Club	4:16.60	3:58.50	
8 Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	4:04.97	4:02.34	
9 Coomer, Isabel	10	Aqua Swimming and Fitness Club	NT	4:16.29	
10 Stoffberg, Alexis	10	Dolphins Swimming Club	NT	4:16.45	
11 De Almeida, Elaina	10	Aqua Swimming and Fitness Club	NT	4:19.38	
12 Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	NT	4:44.58	

Event 33 Girls 11-12 200 LC Meter IM IM

NAM-L: 2:35.27 # 12-Jun-08 Christine Briedenhann - NTS Ch SWA

Name	Age	Team	Seed Time	Finals Time	Points
1 Naukosho, Ainoa	12	Dolphins Swimming Club	2:36.22	2:41.43	
2 Meyer, Cara	12	Dolphins Swimming Club	2:57.90	3:01.67	
3 Schnebel, Sandra	12	Dolphins Swimming Club	2:57.74	3:03.62	
4 McNamara, Scarlett	12	Dolphins Swimming Club	3:30.87	3:26.38	
5 Mahdy, Nadien	12	Dolphins Swimming Club	3:40.04	3:33.48	
7 Wenk, Olivia	11	Dolphins Swimming Club	3:37.80	3:37.77	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 33 Girls 11-12 200 LC Meter IM IM)**

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
8	Dresselhaus, Mareli	12	Dolphins Swimming Club	3:56.24	3:51.52	
9	Warne, Manisha	11	Dolphins Swimming Club	4:07.94	4:06.31	
6	von Wielligh, Elizabeth	12	Dolphins Swimming Club	3:36.15	DQ	

7.3 Hands brought back beyond the hip line during stroke - breast

Event 33 Girls 13-14 200 LC Meter IM IM

NAM-L: 2:27.41 # 23-Aug-17

Heleni Stergiadis at 6th FINA

NAM

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Geyser, Mikayla	14	Dolphins Swimming Club	2:42.25	2:39.55	
2	Bergh, Madison S	14	Aqua Swimming and Fitness Club	2:46.45	2:45.83	
3	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	2:40.79	2:46.32	
4	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	2:47.40	2:46.48	
5	Ellis, Lilia	13	Dolphins Swimming Club	2:50.14	2:51.60	
6	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	2:56.37	2:55.60	
7	August, Ava	14	Aqua Swimming and Fitness Club	3:00.52	2:59.16	
8	Rey, Candice J	13	Aqua Swimming and Fitness Club	3:02.48	2:59.73	
9	Schlabitz, Nora L	14	Dolphins Swimming Club	2:55.78	3:01.58	
10	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	3:08.99	
11	Steyn, Lara	13	Dolphins Swimming Club	3:08.92	3:09.62	
12	Dames, Andrea	14	Dolphins Swimming Club	3:28.05	3:20.32	
13	Mobbison, Solange A	13	Dolphins Swimming Club	3:19.43	3:29.90	
14	De Witt, Isabella	13	Marlins Swimming Club	NT	3:31.76	
15	Gertze, Carlene T	13	Dolphins Swimming Club	NT	3:44.03	

Event 33 Girls 15-16 200 LC Meter IM IM

NAM-L: 2:22.54 # 17-Aug-14

Sonja Adelaar at 2nd Youth Oly

NAM

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Humphrey, Jessica	15	Aqua Swimming and Fitness Club	2:35.62	2:31.35	
2	Benade, Quelin H	16	Aqua Swimming and Fitness Club	2:40.56	2:42.25	
3	Steyn, Carissa L	16	Dolphins Swimming Club	2:48.97	2:50.18	
4	Naukosho, Ariana	16	Dolphins Swimming Club	2:39.87	2:58.82	
5	Balt, Caitlyn R	16	Marlins Swimming Club	NT	3:02.35	
6	Stephanus, Oliwia E	15	Dolphins Swimming Club	2:59.75	3:04.72	
7	Joubert, Kira	15	Aqua Swimming and Fitness Club	3:14.36	3:11.50	
8	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	4:01.13	3:40.30	

