Results

Event 1 Girls 12 & Under 200 LC Meter Backstroke

	NAM-L: 2:33.54 #	07-Dec-16	Tiana Esslinger - NTS Champion	DOL		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	2:40.81	2:41.51	
2	Schnebel, Sandra	12	Dolphins Swimming Club	2:54.70	2:54.66	
3	Huang, Xinyue	10	Dolphins Swimming Club	3:16.12	3:03.47	
4	Van Wyk, Roze	10	Marlins Swimming Club	NT	3:08.68	
5	Joubert, Laila	10	Aqua Swimming and Fitness Club	3:28.28	3:14.50	
6	Glen-Spyron, Sofia B	9	Dolphins Swimming Club	3:24.02	3:15.58	
7	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	3:39.06	3:28.31	
8	McNab, Aneurene	12	Dolphins Swimming Club	3:25.80	3:28.53	
9	McNamara, Jade	10	Dolphins Swimming Club	NT	3:32.74	
10	McNamara, Scarlett	12	Dolphins Swimming Club	NT	3:33.59	
11	Wenk, Olivia	11	Dolphins Swimming Club	3:47.26	3:34.73	
12	Mahdy, Nadien	12	Dolphins Swimming Club	3:39.09	3:38.45	
13	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	3:38.57	
14	Dresselhaus, Mareli	12	Dolphins Swimming Club	NT	3:47.91	
15	Imbondi, Mangano S	10	Dolphins Swimming Club	3:49.12	3:51.60	
16	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	3:57.83	3:54.76	
17	Warne, Manisha	11	Dolphins Swimming Club	4:06.62	4:03.85	
18	McNamara, Dani	8	Dolphins Swimming Club	NT	4:16.13	
	Guo, Yilin	9	Dolphins Swimming Club	NT	DQ	
	6.4 Not on the back upon	leaving the w	all after the turn			
Event	1 Girls 13-14 200 LC Mete	r Backstrok	e			
		19-Jul-13	Zanre Oberholzer	NAM		

	NAM-L: 2:14.52 #	19-Jul-13	Zahre Überhölzer	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Bergh, Madison S	14	Aqua Swimming and Fitness Club	2:36.65	2:38.52	
2	Geyser, Mikayla	14	Dolphins Swimming Club	2:39.18	2:38.85	
3	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	2:34.81	2:40.92	
4	Ellis, Lilia	13	Dolphins Swimming Club	2:57.68	2:51.41	
5	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	2:56.57	2:56.57	
6	Steyn, Lara	13	Dolphins Swimming Club	3:00.68	3:03.98	
7	De Witt, Isabella	13	Marlins Swimming Club	NT	3:05.32	
8	Rey, Candice J	13	Aqua Swimming and Fitness Club	2:59.73	3:06.47	
9	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	3:08.90	
10	Zeidler, Zafari N	13	Dolphins Swimming Club	3:05.69	3:13.11	
11	Gertze, Carlene T	13	Dolphins Swimming Club	NT	3:19.61	
12	Mobbison, Solange A	13	Dolphins Swimming Club	3:27.01	3:41.63	
	Dames, Andrea	14	Dolphins Swimming Club	NT	DQ	

6.4 Turn not initiated at completion of the arm pull after leaving position on the back

Event 1 Girls 15-16 200 LC Meter Backstroke

	NAM-L:	2:16.99	#	10-Dec-14	Zanré Oberholzer at African Un	NAM		
	Name			Age	Team	Seed Time	Finals Time	Points
1	Humphrey, J	essica		15	Aqua Swimming and Fitness Club	2:23.51	2:32.97	
2	Benade, Que	lin H		16	Aqua Swimming and Fitness Club	2:43.71	2:44.73	
3	Steyn, Cariss	a L		16	Dolphins Swimming Club	2:48.34	2:54.90	
4	Stephanus, C	liwia E		15	Dolphins Swimming Club	2:55.16	3:01.83	
Event	1 Girls 17-18	B 200 LC	Met	er Backstrok	e			
	NAM-L:	2:20.65	#	17-Mar-17	Zanré Oberholzer at SA Nationa	TUKS	S-NT	
	Name			Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Br	ynné B		17	Dolphins Swimming Club	2:50.28	2:46.64	

Results

Event 2 Boys 12 & Under 200 LC Meter Backstroke

	NAM-L: 2:25.69	# 24-Feb-22	Lorenzo Esterhuizen at BKW Nam	AQU	A	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	2:48.62	2:46.98	
2	Durand, Patrick	10	Dolphins Swimming Club	NT	2:57.35	
3	Bergh, Riley R	12	Aqua Swimming and Fitness Club	3:01.56	2:58.83	
4	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	3:07.04	2:59.83	
5	Diehl, Aiden P	10	Dolphins Swimming Club	3:04.50	3:03.47	
6	Badenhorst, Oelof O	9	Dolphins Swimming Club	3:07.57	3:07.33	
7	Coetzee, Jasper J	9	Dolphins Swimming Club	3:26.02	3:18.85	
8	Diehl, Marcel	9	Dolphins Swimming Club	3:37.96	3:21.10	
9	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	3:25.38	3:21.66	
10	Thirion, Zandro	9	Dolphins Swimming Club	3:23.98	3:21.81	
*11	Swartz, Samuel	12	Aqua Swimming and Fitness Club	3:23.20	3:24.55	
*11	Swartz, Caleb	10	Aqua Swimming and Fitness Club	3:34.82	3:24.55	
13	Brown, Ben T	10	Dolphins Swimming Club	3:35.52	3:24.82	
14	Cowley, Dylan	11	Dolphins Swimming Club	NT	3:28.64	
15	Huang, Guoxuan	8	Dolphins Swimming Club	3:33.35	3:29.30	
16	Kibble, Harry C	10	Dolphins Swimming Club	NT	3:32.44	
17	Cowley, Joshua	9	Dolphins Swimming Club	NT	3:34.38	
18	Chase, Ivor	10	Dolphins Swimming Club	NT	3:37.26	
19	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	3:37.75	3:37.91	
20	Wenk, William	8	Dolphins Swimming Club	3:57.44	3:37.93	
21	Buys, Nicholas	9	Dolphins Swimming Club	4:00.05	3:46.04	
22	McNab, Arden	10	Dolphins Swimming Club	3:48.04	3:47.76	
23	Moolman, Markus	9	Dolphins Swimming Club	NT	3:49.44	
24	Roux, Keanu	9	Dolphins Swimming Club	NT	3:51.21	
25	Mahdy, Basil	8	Dolphins Swimming Club	4:44.92	4:17.17	

Event 2 Boys 13-14 200 LC Meter Backstroke

	NAM-L: 2:14.74 #	19-Mar-19	Jose Canjulo	NASU		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	2:19.45	2:22.41	
2	Ellis, Lian	14	Dolphins Swimming Club	2:25.08	2:24.70	
3	Jiao, Naan	13	Dolphins Swimming Club	2:44.27	2:31.97	
4	Feris, Rodney	13	Aqua Swimming and Fitness Club	2:41.01	2:37.58	
5	Engelhard, Victor	13	Dolphins Swimming Club	2:57.74	2:52.19	
6	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	2:59.25	
7	Williams, Aidan J	14	Dolphins Swimming Club	NT	3:04.01	
8	Hanstein, William	14	Aqua Swimming and Fitness Club	NT	3:25.61	
9	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	NT	3:52.23	

Event 2 Boys 15-16 200 LC Meter Backstroke

	NAM-L: 2:05.80 #	17-Aug-14	Lushano P. Lamprecht at 2nd Yo	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	2:13.95	2:13.86	
2	Beukes, Luke	15	Aqua Swimming and Fitness Club	2:31.11	2:28.67	
3	Kinnaird, Liam	15	Dolphins Swimming Club	2:27.36	2:32.41	
4	Nell, Tristan T	15	Aqua Swimming and Fitness Club	2:33.61	2:33.90	
5	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	2:46.29	2:39.29	
6	Bauernschmitt, Michael B	15	Dolphins Swimming Club	2:33.26	2:39.45	
7	Robiati, Naeem	15	Marlins Swimming Club	2:50.90	2:46.36	
8	Feris, Samual H	15	Aqua Swimming and Fitness Club	2:52.31	2:53.11	

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23 Results

	NAM-L: 2:05.26 # 2	26-Mar-15	Lushano P. Lamprecht at 58th M	NAMI	B	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Engelhard, Robin	17	Dolphins Swimming Club	2:21.75	2:31.68	
2	Geyser, Brett A	17	Dolphins Swimming Club	2:35.91	2:31.76	
Event	2 Boys 19 & Over 200 LC M	leter Backs	troke			
	NAM-L: 2:05.26 # 2	26-Mar-15	Lushano P. Lamprecht at 58th M	NAMI	B	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Wellmann, Arkell J	21	Dolphins Swimming Club	2:18.55	2:20.84	
Event	5 Girls 8 & Under 50 LC Me	eter Butterf	ly			
	NAM-L: 42.90 # 1	10-Dec-04	Christine Briedenhann - Set De	NSAN	M	
	Name	-	Team	Seed Time	Finals Time	Points
1	Hinda, Oluchi S		Aqua Swimming and Fitness Club	1:03.62	1:01.83	
2	Stephanus, Christina T		Aqua Swimming and Fitness Club	1:04.92	1:03.46	
3	de Kock, Christi		Dolphins Swimming Club	NT	1:04.62	
4	Jiao, Nuoan	7	Dolphins Swimming Club	1:30.76	1:13.57	
Event	5 Girls 9-10 50 LC Meter B	utterfly				
	NAM-L: 33.96 # 1	13-Dec-06	Christine Briedenhann - Set De	NSAN	M	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Huang, Xinyue	10	Dolphins Swimming Club	35.81	36.13	
2	Van Wyk, Roze	10	Marlins Swimming Club	36.48	37.85	
3	Glen-Spyron, Sofia B	9	Dolphins Swimming Club	41.62	41.62	
4	Joubert, Laila	10	Aqua Swimming and Fitness Club	46.19	46.85	
5	Imbondi, Mangano S	10	Dolphins Swimming Club	47.49	47.12	
6	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	52.25	51.52	
7	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	1:01.09	53.58	
8	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	1:00.45	55.12	
9	McNamara, Jade	10	Dolphins Swimming Club	55.31	55.18	
10	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	51.56	56.82	
11	Coomer, Isabel	10	Aqua Swimming and Fitness Club	1:01.65	57.89	
12	Guo, Yilin	9	Dolphins Swimming Club	NT	58.58	
	Stoffberg, Alexis	10	Dolphins Swimming Club	56.30	DQ	
	10.5 Took a stride or step	from the bot	tom of the pool			
Event	5 Girls 11-12 50 LC Meter	Butterfly				
	NAM-L: 29.89 # 2	20-0ct-23	Roselinda Matyayi at BWK LC Ga	AQUA		
	Name	<u>mpc</u>	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	33.88	33.25	
2	Ashikoto, Suraya A	11	Marlins Swimming Club	41.08	38.67	
3	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	45.55	39.25	
4	Schnebel, Sandra	12	Dolphins Swimming Club	38.39	41.03	
5	McNamara, Scarlett	12	Dolphins Swimming Club	51.66	45.73	
6	McNab, Aneurene	12	Dolphins Swimming Club	46.57	48.01	
7	Mahdy, Nadien	12	Dolphins Swimming Club	48.11	49.75	
8	Dresselhaus, Mareli	12	Dolphins Swimming Club	51.36	49.90	
9	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	50.62	
10	Wenk, Olivia	11	Dolphins Swimming Club	46.19	51.17	
10	Wenny Onvia					

Finals Time Points

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23

Results

Event 5 Girls 13-14 50 LC Meter Butterfly

event	5 6115 15-14 50	LC Me					
	NAM-L: 29	9.5 7 ‡	‡ 13-Sep-10	Christine M. Briedenhann at 10	NSA		
	Name		Age	Team	Seed Time	Finals Time	Points
1	Matyayi, Roselino	da	13	Aqua Swimming and Fitness Club	29.89	30.69	
2	Geyser, Mikayla		14	Dolphins Swimming Club	33.12	32.96	
3	Bergh, Madison S	5	14	Aqua Swimming and Fitness Club	34.26	33.12	
4	Slinger, Gizelle		14	Aqua Swimming and Fitness Club	34.67	33.14	
5	Kapapa, Alexandı	ra	14	Aqua Swimming and Fitness Club	33.75	33.83	
6	August, Ava		14	Aqua Swimming and Fitness Club	34.96	34.71	
7	Ellis, Lilia		13	Dolphins Swimming Club	35.16	35.45	
8	Drotsky, Kayleigh	ı R	13	Dolphins Swimming Club	40.74	38.85	
9	Rey, Candice J		13	Aqua Swimming and Fitness Club	38.64	39.76	
10	Zeidler, Zafari N		13	Dolphins Swimming Club	42.90	41.14	
11	Steyn, Lara		13	Dolphins Swimming Club	42.44	42.12	
12	De Witt, Isabella		13	Marlins Swimming Club	43.78	42.22	
13	Dames, Andrea		14	Dolphins Swimming Club	44.32	43.69	
14	Gertze, Carlene T		13	Dolphins Swimming Club	NT	44.24	
15	Mobbison, Solang	ge A	13	Dolphins Swimming Club	41.21	48.18	

Event 5 Girls 15-16 50 LC Meter Butterfly

	NAM-L:	28.99	#	07-Apr-14	Sonja Adelaar	NASU		
	Name			Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Je	ssica		15	Aqua Swimming and Fitness Club	31.91	32.27	
2	Benade, Quel	in H		16	Aqua Swimming and Fitness Club	32.29	32.66	
3	Rey, Salomé M	1		16	Aqua Swimming and Fitness Club	31.84	33.04	
4	Naukosho, Ar	iana		16	Dolphins Swimming Club	32.73	36.21	
5	Joubert, Kira			15	Aqua Swimming and Fitness Club	38.10	36.99	
6	Steyn, Carissa	a L		16	Dolphins Swimming Club	36.60	38.08	
7	Stephanus, O	liwia E		15	Dolphins Swimming Club	37.44	40.92	
8	Brendell, Yule	ene S		15	Aqua Swimming and Fitness Club	50.97	44.40	
Event	5 Girls 17-18	50 LC N	lete	r Butterfly				
	NAM-L:	29.99	#	08-Dec-08	Jonay Briedenhann	NSA		
	Name			Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Bry	nné B		17	Dolphins Swimming Club	34.13	33.85	
Event	5 Girls 19 & 0	Over 50	LC N	Aeter Butterf	ly			
	NAM-L:	28.99	#	07-Apr-14	Sonja Adelaar	NASU		
	Name			Age	Team	Seed Time	Finals Time	Points

_	Name	Age Team	Seed Time	Finals Time	Points
	1 Smalley, Molina M	25 Dolphins Swimming Club	29.60	30.31	
	Event 6 Boys 8 & Under 50 LC M	eter Butterfly			