Event 33 Girls 17-18 200 LC Meter IM IM

NAM-L: 2:26.88 # 13-Apr-15

Toni Roth at Sa National Aquat

NASU-ZZ

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	2:43.78	2:46.38	

Event 33 Girls 19 & Over 200 LC Meter IM IM

NAM-L: 2:22.54 # 17-Aug-14

Sonja Adelaar at 2nd Youth Oly

NAM

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Smalley, Molina M	25	Dolphins Swimming Club	2:28.93	2:29.94	

Event 34 Boys 8 & Under 200 LC Meter IM IM

NAM-L: 3:16.95 # 25-Nov-22

Patrick Durand at LC Gala 3 (W

DOL

	<u>Name</u>	<u>Age</u>	<u>Team</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Huang, Guoxuan	8	Dolphins Swimming Club	3:44.83	3:43.28	
2	Wenk, William	8	Dolphins Swimming Club	4:01.63	4:13.47	
3	Mahdy, Basil	8	Dolphins Swimming Club	4:51.27	4:15.96	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 34 Boys 9-10 200 LC Meter IM IM**

NAM-L: 2:47.68 # 03-Apr-18 Oliver Durand - SA Level 3 Reg NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Patrick	10	Dolphins Swimming Club	2:57.63	2:58.29	
2 Badenhorst, Oelof O	9	Dolphins Swimming Club	3:04.43	3:10.06	
3 Coetzee, Jasper J	9	Dolphins Swimming Club	3:25.85	3:18.94	
4 Kibble, Harry C	10	Dolphins Swimming Club	3:27.21	3:21.45	
5 Chase, Ivor	10	Dolphins Swimming Club	3:35.02	3:23.76	
6 Brown, Ben T	10	Dolphins Swimming Club	3:37.25	3:24.28	
7 Swartz, Caleb	10	Aqua Swimming and Fitness Club	3:43.77	3:34.27	
8 Cowley, Joshua	9	Dolphins Swimming Club	3:38.21	3:42.41	
9 Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	3:50.74	3:48.52	
10 Moolman, Markus	9	Dolphins Swimming Club	4:03.69	3:52.29	
--- Roux, Keanu	9	Dolphins Swimming Club	NT	DQ	
7.2 Body not on the breast during stroke - breast					
--- Leitner, Zachary M	10	Aqua Swimming and Fitness Club	3:24.82	DQ	
6.4 Did not start executing the turn immediately after turning onto the breast - back					

Event 34 Boys 11-12 200 LC Meter IM IM

NAM-L: 2:26.33 # 17-Mar-17 Mikah Burger - SA National Jun NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	2:52.28	2:53.43	
2 Bergh, Riley R	12	Aqua Swimming and Fitness Club	2:59.96	2:59.77	
3 Cowley, Dylan	11	Dolphins Swimming Club	3:26.30	3:25.15	
4 Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	3:20.68	3:26.07	
5 Swartz, Samuel	12	Aqua Swimming and Fitness Club	3:38.50	3:36.65	
6 De Almeida, Thato	12	Aqua Swimming and Fitness Club	NT	4:04.81	
7 Borges, Raul J	11	Dolphins Swimming Club	NT	4:15.02	
--- Coomer, Luke E	12	Aqua Swimming and Fitness Club	3:18.22	DQ	
7.3 Hands brought back beyond the hip line during stroke - breast					

Event 34 Boys 13-14 200 LC Meter IM IM

NAM-L: 2:10.29 # 30-Aug-22 Oliver Durand NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	2:24.97	2:25.31	
2 Ellis, Lian	14	Dolphins Swimming Club	2:26.92	2:26.83	
3 Feris, Rodney	13	Aqua Swimming and Fitness Club	2:33.58	2:34.71	
4 Benade, Kayleb G	14	Aqua Swimming and Fitness Club	2:51.57	2:54.69	
5 Williams, Aidan J	14	Dolphins Swimming Club	2:59.80	2:59.86	
6 Shipoh, Peingeondjabi	13	Dolphins Swimming Club	2:56.57	3:00.83	
7 Brendell, Yugen C	13	Aqua Swimming and Fitness Club	NT	3:53.06	