	NAM-L: 38.60	# 25-Nov-22	Patrick Durand at LC Gala 3 (W	DOL					
	Name	Age	Team	Seed Time	Finals Time	Points			
1	Huang, Guoxuan	8	Dolphins Swimming Club	51.22	49.10				
2	Wenk, William	8	Dolphins Swimming Club	1:01.21	1:01.81				
3	Mahdy, Basil	8	Dolphins Swimming Club	1:06.49	1:04.45				
Event	Event 6 Boys 9-10 50 LC Meter Butterfly								

NAM-L: 32.87 # 27-Feb-20 Nathan Bock - BWK LC Nationals ORA Name Age Team Seed Time 1 Durand, Patrick 10 Dolphins Swimming Club 38.11

1 Durand, Patrick	10 Dolphins Swimming Club	38.11	37.30	
2 Badenhorst, Oelof O	9 Dolphins Swimming Club	39.76	40.73	
3 Diehl, Aiden P	10 Dolphins Swimming Club	40.75	41.59	

Results

(Event 6 Boys 9-10 50 LC Meter Butterfly)

	Name	Age	Team	Seed Time	Finals Time	Points
4	Chase, Ivor	10	Dolphins Swimming Club	44.45	42.49	
5	Coetzee, Jasper J	9	Dolphins Swimming Club	41.16	44.20	
6	Kibble, Harry C	10	Dolphins Swimming Club	NT	45.72	
7	Moolman, Markus	9	Dolphins Swimming Club	49.58	47.19	
8	Diehl, Marcel	9	Dolphins Swimming Club	49.59	47.89	
9	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	43.89	48.03	
10	Thirion, Zandro	9	Dolphins Swimming Club	44.82	48.63	
11	Brown, Ben T	10	Dolphins Swimming Club	46.98	48.95	
12	Swartz, Caleb	10	Aqua Swimming and Fitness Club	51.04	49.64	
13	Buys, Nicholas	9	Dolphins Swimming Club	45.52	49.75	
14	Cowley, Joshua	9	Dolphins Swimming Club	45.03	51.62	
15	McNab, Arden	10	Dolphins Swimming Club	52.65	52.95	
16	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	49.14	53.70	
17	Roux, Keanu	9	Dolphins Swimming Club	57.40	56.79	

Event 6 Boys 11-12 50 LC Meter Butterfly

	NAM-L:	29.44	#	23-Feb-23	Rodney Feris	AQUA		
	Name			Age	Team	Seed Time	Finals Time	Points
1	Hekandjo, Kab	oi A		12	Aqua Swimming and Fitness Club	34.41	34.75	
2	Musati, Jeremy	y		12	Aqua Swimming and Fitness Club	43.75	36.49	
3	Bergh, Riley R			12	Aqua Swimming and Fitness Club	36.60	36.51	
4	Bezuidenhout	, Jadon (2	12	Aqua Swimming and Fitness Club	36.64	38.86	
5	Coomer, Luke	Е		12	Aqua Swimming and Fitness Club	47.48	39.28	
6	Swartz, Samue	el		12	Aqua Swimming and Fitness Club	44.08	44.35	
7	Cowley, Dylan			11	Dolphins Swimming Club	43.84	45.74	
8	Krige, Ian C			11	Marlins Swimming Club	NT	48.84	
9	De Almeida, T	hato		12	Aqua Swimming and Fitness Club	56.35	57.48	
10	Borges, Raul J			11	Dolphins Swimming Club	NT	58.16	

Event 6 Boys 13-14 50 LC Meter Butterfly NAM-L: 26.92 # 27-Feb-20

Jose Canjulo - BWK LC National

	Name	Age	Team	Seed Time	Finals Time	Points
1	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	28.72	28.86	
2	Feris, Rodney	13	Aqua Swimming and Fitness Club	28.51	29.10	
3	Ellis, Lian	14	Dolphins Swimming Club	29.78	30.21	
4	Benade, Kayleb G	14	Aqua Swimming and Fitness Club	31.42	31.40	
5	Jiao, Naan	13	Dolphins Swimming Club	34.66	32.81	
6	Williams, Aidan J	14	Dolphins Swimming Club	34.79	34.31	
7	Engelhard, Victor	13	Dolphins Swimming Club	34.66	36.31	
8	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	37.87	
9	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	49.85	48.15	

MAC

Event 6 Boys 15-16 50 LC Meter Butterfly

	NAM-L: 26.21 #	28-May-22	José N. Canjulo at Taça Barrac	AQUA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	26.70	26.91	
2	Bauernschmitt, Michael B	15	Dolphins Swimming Club	27.92	28.37	
3	Kinnaird, Liam	15	Dolphins Swimming Club	29.73	29.46	
*4	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	30.25	29.74	
*4	Nell, Tristan T	15	Aqua Swimming and Fitness Club	30.80	29.74	
6	Beukes, Luke	15	Aqua Swimming and Fitness Club	31.18	30.21	
7	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	31.65	30.62	

(Event 6 Boys 15-16 50 LC Meter Butterfly) Seed Time Age Team **Finals Time** Points Name 8 Fitzpatrick, Dominic 16 Marlins Swimming Club NT 30.94 9 Marggraff, Alex W 15 **Dolphins Swimming Club** 31.50 30.97 16 Marlins Swimming Club van Dyk, Luhan 31.17 10 36.75 15 Aqua Swimming and Fitness Club Feris, Samual H 30.97 32.33 11 15 Marlins Swimming Club 12 Robiati, Naeem 34.67 34.86 Event 6 Boys 17-18 50 LC Meter Butterfly NAM-L: 25.98 # 25-Aug-15 Lushano Lamprecht - 5th FINA J NAM Seed Time Finals Time Name Points Age Team 17 Dolphins Swimming Club 1 Engelhard, Robin 27.26 27.52 2 Geyser, Brett A 17 Dolphins Swimming Club 27.67 27.75 17 Dolphins Swimming Club 3 Esslinger, Nico 29.14 28.38 17 Aqua Swimming and Fitness Club Bezuidenhout, Jordan V 29.86 29.90 4 18 Aqua Swimming and Fitness Club 5 Nell, Noah S 29.45 30.73 Event 6 Boys 19 & Over 50 LC Meter Butterfly 25.48 # 17-May-23 NAM-L: Alexander Skinner at DOL Seed Time **Finals Time** Name Team Points Age 1 Le Roux, Corné 21 Dolphins Swimming Club 27.56 27.21 Wellmann, Arkell J 21 **Dolphins Swimming Club** 27.72 27.83 2 21 Dolphins Swimming Club 29.36 3 Gertze, Matthew R 29.93 Event 7 Women 45 & Over 50 LC Meter Butterfly 23-Nov-18 Jane Samson at BWK LC Gala 3 2 NSA NAM-L: 36.91 # **NASFED LC:** 23-Nov-18 36.91 Jane Samson - BWK LC Gala 3 (2 NSA Name Age Team Seed Time **Finals Time** Points 57 Marlins Swimming Club 39.80 40.19 1 Samson, Jane Event 8 Men 25-44 50 LC Meter Butterfly NAM-L: 27.27 # 23-Feb-23 AQUA Lushano P. Lamprecht Seed Time **Finals Time** Points Name Age Team 1 Diekmann, Jörn 27 Marlins Swimming Club 29.43 29.18 Event 8 Men 45 & Over 50 LC Meter Butterfly NAM-L: 32.88 # 24-Nov-18 Gabor Salamon - BWK LC Gala 3 MARL Seed Time **Finals** Time Name Age Team Points 1 Salamon, Gabor J 67 Marlins Swimming Club 35.06 NT 71 Aqua Swimming and Fitness Club 2 Coomer, Richard E 36.88 37.21 Event 9 Girls 10 & Under 100 LC Meter Breaststroke NAM-L: 1:32.11 # 13-Dec-06 **Christine Briedenhann** NSANM Name Age Team Seed Time **Finals Time** Points 10 Marlins Swimming Club 1 Van Wyk, Roze 1:37.14 1:36.49 10 Dolphins Swimming Club 2 Huang, Xinyue 1:43.90 1:42.57 10 Dolphins Swimming Club 3 Imbondi, Mangano S 1:50.34 1:48.13 9 Dolphins Swimming Club Glen-Spyron, Sofia B 1:48.29 4 1:53.23 5 Losper, Aaliyah J 9 Aqua Swimming and Fitness Club 2:06.64 2:00.51 10 Dolphins Swimming Club 2:10.06 McNamara, Jade 2:01.72 6 7 10 Aqua Swimming and Fitness Club Bezuidenhout, Jenna-Rose 2:05.46 2:03.00 8 Guo, Yilin 9 Dolphins Swimming Club NT 2:03.81 Aqua Swimming and Fitness Club 9 Hinda, Oluchi S 7 2:09.79 2:24.32 10 Aqua Swimming and Fitness Club Coomer, Isabel 10 2:10.53 2:10.02 11 Stoffberg, Alexis 10 Dolphins Swimming Club 2:15.64 2:10.23