Event 34 Boys 15-16 200 LC Meter IM IM

NAM-L: 2:07.92 # 21-Mar-23 Oliver B. Durand at SA Nationa NSFED

Name	Age	Team	Seed Time	Finals Time	Points
1 Durand, Oliver B	16	Dolphins Swimming Club	2:07.92	2:17.18	
2 Kinnaird, Liam	15	Dolphins Swimming Club	2:27.14	2:27.10	
3 Bauernschmitt, Michael B	15	Dolphins Swimming Club	2:27.04	2:33.17	
4 Nell, Tristan T	15	Aqua Swimming and Fitness Club	2:34.31	2:34.65	
5 Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	2:42.30	2:42.17	
6 Feris, Samuel H	15	Aqua Swimming and Fitness Club	2:44.01	2:45.66	
7 Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	2:40.84	2:47.16	
8 van Dyk, Luhan	16	Marlins Swimming Club	2:48.58	2:51.84	
9 Robiati, Naeem	15	Marlins Swimming Club	2:55.82	2:57.72	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23

Results

Event 34 Boys 17-18 200 LC Meter IM IM

NAM-L: 2:07.47 # 20-Aug-19

Ronan Z. Wantenaar

NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Esslinger, Nico	17	Dolphins Swimming Club	2:21.86	2:22.65	
2 Geysler, Brett A	17	Dolphins Swimming Club	2:23.52	2:31.34	
3 Engelhard, Robin	17	Dolphins Swimming Club	2:23.94	2:37.49	
4 Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	2:34.59	2:39.36	

Event 34 Boys 19 & Over 200 LC Meter IM IM

NAM-L: 2:03.64 # 11-Mar-23

Ronan Z. Wantenaar at Malaysia

MAC

Name	Age	Team	Seed Time	Finals Time	Points
1 Wellmann, Arkell J	21	Dolphins Swimming Club	2:15.70	2:17.99	
2 Le Roux, Corné	21	Dolphins Swimming Club	2:24.88	2:29.26	
3 Gertze, Matthew R	21	Dolphins Swimming Club	2:36.99	2:38.46	

Event 37 Girls 8 & Under 50 LC Meter Freestyle

NAM-L: 36.82 # 28-Jan-10

Zuné Weber - Namibian National

NSA

Name	Age	Team	Seed Time	Finals Time	Points
1 de Kock, Christi	8	Dolphins Swimming Club	46.06	48.70	
2 Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	49.62	49.49	
3 Stephanus, Christina T	8	Aqua Swimming and Fitness Club	52.68	51.55	
4 McNamara, Dani	8	Dolphins Swimming Club	51.62	53.27	

Event 37 Girls 9-10 50 LC Meter Freestyle

NAM-L: 30.89 # 13-Dec-06

Christine Briedenhann - Set De

NSANM

Name	Age	Team	Seed Time	Finals Time	Points
1 Huang, Xinyue	10	Dolphins Swimming Club	34.80	34.48	
2 Van Wyk, Roze	10	Marlins Swimming Club	35.05	35.34	
3 Joubert, Laila	10	Aqua Swimming and Fitness Club	37.16	37.43	
4 Imbondi, Mangano S	10	Dolphins Swimming Club	38.85	38.76	
5 Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	38.45	40.88	
6 McNamara, Jade	10	Dolphins Swimming Club	43.69	43.50	
7 Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	43.98	43.90	
8 Guo, Yilin	9	Dolphins Swimming Club	45.40	44.57	
9 Coomer, Isabel	10	Aqua Swimming and Fitness Club	45.90	44.85	
10 Stoffberg, Alexis	10	Dolphins Swimming Club	44.98	47.04	
11 De Almeida, Elaina	10	Aqua Swimming and Fitness Club	45.10	47.58	
12 Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	50.92	52.15	

Event 37 Girls 11-12 50 LC Meter Freestyle

NAM-L: 28.72 # 01-Dec-08

Christine Briedenhann - 9th Se

NSA

Name	Age	Team	Seed Time	Finals Time	Points
1 Naukosho, Ainoa	12	Dolphins Swimming Club	30.41	30.69	
2 Mayers, Kaylin	12	Aqua Swimming and Fitness Club	35.87	32.70	
3 Schnebel, Sandra	12	Dolphins Swimming Club	33.61	33.73	
4 Meyer, Cara	12	Dolphins Swimming Club	33.71	33.88	
5 Wenk, Olivia	11	Dolphins Swimming Club	35.64	35.12	
6 McNamara, Scarlett	12	Dolphins Swimming Club	36.40	35.22	
7 Ashikoto, Suraya A	11	Marlins Swimming Club	37.42	38.35	
8 von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	38.55	
9 Dresselhaus, Mareli	12	Dolphins Swimming Club	39.02	38.93	
10 Mahdy, Nadien	12	Dolphins Swimming Club	41.40	41.46	
*11 Warne, Manisha	11	Dolphins Swimming Club	45.75	45.60	
*11 De Witt, Alexandra	11	Marlins Swimming Club	44.20	45.60	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 37 Girls 13-14 50 LC Meter Freestyle**