(Event 9 Girls 10 & Under 100 LC Meter Breaststroke)

	Name	Age	Team	Seed Time	Finals Time	Points
12	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	2:17.01	2:10.96	
13	Joubert, Laila	10	Aqua Swimming and Fitness Club	2:16.73	2:12.48	
14	McNamara, Dani	8	Dolphins Swimming Club	NT	2:12.96	
15	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	2:20.30	2:22.12	
16	Stephanus, Christina T	8	Aqua Swimming and Fitness Club	2:34.02	2:22.18	
17	Jiao, Nuoan	7	Dolphins Swimming Club	2:30.05	2:24.63	
18	de Kock, Christi	8	Dolphins Swimming Club	NT	2:37.24	

Event 9 Girls 11-12 100 LC Meter Breaststroke

	NAM-L: 1:22.17 #	01-Jan-1900	Gwen Currie	SWAN	NM	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	1:32.07	1:31.61	
2	McNamara, Scarlett	12	Dolphins Swimming Club	1:47.10	1:36.28	
3	Schnebel, Sandra	12	Dolphins Swimming Club	1:39.88	1:42.06	
4	Mahdy, Nadien	12	Dolphins Swimming Club	1:47.31	1:47.20	
5	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	1:46.57	1:47.77	
6	McNab, Aneurene	12	Dolphins Swimming Club	1:47.00	1:48.73	
7	Wenk, Olivia	11	Dolphins Swimming Club	1:47.29	1:51.51	
8	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	1:51.76	
9	Warne, Manisha	11	Dolphins Swimming Club	1:59.98	1:58.70	
10	Dresselhaus, Mareli	12	Dolphins Swimming Club	2:07.55	2:07.20	
11	De Witt, Alexandra	11	Marlins Swimming Club	2:01.24	2:08.12	
12	Krige, Clarissa	12	Marlins Swimming Club	NT	2:28.88	

Event 9 Girls 13-14 100 LC Meter Breaststroke

	NAM-L: 1:17.85 #	08-Dec-12	Kiah T. Borg	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Geyser, Mikayla	14	Dolphins Swimming Club	NT	1:28.39	
2	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	1:24.88	1:30.84	
3	Ellis, Lilia	13	Dolphins Swimming Club	1:32.58	1:32.11	
4	August, Ava	14	Aqua Swimming and Fitness Club	1:35.32	1:36.08	
5	Zeidler, Zafari N	13	Dolphins Swimming Club	1:37.96	1:39.83	
6	Drotsky, Kayleigh R	13	Dolphins Swimming Club	1:45.27	1:41.19	
7	Dames, Andrea	14	Dolphins Swimming Club	1:47.00	1:42.90	
8	Rey, Candice J	13	Aqua Swimming and Fitness Club	1:42.35	1:44.76	
9	Steyn, Lara	13	Dolphins Swimming Club	1:49.97	1:48.92	
10	Mobbison, Solange A	13	Dolphins Swimming Club	1:47.52	1:58.59	
11	Gertze, Carlene T	13	Dolphins Swimming Club	NT	2:14.15	

Event 9 Girls 15-16 100 LC Meter Breaststroke

	NAM-L:	1:15.78	#	12-0ct-08	Daniela Lindemeier	NAMJU	J	
	Name			Age	Team	Seed Time	Finals Time	Points
1	Naukosho, A	riana		16	Dolphins Swimming Club	1:23.87	1:26.74	
2	Benade, Que	lin H		16	Aqua Swimming and Fitness Club	1:28.88	1:28.61	
3	Steyn, Cariss	sa L		16	Dolphins Swimming Club	1:28.68	1:29.52	
4	Stephanus, C)liwia E		15	Dolphins Swimming Club	1:40.41	1:45.33	
5	Joubert, Kira	l I		15	Aqua Swimming and Fitness Club	1:48.17	1:47.19	
6	Brendell, Yul	lene S		15	Aqua Swimming and Fitness Club	2:03.63	1:58.37	
Event	9 Girls 17-18	8 100 LC	Met	er Breaststro	ke			
	NAM-L:	1:13.82	#	25-Jul-09	Daniela Lindemeier at 13th FIN	DOL		
	Name			Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Br	ynné B		17	Dolphins Swimming Club	1:28.45	1:27.09	

Results

Event 10 Boys 10 & Under 100 LC Meter Breaststroke

	NAM-L: 1:27.24 #	03-Apr-18	Oliver Durand - SA Level 3 Reg	NAS	U	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Badenhorst, Oelof O	9	Dolphins Swimming Club	1:34.49	1:35.05	
2	Durand, Patrick	10	Dolphins Swimming Club	1:41.54	1:39.05	
3	Kibble, Harry C	10	Dolphins Swimming Club	NT	1:45.45	
4	Brown, Ben T	10	Dolphins Swimming Club	1:49.32	1:47.06	
5	Coetzee, Jasper J	9	Dolphins Swimming Club	1:50.38	1:49.28	
6	Diehl, Aiden P	10	Dolphins Swimming Club	1:48.19	1:49.47	
7	Swartz, Caleb	10	Aqua Swimming and Fitness Club	1:59.17	1:53.12	
8	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	2:01.69	1:53.55	
9	Thirion, Zandro	9	Dolphins Swimming Club	1:52.79	1:54.15	
10	Diehl, Marcel	9	Dolphins Swimming Club	2:01.64	1:55.28	
11	Chase, Ivor	10	Dolphins Swimming Club	1:58.64	1:56.50	
12	McNab, Arden	10	Dolphins Swimming Club	1:57.62	1:57.41	
13	Cowley, Joshua	9	Dolphins Swimming Club	NT	1:59.77	
14	Huang, Guoxuan	8	Dolphins Swimming Club	NT	2:03.60	
15	Moolman, Markus	9	Dolphins Swimming Club	2:20.85	2:08.02	
16	Mahdy, Basil	8	Dolphins Swimming Club	2:13.45	2:09.50	
17	Wenk, William	8	Dolphins Swimming Club	2:08.89	2:14.48	
18	Buys, Nicholas	9	Dolphins Swimming Club	2:18.28	2:16.13	
	Roux, Keanu	9	Dolphins Swimming Club	NT	DQ	

7.2 Arm movements not simultaneous

Event 10 Boys 11-12 100 LC Meter Breaststroke

	NAM-L: 1:15.74 #	07-Dec-16	Mikah Burger - NTS Championshi	DOL		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Bergh, Riley R	12	Aqua Swimming and Fitness Club	1:35.83	1:32.65	
2	Coomer, Luke E	12	Aqua Swimming and Fitness Club	NT	1:48.85	
3	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	1:48.81	1:51.58	
4	Cowley, Dylan	11	Dolphins Swimming Club	1:43.74	1:55.42	
5	Swartz, Samuel	12	Aqua Swimming and Fitness Club	1:51.78	1:56.97	
6	Krige, Ian C	11	Marlins Swimming Club	2:12.54	1:59.22	
7	Borges, Raul J	11	Dolphins Swimming Club	NT	2:03.88	
8	De Almeida, Thato	12	Aqua Swimming and Fitness Club	2:20.94	2:20.01	
	Musati, Jeremy	12	Aqua Swimming and Fitness Club	1:57.95	DQ	
	7.4 Leg movements not	simultaneous				

6

Event 10 Boys 13-14 100 LC Meter Breaststroke NAM-L: 1:09.50 # 01-Jan-1900 Ricardo Eerenstein

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ellis, Lian	14	Dolphins Swimming Club	1:20.10	1:18.30	
2	Jiao, Naan	13	Dolphins Swimming Club	1:21.95	1:20.94	
3	Feris, Rodney	13	Aqua Swimming and Fitness Club	1:26.69	1:29.87	
4	Benade, Kayleb G	14	Aqua Swimming and Fitness Club	1:30.07	1:32.32	
5	Williams, Aidan J	14	Dolphins Swimming Club	1:39.82	1:35.57	
6	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	NT	1:36.40	
7	Engelhard, Victor	13	Dolphins Swimming Club	1:41.77	1:38.96	
8	Hanstein, William	14	Aqua Swimming and Fitness Club	1:51.06	1:42.47	
9	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	2:03.63	1:57.47	

TIGNM

Results

	NAM-L: 1:06.54 #		Ronan Z. Wantenaar at WP SUMMI			
	Name	0	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	1:07.19	1:11.64	
2	Kinnaird, Liam		Dolphins Swimming Club	1:17.48	1:18.08	
3	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	1:22.14	1:20.53	
4	Bauernschmitt, Michael B	15	Dolphins Swimming Club	1:19.26	1:21.96	
5	Nell, Tristan T	15	Aqua Swimming and Fitness Club	1:25.84	1:24.07	
6	Robiati, Naeem	15	Marlins Swimming Club	1:27.99	1:27.36	
7	van Dyk, Luhan	16	Marlins Swimming Club	NT	1:27.42	
8	Feris, Samual H	15	Aqua Swimming and Fitness Club	1:33.35	1:31.50	
Event	10 Boys 17-18 100 LC Met	er Breaststi	roke			
	NAM-L: 1:03.75 # 2	20-Aug-19	Ronan Z. Wantenaar	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Geyser, Brett A	17	Dolphins Swimming Club	1:15.40	1:17.86	
2	Esslinger, Nico	17	Dolphins Swimming Club	NT	1:18.40	
3	Engelhard, Robin	17	Dolphins Swimming Club	1:18.85	1:21.77	
4	Nell, Noah S	18	Aqua Swimming and Fitness Club	1:17.42	1:22.37	
5	Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	1:23.85	1:25.89	
Event	10 Boys 19 & Over 100 LC	Meter Brea	ststroke			
	NAM-L: 1:01.35 #		Ronan Z. Wantenaar at Malaysia	MAC		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Wellmann, Arkell J	21	Dolphins Swimming Club	1:11.75	1:13.64	
2	Le Roux, Corné	21	Dolphins Swimming Club	NT	1:17.71	
3	Gertze, Matthew R	21	Dolphins Swimming Club	1:24.23	1:22.82	
			aastala			
Event	13 Girls 12 & Under 1500	LC Meter Fr				
Event	13 Girls 12 & Under 1500 NAM-L: 20:21.14 #	LC Meter Fr 14-Feb-14	Heleni Stergiadis - BWK LC Gal	DOL		
Event	NAM-L: 20:21.14 #			DOL DOL		
Event	NAM-L: 20:21.14 #	14-Feb-14 04-Dec-14	Heleni Stergiadis - BWK LC Gal		Finals Time	Points
	NAM-L: 20:21.14 # 3 NASFED LC: 19:37.42 * 0	14-Feb-14 04-Dec-14 Age	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ	DOL	Finals Time 19:56.70 #	Points
1	NAM-L: 20:21.14 # 3 NASFED LC: 19:37.42 * 0 Name	14-Feb-14 04-Dec-14 <u>Age</u> 12	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club	DOL Seed Time		Point:
1	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * Name Naukosho, Ainoa	14-Feb-14 04-Dec-14 <u>Age</u> 12 eter Freesty	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club	DOL Seed Time	19:56.70#	Points
1	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * Name Naukosho, Ainoa 13 Girls 13-14 1500 LC Me	14-Feb-14 04-Dec-14 <u>Age</u> 12 eter Freesty 13-Feb-04	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ <u>Team</u> Dolphins Swimming Club le	DOL Seed Time NT	19:56.70#	
1	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name Naukosho, Ainoa 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # 2 Name	14-Feb-14 04-Dec-14 12 12 eter Freesty 13-Feb-04 Age	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer	DOL Seed Time NT DOLM	19:56.70#	
1 Event	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name Naukosho, Ainoa 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 #	14-Feb-14 04-Dec-14 12 12 eter Freesty 13-Feb-04 <u>Age</u> 14	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team	DOL Seed Time NT DOLM Seed Time	19:56.70# NM Finals Time	
1 Event 1 2	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 Age 14 13	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ <u>Team</u> Dolphins Swimming Club le Marike Meyer <u>Team</u> Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time NT DOLM Seed Time 19:50.59	19:56.70# M Finals Time 20:04.58	
1 Event 1 2	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * 14 Bergh, Madison S * 5 5 Steyn, Lara * 14 Boys 13-14 1500 LC Me	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 Age 14 13	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44	19:56.70# M Finals Time 20:04.58	
1 Event 1 2	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 4 14 13 eter Freesty 26-Nov-21	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL	19:56.70# Finals Time 20:04.58 21:21.14	Points
1 Event 1 2 Event	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Naukosho, Ainoa 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # Name Bergh, Madison S Steyn, Lara 14 Boys 13-14 1500 LC Me NAM-L: 18:08.73 # 2 Name	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 Age	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time	19:56.70 # M Finals Time 20:04.58 21:21.14 Finals Time	Points
1 Event 1 2 Event	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * 0 Name * * 0 Bergh, Madison S * * 0 Steyn, Lara * 14 Boys 13-14 1500 LC Me NAM-L: 18:08.73 # * *	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 <u>Age</u> 13	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL	19:56.70# Finals Time 20:04.58 21:21.14	Points
1 Event 2 Event 1 2	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * * * * Name * <td>14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 Age 13 13</td> <td>Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club</td> <td>DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80</td> <td>19:56.70 # M Example 19:56.70 # 20:04.58 21:21.14 Example 19:27.65</td> <td>Points</td>	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 Age 13 13	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80	19:56.70 # M Example 19:56.70 # 20:04.58 21:21.14 Example 19:27.65	Points
1 Event 2 Event 1 2	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * * * Name * <td>14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 Age 13 13 23 eter Freesty</td> <td>Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club</td> <td>DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80 NT</td> <td>19:56.70 # Finals Time 20:04.58 21:21.14 Finals Time 19:27.65 21:20.95</td> <td>Points</td>	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 Age 13 13 23 eter Freesty	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80 NT	19:56.70 # Finals Time 20:04.58 21:21.14 Finals Time 19:27.65 21:20.95	Points
1 Event 2 Event 1 2	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * Name * * * Bergh, Madison S * * * Steyn, Lara * * * * 14 Boys 13-14 1500 LC Me * * * NAM-L: 18:08.73 # * * Jiao, Naan * * * * Jiao, Naan * * * * MAM-L: 17:16 1500 LC Me * * *	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 <u>Age</u> 13 13 23 eter Freesty 04-Mar-08	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80 NT	19:56.70 # Finals Time 20:04.58 21:21.14 Finals Time 19:27.65 21:20.95 IB-ZZ	Points
1 Event 2 Event 1 2 Event	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * Name * * * Bergh, Madison S * * * Steyn, Lara * * * * 14 Boys 13-14 1500 LC Me * * * NAM-L: 18:08.73 # * * Jiao, Naan * * * * Jiao, Naan * * * * Mame * * * * Jiao, Naan * * * * NAM-L: 17:16.50 # * * NAM-L: * * * *	14-Feb-14 04-Dec-14 12 eter Freesty 13-Feb-04 14 13 eter Freesty 26-Nov-21 <u>Age</u> 13 13 eter Freesty 04-Mar-08 <u>Age</u>	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club le Tristan McDonald Team	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80 NT NAM	19:56.70 # Finals Time 20:04.58 21:21.14 Finals Time 19:27.65 21:20.95 IB-ZZ Finals Time	Points
1 Event 2 Event 1 2 Event	NAM-L: 20:21.14 # NASFED LC: 19:37.42 * 0 Name * 0 Naukosho, Ainoa * 13 Girls 13-14 1500 LC Me NAM-L: 19:02.16 # * Name * * * Bergh, Madison S * * * Steyn, Lara * * * * 14 Boys 13-14 1500 LC Me * * * NAM-L: 18:08.73 # * * Jiao, Naan * * * * Jiao, Naan * * * * MAM-L: 17:16 1500 LC Me * * *	14-Feb-14 04-Dec-14 12 ter Freesty 13-Feb-04 14 13 ter Freesty 26-Nov-21 <u>Age</u> 13 13 ter Freesty 04-Mar-08 <u>Age</u> 16	Heleni Stergiadis - BWK LC Gal Joanne Liebenberg at NTS Champ Team Dolphins Swimming Club le Marike Meyer Team Aqua Swimming and Fitness Club Dolphins Swimming Club le Oliver B. Durand at LC Gala 3 Team Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time NT DOLM Seed Time 19:50.59 21:52.44 DOL Seed Time 19:59.80 NT	19:56.70 # Finals Time 20:04.58 21:21.14 Finals Time 19:27.65 21:20.95 IB-ZZ	Points Points Points Points