NAM-L: 27.26 # 13-Sep-10		Christine M. Briedenhann at 10		NSA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	29.75	30.33
2	Bergh, Madison S	14	Aqua Swimming and Fitness Club	30.62	30.66
3	Geysler, Mikayla	14	Dolphins Swimming Club	30.60	31.02
4	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	30.87	31.06
5	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	30.61	31.36
6	Ellis, Lilia	13	Dolphins Swimming Club	32.81	32.62
7	Schlabitz, Nora L	14	Dolphins Swimming Club	32.60	33.08
8	Steyn, Lara	13	Dolphins Swimming Club	33.26	33.21
9	August, Ava	14	Aqua Swimming and Fitness Club	31.70	33.27
10	Rey, Candice J	13	Aqua Swimming and Fitness Club	33.26	33.76
11	Dames, Andrea	14	Dolphins Swimming Club	38.01	37.07
12	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	37.15
13	De Witt, Isabella	13	Marlins Swimming Club	37.69	37.51
14	Gertze, Carlene T	13	Dolphins Swimming Club	37.66	37.86
15	Mobbison, Solange A	13	Dolphins Swimming Club	39.83	40.30

Event 37 Girls 15-16 50 LC Meter Freestyle

NAM-L: 27.25 # 14-Jun-12		Christine Briedenhann - Bahama		NSA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Jessica	15	Aqua Swimming and Fitness Club	28.71	28.84
2	Benade, Quelin H	16	Aqua Swimming and Fitness Club	29.25	29.37
3	Steyn, Carissa L	16	Dolphins Swimming Club	32.52	32.82
4	Stephanus, Oliwia E	15	Dolphins Swimming Club	33.00	33.06
5	Naukosho, Ariana	16	Dolphins Swimming Club	30.91	33.40
6	Joubert, Kira	15	Aqua Swimming and Fitness Club	34.40	34.78
7	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	39.55	39.46

Event 37 Girls 17-18 50 LC Meter Freestyle

NAM-L: 26.95 # 01-Jan-1900		Monica Dahl		MARNM	
Name	Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	29.52	30.52

Event 37 Girls 19 & Over 50 LC Meter Freestyle

NAM-L: 26.76 # 01-Jul-96		Monica Dahl		MARNM	
Name	Age	Team	Seed Time	Finals Time	Points
1	Smalley, Molina M	25	Dolphins Swimming Club	27.88	28.88

Event 38 Boys 8 & Under 50 LC Meter Freestyle

NAM-L: 36.18 # 30-Nov-02		Hardus Louw - Set on 30/11/200		NOONM	
NASFED LC: 35.70 * 02-Feb-07		Alexander Skinner		DOL	
Name	Age	Team	Seed Time	Finals Time	Points
1	Huang, Guoxuan	8	Dolphins Swimming Club	39.25	37.61
2	Wenk, William	8	Dolphins Swimming Club	42.48	44.88
3	Mahdy, Basil	8	Dolphins Swimming Club	49.06	47.48

Event 38 Boys 9-10 50 LC Meter Freestyle

NAM-L: 30.70 # 05-Dec-19		Nathan Bock - NCASA Champs (D		ORA	
Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	10	Dolphins Swimming Club	34.80	33.92
2	Badenhorst, Oelof O	9	Dolphins Swimming Club	34.46	34.59
3	Coetzee, Jasper J	9	Dolphins Swimming Club	36.45	37.51