Results

	NAM-L: 2:45.26 # 04		Heleni Stergiadis - NTS Champi –	DOL		
	Name	-	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	NT	2:45.88	
Event	: 17 Girls 15-16 200 LC Meter	r Butterfly	,			
	NAM-L: 2:24.17 # 07	'-Jul-15	Sonja Adelaar	NSA-	ZZ	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Rey, Salomé M	16	Aqua Swimming and Fitness Club	2:49.80	2:47.22	
2	Benade, Quelin H	16	Aqua Swimming and Fitness Club	3:13.83	3:08.40	
Event	: 18 Boys 12 & Under 200 LC	Meter But	terfly			
	NAM-L: 2:29.14 # 06		Lorenzo Esterhuizen at SA Nati	NAM		
	Name	-	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	•	Dolphins Swimming Club	3:05.97	3:03.29	
	Bergh, Riley R		Aqua Swimming and Fitness Club	3:37.52	3:27.13	
				0107101	0127110	
vent	18 Boys 13-14 200 LC Meter					
	NAM-L: 2:13.32 # 17		Corne Le Roux	NASU		
	Name	0	Team	Seed Time	Finals Time	Points
	Ellis, Lian		Dolphins Swimming Club	2:32.88	2:25.43	
2	Jiao, Naan	13	Dolphins Swimming Club	2:40.89	2:37.94	
event	18 Boys 15-16 200 LC Meter	r Butterfly	,			
	NAM-L: 2:06.47 # 21	-Mar-23	Oliver B. Durand at SA Nationa	NSFE	D	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	2:06.47	2:11.46	
2	Nell, Tristan T	15	Aqua Swimming and Fitness Club	2:38.57	2:34.18	
3	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	2:41.65	2:40.31	
4	Marggraff, Alex W	15	Dolphins Swimming Club	2:39.71	2:43.69	
5	Kinnaird, Liam	15	Dolphins Swimming Club	2:49.80	2:52.59	
6	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	NT	2:54.70	
lvent	: 18 Boys 17-18 200 LC Meter	r Rutterfly	r			
avent	NAM-L: 2:08.88 # ⁰⁴		Günther Streit	MAR	NM	
	Name		Team	Seed Time	Finals Time	Points
1	Bezuidenhout, Jordan V	Ŭ	Aqua Swimming and Fitness Club	2:36.91	2:33.28	
2	Engelhard, Robin		Dolphins Swimming Club	2:31.51	2:36.54	
	-					
vent	18 Boys 19 & Over 200 LC M		-	NCEE	D	
			Oliver B. Durand at SA Nationa	NSFE	-	Doint
	Name	U	Team Dolphins Swimming Club	Seed Time	Finals Time	Points
1	Wellmann, Arkell J		Dolphins Swimming Club	2:14.79	2:15.41	
	La Davur Canná			2:15.14	2:18.23	
	Le Roux, Corné	21	Dolphinis Swinning Club			
2	21 Girls 10 & Under 100 LC		ckstroke			
2	21 Girls 10 & Under 100 LC	Meter Bac -Dec-14	ckstroke Tiana Esslinger - NTS Champion	DOL		
2 Event	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name	Meter Bac -Dec-14 Age	ckstroke Tiana Esslinger - NTS Champion Team	Seed Time	Finals Time	Points
2 Event	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name Van Wyk, Roze	Meter Bac -Dec-14 <u>Age</u> 10	ckstroke Tiana Esslinger - NTS Champion Team Marlins Swimming Club	Seed Time 1:29.16	1:26.88	Points
2 Event	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name Van Wyk, Roze Huang, Xinyue	Meter Bac A-Dec-14 Age 10 10	Ckstroke Tiana Esslinger - NTS Champion Team Marlins Swimming Club Dolphins Swimming Club	Seed Time 1:29.16 1:28.09	1:26.88 1:26.94	Points
2 Event	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name Van Wyk, Roze Huang, Xinyue Joubert, Laila	Meter Bac -Dec-14 Age 10 10 10	Ckstroke Tiana Esslinger - NTS Champion Team Marlins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club	Seed Time 1:29.16 1:28.09 1:37.48	1:26.88	Point:
2 Event 1 2	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name Van Wyk, Roze Huang, Xinyue Joubert, Laila McNamara, Jade	Meter Bac -Dec-14 Age 10 10 10	Ckstroke Tiana Esslinger - NTS Champion Team Marlins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club	Seed Time 1:29.16 1:28.09	1:26.88 1:26.94	Points
2 Event	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name Van Wyk, Roze Huang, Xinyue Joubert, Laila	Meter Bac -Dec-14 Age 10 10 10	Existroke Tiana Esslinger - NTS Champion Team Marlins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club	Seed Time 1:29.16 1:28.09 1:37.48	1:26.88 1:26.94 1:34.66	Points
2 Event 1 2 3 4	21 Girls 10 & Under 100 LC NAM-L: 1:18.13 # 04 Name Van Wyk, Roze Huang, Xinyue Joubert, Laila McNamara, Jade	Meter Bac -Dec-14 Age 10 10 10 10	ckstroke Tiana Esslinger - NTS Champion Team Marlins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club	Seed Time 1:29.16 1:28.09 1:37.48 1:35.34	1:26.88 1:26.94 1:34.66 1:36.80	Points

1:21.12

1:23.24

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23 Results

(Event 21 Girls 10 & Under 100 LC Meter Backstroke)

`	Name	Age	Team	Seed Time	Finals Time	Points
8	Stoffberg, Alexis	10	Dolphins Swimming Club	1:55.97	1:56.51	
9	Coomer, Isabel	10	Aqua Swimming and Fitness Club	1:59.54	1:58.13	
10	Stephanus, Christina T	8	Aqua Swimming and Fitness Club	1:59.48	1:58.63	
11	Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	NT	2:00.91	
12	Jiao, Nuoan	7	Dolphins Swimming Club	2:08.69	2:04.32	
13	de Kock, Christi	8	Dolphins Swimming Club	2:01.70	2:04.99	
14	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	2:07.83	2:07.81	
15	McNamara, Dani	8	Dolphins Swimming Club	2:15.18	2:10.92	
16	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	2:11.55	2:12.57	
	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	1:48.54	DQ	

4.4 Initiating a start before the signal

Event 21 Girls 11-12 100 LC Meter Backstroke

	NAM-L: 1:09.60 #	03-May-23	Roselinda Matyayi at CANA Zone	AQUA	l	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	1:14.29	1:16.42	
2	Schnebel, Sandra	12	Dolphins Swimming Club	1:21.06	1:21.01	
3	Meyer, Cara	12	Dolphins Swimming Club	1:23.68	1:24.85	
4	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	1:34.37	1:30.54	
5	McNamara, Scarlett	12	Dolphins Swimming Club	1:38.82	1:35.23	
6	Mahdy, Nadien	12	Dolphins Swimming Club	1:45.43	1:38.79	
7	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	1:42.69	
8	Dresselhaus, Mareli	12	Dolphins Swimming Club	NT	1:44.53	
9	Wenk, Olivia	11	Dolphins Swimming Club	1:42.26	1:47.11	
10	De Witt, Alexandra	11	Marlins Swimming Club	1:40.84	1:48.08	
11	Warne, Manisha	11	Dolphins Swimming Club	1:53.14	1:52.13	

Event 21 Girls 13-14 100 LC Meter Backstroke

4 Steyn, Carissa L

	21 Girls 13-14 100 LC M NAM-L: 1:03.36 #		Zanre Oberholzer	NAM		
	Name		Team	Seed Time	Finals Time	Points
1	Matyayi, Roselinda			1:09.60	1:11.12	
2	Geyser, Mikayla	14		1:12.59	1:14.12	
3	Bergh, Madison S	14	Aqua Swimming and Fitness Club	1:13.33	1:15.11	
4	Ellis, Lilia	13	Dolphins Swimming Club	NT	1:20.15	
5	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	1:20.60	1:20.86	
6	Schlabitz, Nora L	14	Dolphins Swimming Club	1:21.38	1:22.01	
7	August, Ava	14	Aqua Swimming and Fitness Club	1:24.46	1:24.19	
8	Rey, Candice J	13	Aqua Swimming and Fitness Club	1:24.39	1:24.87	
9	Steyn, Lara	13	Dolphins Swimming Club	1:30.84	1:28.33	
10	De Witt, Isabella	13	Marlins Swimming Club	1:27.33	1:28.86	
11	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	1:30.32	
12	Gertze, Carlene T	13	Dolphins Swimming Club	1:34.19	1:33.16	
13	Dames, Andrea	14	Dolphins Swimming Club	NT	1:35.91	
14	Mobbison, Solange A	13	Dolphins Swimming Club	1:42.07	1:40.89	
vent	21 Girls 15-16 100 LC M	Meter Backstro	ke			
	NAM-L: 1:03.81 #	‡ 10-Dec-14	Zanré Oberholzer at African Un	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Jessica	15	Aqua Swimming and Fitness Club	1:05.23	1:08.61	
2	Rey, Salomé M	16	Aqua Swimming and Fitness Club	1:11.85	1:17.01	
3	Benade, Quelin H	16	Aqua Swimming and Fitness Club	1:12.93	1:18.35	
4	Charles Charles I	10	Dolphing Curimming Club	1 22 24	1 21 12	

16 Dolphins Swimming Club

	Name	Age	Team	Seed Time	Finals Time	Points
5	Stephanus, Oliwia E	0	Dolphins Swimming Club	1:19.96	1:21.59	
6	Naukosho, Ariana		Dolphins Swimming Club	1:18.46	1:24.64	
7	Joubert, Kira		Aqua Swimming and Fitness Club	1:30.58	1:28.45	
8	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	1:40.71	1:35.56	
				1.40.71	1.55.50	
Event	21 Girls 17-18 100 LC M					
		17-Mar-17	Zanré Oberholzer at SA Nationa	TUK		
	Name		Team	Seed Time	Finals Time	Points
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	1:19.68	1:17.27	
Event	22 Boys 10 & Under 10	0 LC Meter Bad	kstroke			
	NAM-L: 1:19.14 #		Oliver Durand - NTS Championsh	DOL		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	10	Dolphins Swimming Club	1:23.07	1:24.69	
2	Badenhorst, Oelof O	9	Dolphins Swimming Club	1:28.26	1:29.11	
3	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	1:27.39	1:29.23	
4	Coetzee, Jasper J	9	Dolphins Swimming Club	1:34.56	1:32.97	
5	Cowley, Joshua	9	Dolphins Swimming Club	1:37.25	1:37.54	
6	Swartz, Caleb	10	Aqua Swimming and Fitness Club	1:35.20	1:37.63	
7	Chase, Ivor	10	Dolphins Swimming Club	1:38.44	1:38.70	
8	Huang, Guoxuan	8	Dolphins Swimming Club	1:37.21	1:39.27	
9	Brown, Ben T	10	Dolphins Swimming Club	1:42.47	1:40.85	
10	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	1:43.05	1:44.03	
11	Kibble, Harry C	10	Dolphins Swimming Club	1.45.05 NT	1:47.06	
12	Wenk, William	8	Dolphins Swimming Club	1:47.08	1:49.41	
12	Roux, Keanu	9	Dolphins Swimming Club	1.47.00 NT	1:53.84	
13 14	Moolman, Markus	9	Dolphins Swimming Club	1:55.70	1:54.46	
		-	Dolphins Swimming Club			
15	Mahdy, Basil	8	Dolphing Swinning Club	NT	1:57.74	
Event	22 Boys 11-12 100 LC M	leter Backstro	ke			
	NAM-L: 1:06.55 #		Lorenzo Esterhuizen at SA Nati	NAM		
	Name		Team	Seed Time	Finals Time	Points
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	1:17.59	1:18.28	
2	Bergh, Riley R	12	Aqua Swimming and Fitness Club	1:23.48	1:25.86	
3	Musati, Jeremy	12	Aqua Swimming and Fitness Club	1:32.99	1:27.36	
4	Swartz, Samuel	12	Aqua Swimming and Fitness Club	1:39.89	1:35.06	
5	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	1:33.92	1:35.98	
6	Coomer, Luke E	12	Aqua Swimming and Fitness Club	1:35.47	1:36.47	
7	Cowley, Dylan	11	Dolphins Swimming Club	1:34.46	1:39.26	
8	De Almeida, Thato	12	Aqua Swimming and Fitness Club	1:54.47	1:51.02	
9	Borges, Raul J	11	Dolphins Swimming Club	1:58.05	1:56.35	
,		latan Daglastna	lea -			
		ιειει σαικεί[0	NC .	MAG		
	22 Boys 13-14 100 LC M		Ioco Caniulo			
	NAM-L: 1:00.99 #	04-Dec-19	Jose Canjulo Toom	MAC Sood Time	Finals Time	Dainta
Event	NAM-L: 1:00.99 # Name	04-Dec-19 Age	Team	Seed Time	Finals Time	Points
Event	NAM-L: 1:00.99 # Name Esterhuizen, Lorenzo E	04-Dec-19 Age 14	Team Aqua Swimming and Fitness Club	Seed Time 1:05.42	1:06.07	Points
Event	NAM-L: 1:00.99 # Name Esterhuizen, Lorenzo E Ellis, Lian	04-Dec-19 Age 14 14	Team Aqua Swimming and Fitness Club Dolphins Swimming Club	Seed Time 1:05.42 1:07.32	1:06.07 1:07.33	Points
Event	NAM-L: 1:00.99 # Name Esterhuizen, Lorenzo E Ellis, Lian Feris, Rodney	04-Dec-19 Age 14 14 13	Team Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club	Seed Time 1:05.42 1:07.32 1:14.38	1:06.07 1:07.33 1:11.86	Points
Event	NAM-L: 1:00.99 # Name Esterhuizen, Lorenzo E Ellis, Lian	04-Dec-19 Age 14 14	Team Aqua Swimming and Fitness Club Dolphins Swimming Club	Seed Time 1:05.42 1:07.32	1:06.07 1:07.33	Points