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****(Event 38 Boys 9-10 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time	Points
4 Leitner, Zachary M	10	Aqua Swimming and Fitness Club	37.69	37.55	
5 Swartz, Caleb	10	Aqua Swimming and Fitness Club	39.38	38.12	
6 Kibble, Harry C	10	Dolphins Swimming Club	42.20	38.16	
7 Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	39.72	38.70	
8 Chase, Ivor	10	Dolphins Swimming Club	37.09	38.74	
9 Cowley, Joshua	9	Dolphins Swimming Club	37.71	39.16	
10 Brown, Ben T	10	Dolphins Swimming Club	40.27	40.02	
11 Moolman, Markus	9	Dolphins Swimming Club	42.18	42.12	
12 Roux, Keanu	9	Dolphins Swimming Club	45.27	46.55	
13 von Schaurath, Udo	10	Marlins Swimming Club	NT	55.35	

Event 38 Boys 11-12 50 LC Meter Freestyle

NAM-L: 27.37 # 17-Mar-17 Mikah Burger - SA National JN NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	31.25	31.21	
2 Musati, Jeremy	12	Aqua Swimming and Fitness Club	35.28	32.99	
3 Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	35.74	35.55	
4 Bergh, Riley R	12	Aqua Swimming and Fitness Club	35.31	35.57	
5 Coomer, Luke E	12	Aqua Swimming and Fitness Club	34.67	35.95	
6 Cowley, Dylan	11	Dolphins Swimming Club	37.14	38.33	
7 Swartz, Samuel	12	Aqua Swimming and Fitness Club	37.70	38.94	
8 De Almeida, Thato	12	Aqua Swimming and Fitness Club	43.67	42.44	
9 Borges, Raul J	11	Dolphins Swimming Club	46.07	45.37	

Event 38 Boys 13-14 50 LC Meter Freestyle

NAM-L: 25.56 # 11-Sep-19 Jose Canjulo NAM

Name	Age	Team	Seed Time	Finals Time	Points
1 Feris, Rodney	13	Aqua Swimming and Fitness Club	26.75	26.99	
2 Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	26.94	27.47	
3 Ellis, Lian	14	Dolphins Swimming Club	27.48	27.76	
4 Benade, Kayleb G	14	Aqua Swimming and Fitness Club	30.03	30.09	
5 Williams, Aidan J	14	Dolphins Swimming Club	31.41	32.39	
6 Hanstein, William	14	Aqua Swimming and Fitness Club	32.88	33.04	
7 Brendell, Yugen C	13	Aqua Swimming and Fitness Club	43.25	41.72	
--- Shipoh, Peingeondjabi	13	Dolphins Swimming Club	33.67	DQ	

4.4 Initiating a start before the signal

Event 38 Boys 15-16 50 LC Meter Freestyle

NAM-L: 24.48 # 30-Aug-22 Oliver Ohm at 8th FINA Junior DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Beukes, Luke	15	Aqua Swimming and Fitness Club	25.26	25.21	
2 Durand, Oliver B	16	Dolphins Swimming Club	25.14	25.30	
3 Bauernschmitt, Michael B	15	Dolphins Swimming Club	26.20	26.28	
4 Kinnaird, Liam	15	Dolphins Swimming Club	26.79	27.08	
5 Fitzpatrick, Dominic	16	Marlins Swimming Club	28.04	27.42	
6 Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	27.94	27.80	
7 Nell, Tristan T	15	Aqua Swimming and Fitness Club	28.41	27.97	
8 van Dyk, Luhan	16	Marlins Swimming Club	28.92	28.57	
9 Marggraff, Alex W	15	Dolphins Swimming Club	30.30	28.93	
10 Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	29.05	28.95	
11 Feris, Samuel H	15	Aqua Swimming and Fitness Club	28.84	29.51	
12 Robiati, Naeem	15	Marlins Swimming Club	30.98	30.79	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23

Results

(Event 38 Boys 15-16 50 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time	Points
13 David, José A	15	Aqua Swimming and Fitness Club	37.41	34.03	

Event 38 Boys 17-18 50 LC Meter Freestyle

NAM-L: 23.58 # 22-Oct-16 Alexander Skinner NASU

Name	Age	Team	Seed Time	Finals Time	Points
1 Engelhard, Robin	17	Dolphins Swimming Club	24.50	24.83	
2 Esslinger, Nico	17	Dolphins Swimming Club	26.24	26.23	
3 Geysler, Brett A	17	Dolphins Swimming Club	27.04	27.47	
4 Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	27.07	27.52	
5 Nell, Noah S	18	Aqua Swimming and Fitness Club	27.33	27.61	

Event 38 Boys 19 & Over 50 LC Meter Freestyle

NAM-L: 22.69 # 01-Mar-23 Alexander Skinner at 2023 TYR DOL

Name	Age	Team	Seed Time	Finals Time	Points
1 Wellmann, Arkell J	21	Dolphins Swimming Club	26.02	26.16	
2 Le Roux, Corné	21	Dolphins Swimming Club	NT	26.46	
3 Gertze, Matthew R	21	Dolphins Swimming Club	28.64	28.04	

Event 39 Women 45 & Over 50 LC Meter Freestyle

NAM-L: 32.61 # 26-Nov-21 Iona Sichel at LC Gala 3 (Win MAC

NASFED LC: 32.61 * 25-Nov-22 Jane Samson at LC Gala 3 (25 - MAC

Name	Age	Team	Seed Time	Finals Time	Points
1 Samson, Jane	57	Marlins Swimming Club	35.91	35.47	

Event 40 Men 25-44 50 LC Meter Freestyle

NAM-L: 25.39 # 23-Feb-23 Lushano P. Lamprecht AQUA

Name	Age	Team	Seed Time	Finals Time	Points
1 Diekmann, Jörn	27	Marlins Swimming Club	28.03	27.71	

Event 40 Men 45 & Over 50 LC Meter Freestyle

NAM-L: 29.61 # 05-Aug-19 Francois van der Westhuizen MARL

Name	Age	Team	Seed Time	Finals Time	Points
1 Bekker, Johan	54	Marlins Swimming Club	NT	31.03	
2 Coomer, Richard E	71	Aqua Swimming and Fitness Club	32.67	32.22	
3 Salamon, Gabor J	67	Marlins Swimming Club	NT	32.35	

Event 41 Girls 10 & Under 400 LC Meter Medley Relay 4 x 100 Medley

NASFED LC: 6:39.46 * 27-Nov-20 Dolphins LC Gala 3 DOL

A. Naukosho, E. Brinkmann, M. Prinsloo, V. De Sous

Team	Relay	Seed Time	Finals Time	Points
1 Dolphins Swimming Club	A	6:31.56	6:50.23	
1) McNamara, Jade 10	2) Imbondi, Mangano S 10	3) Huang, Xinyue 10	4) Stoffberg, Alexis 10	
2 Aqua Swimming and Fitness Club	A	NT	7:25.73	
1) Bezuidenhout, Jenna-Rose 10	2) Coomer, Isabel 10	3) Joubert, Laila 10	4) Losper, Aaliyah J 9	

Event 41 Girls 11-12 400 LC Meter Medley Relay 4 x 100 Medley

NASFED LC: 5:40.03 * 10-Nov-19 Dolphins Record Set LC gala 1 DOL

M.Brinkmann, C.Rossouw, A.Naukosho, M.Ohm

Team	Relay	Seed Time	Finals Time	Points
1 Dolphins Swimming Club	A	5:31.01	5:33.74*	
1) Schnebel, Sandra 12	2) Meyer, Cara 12	3) Naukosho, Ainoa 12	4) McNamara, Scarlett 12	
2 Dolphins Swimming Club	B	6:57.27	7:03.48	
1) Warne, Manisha 11	2) Mahdy, Nadien 12	3) Wenk, Olivia 11	4) von Wielligh, Elizabeth 12	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 41 Girls 13-14 400 LC Meter Medley Relay 4 x 100 Medley**

NAM-L: 5:07.93 # 26-Nov-21 Aqua Swimming and Fitness Club AQUA

J. Humphrey, Q. Benade, S. Rey, R. Westerduin

Team	Relay	Seed Time	Finals Time	Points
1 Aqua Swimming and Fitness Club	A	NT	5:09.81	
1) Bergh, Madison S 14	2) Kapapa, Alexandra 14	3) Matyayi, Roselinda 13	4) Slinger, Gizelle 14	
2 Dolphins Swimming Club	A	5:19.82	5:18.40	
1) Schlabit, Nora L 14	2) Ellis, Lilia 13	3) Geysler, Mikayla 14	4) Steyn, Lara 13	
3 Dolphins Swimming Club	B	6:18.70	6:24.31	
1) Gertze, Carlene T 13	2) Dames, Andrea 14	3) Mobbison, Solange A 13	4) Dresselhaus, Mareli 12	

Event 41 Girls 17-18 400 LC Meter Medley Relay 4 x 100 Medley

NAM-L: 4:47.00 # 01-Jan-1900 NAM team, Zone 6, 2008 NAM

Briedenhann, Wahl, Wasserfall, Lindemeier

Team	Relay	Seed Time	Finals Time	Points
1 Aqua Swimming and Fitness Club	A	NT	5:09.09	
1) Humphrey, Jessica 15	2) Benade, Quelin H 16	3) Rey, Salomé M 16	4) Joubert, Kira 15	
2 Dolphins Swimming Club	A	5:07.77	5:18.09	
1) Stephanus, Oliwia E 15	2) Steyn, Carissa L 16	3) Naukosho, Ariana 16	4) Kinnaird, Brynné B 17	

Event 42 Boys 10 & Under 400 LC Meter Medley Relay 4 x 100 Medley

NASFED LC: 6:09.42 * 27-Nov-20 Dolphins LC Gala 3 DOL

R.Steyn, E. Jansen, N. Jiao, A. Badenhorst

Team	Relay	Seed Time	Finals Time	Points
1 Dolphins Swimming Club	A	5:56.89	6:01.12*	
1) Coetzee, Jasper J 9	2) Badenhorst, Oelof O 9	3) Durand, Patrick 10	4) Kibble, Harry C 10	
2 Dolphins Swimming Club	B	6:36.16	6:40.35	
1) Huang, Guoxuan 8	2) Brown, Ben T 10	3) Chase, Ivor 10	4) Cowley, Joshua 9	

Event 42 Boys 11-12 400 LC Meter Medley Relay 4 x 100 Medley

NAM-L: 5:31.87 # 27-Nov-20 Dolphins Relay - J.Langford, F DOL

.Steyn, M.Bauernschmitt, L.Kinnaird

Team	Relay	Seed Time	Finals Time	Points
1 Aqua Swimming and Fitness Club	A	5:49.80	6:17.08	
1) Musati, Jeremy 12	2) Bergh, Riley R 12	3) Bezuidenhout, Jadon C 12	4) Swartz, Caleb 10	
2 Aqua Swimming and Fitness Club	B	NT	6:40.25	
1) Leitner, Zachary M 10	2) Armstrong, Jeandre 9	3) Coomer, Luke E 12	4) Swartz, Samuel 12	

Event 42 Boys 13-14 400 LC Meter Medley Relay 4 x 100 Medley

NAM-L: 4:41.06 # 25-Nov-22 Dolphins Swimming Club DOL

L. Ellis, A. Marggraff, M. Bauernschmitt, L. Kinna

NASFED LC: 4:47.47 * 27-Nov-20 Dolphins LC Gala 3 DOL

O. Durand, R. Zhou, N. Esslinger, O. Ohm

Team	Relay	Seed Time	Finals Time	Points
1 Aqua Swimming and Fitness Club	A	4:40.13	5:05.14	
1) Feris, Rodney 13	2) Esterhuizen, Lorenzo E 14	3) Benade, Kayleb G 14	4) Hanstein, William 14	

Event 42 Boys 15-16 400 LC Meter Medley Relay 4 x 100 Medley

NAM-L: 4:16.56 # 28-Mar-17 Marlins Swimming Club MAC

Team	Relay	Seed Time	Finals Time	Points
1 Dolphins Swimming Club	A	4:23.00	4:31.93	
1) Kinnaird, Liam 15	2) Durand, Oliver B 16	3) Marggraff, Alex W 15	4) Bauernschmitt, Michael B 15	
2 Aqua Swimming and Fitness Club	A	NT	4:52.41	
1) Beukes, Luke 15	2) Armstrong, Lee-Jay N 15	3) Bezuidenhout, Justin J 15	4) Feris, Samuel H 15	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23**Results****Event 42 Boys 19 & Over 400 LC Meter Medley Relay 4 x 100 Medley**

NAM-L: 4:09.28 # 14-Dec-16 Namibia - R. Wantenaar, A. Loftie-Eaton, A. Oberholster, D. Nell NAM

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Dolphins Swimming Club 1) Esslinger, Nico 17	A 2) Wellmann, Arkell J 21	4:13.57 3) Le Roux, Corné 21	4:14.75 4) Engelhard, Robin 17	