13 Dolphins Swimming Club 14 Dolphins Swimming Club 7 Williams, Aidan J 1:29.42 14 Aqua Swimming and Fitness Club 1:36.59

14 Aqua Swimming and Fitness Club

1:20.79

1:22.04

1:17.39

1:22.33

1:25.29

1:32.11

8 Hanstein, William

5 Benade, Kayleb G

6 Shipoh, Peingeondjabi

Results

(Event 22 Boys 13-14 100 LC Meter Backstroke)

	Name	e	Team	Seed Time	Finals Time	Points
Event	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	1:45.42	1:47.34	
	22 Boys 15-16 100 LC M	Aeter Backstro	ke			
	NAM-L: 58.91 #	‡ 23-Jul-17	Ronan Z. Wantenaar at 17th FIN	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	1:00.74	1:02.77	
2	Beukes, Luke	15	Aqua Swimming and Fitness Club	1:06.99	1:07.83	
3	Kinnaird, Liam	15	Dolphins Swimming Club	1:06.36	1:09.93	
4	Nell, Tristan T	15	Aqua Swimming and Fitness Club	1:12.22	1:12.20	
5	Bauernschmitt, Michael	B 15	Dolphins Swimming Club	1:11.68	1:12.82	
6	Robiati, Naeem	15	Marlins Swimming Club	1:15.11	1:14.81	
7	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	1:13.54	1:15.08	
8	Feris, Samual H	15	Aqua Swimming and Fitness Club	1:19.63	1:18.65	
9	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	1:21.87	1:22.05	
10	David, José A	15	Aqua Swimming and Fitness Club	NT	1:29.47	
	22 Boys 17-18 100 LC	Antor Backstro	ko			
went 2		# 20-Aug-19	Ronan Wantenaar	NAM		
	Name	-	Теат	Seed Time	Finals Time	Points
1	Esslinger, Nico	-	Dolphins Swimming Club	1:05.31	1:05.21	
	Nell, Noah S		Aqua Swimming and Fitness Club	1:07.42	1:10.63	
	Geyser, Brett A	17	Dolphins Swimming Club	1:06.95	1:10.88	
	Engelhard, Robin	17	Dolphins Swimming Club	1:03.22	1:12.12	
	Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	1:13.80	1:15.26	
				1.15.00	1.15.20	
Event	22 Boys 19 & Over 100					
	NAM-L: 57.75 #	-	Ronan Z. Wantenaar	NAM		Deter
4	Name	5	Team	Seed Time	Finals Time	Points
	Wellmann, Arkell J	21	1 0	1:02.82	1:04.59	
2	Gertze, Matthew R	21	Dolphins Swimming Club	1:11.92	1:13.66	
ent 2	24 Men 45 & Over 100	LC Meter Back	stroke			
	NAM-L: 1:26.88 #	‡ 27-Feb-20	Johan Bekker - BKW Namibia Nat	MAC		
ļ	NASFED LC: 1:26.88 *	27-Feb-20	Johan Bekker Record Set	MAC		
	Name	0	Team	Seed Time	Finals Time	Points
	Bekker, Johan	54	Marlins Swimming Club	NT	DQ	
	6.4 Did not start exec	uting the turn im	mediately after turning onto the breas	t		
Event 2	25 Girls 8 & Under 50 I	C Meter Breas	tstroke			
	NAM-L: 46.00 #	ŧ 01-Jan-1900	Tesra Broodryk - Date Unknown	TSUN	IM	
	Name	Age	Team	Seed Time	Finals Time	Points
	Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	58.78	57.85	
1		•		F7 07	1 01 00	
1 2	McNamara, Dani	8	Dolphins Swimming Club	57.07	1:01.99	
			Dolphins Swimming Club Aqua Swimming and Fitness Club	1:03.28	1:05.94	
2 3	McNamara, Dani	8				
2 3	McNamara, Dani Stephanus, Christina T	8 8	Aqua Swimming and Fitness Club	1:03.28	1:05.94	
2 3 4 5	McNamara, Dani Stephanus, Christina T Jiao, Nuoan de Kock, Christi	8 8 7 8	Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club	1:03.28 1:06.87	1:05.94 1:09.21	
2 3 4 5	McNamara, Dani Stephanus, Christina T Jiao, Nuoan de Kock, Christi 25 Girls 9-10 50 LC Me	8 8 7 8 t er Breaststrol	Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club	1:03.28 1:06.87 1:09.02	1:05.94 1:09.21 1:15.63	
2 3 4 5	McNamara, Dani Stephanus, Christina T Jiao, Nuoan de Kock, Christi	8 8 7 8 ter Breaststrol 4 13-Dec-06	Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Ke Christine Briedenhann - Set De	1:03.28 1:06.87 1:09.02	1:05.94 1:09.21 1:15.63	Points
2 3 4 5 Event 2	McNamara, Dani Stephanus, Christina T Jiao, Nuoan de Kock, Christi 25 Girls 9-10 50 LC Me NAM-L: 41.58 # Name	8 8 7 8 ter Breaststrol ≰ 13-Dec-06 Age	Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Christine Briedenhann - Set De Team	1:03.28 1:06.87 1:09.02 NSAN Seed Time	1:05.94 1:09.21 1:15.63 NM Finals Time	Points
2 3 4 5 Event 2	McNamara, Dani Stephanus, Christina T Jiao, Nuoan de Kock, Christi 25 Girls 9-10 50 LC Me NAM-L: 41.58 #	8 8 7 8 ter Breaststrol ≰ 13-Dec-06 Age	Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Ke Christine Briedenhann - Set De	1:03.28 1:06.87 1:09.02	1:05.94 1:09.21 1:15.63	Points

(Event 25 Girls 9-10 50 LC Meter Breaststroke)

	Name	Age	Team	Seed Time	Finals Time	Points
4	McNamara, Jade	10	Dolphins Swimming Club	54.16	55.40	
5	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	NT	56.00	
6	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	55.35	56.22	
7	Coomer, Isabel	10	Aqua Swimming and Fitness Club	57.50	56.94	
8	Guo, Yilin	9	Dolphins Swimming Club	55.93	57.28	
9	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	58.33	1:00.38	
10	Joubert, Laila	10	Aqua Swimming and Fitness Club	1:04.98	1:01.54	
11	Stoffberg, Alexis	10	Dolphins Swimming Club	1:01.96	1:02.25	
12	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	1:02.94	1:06.53	

Event 25 Girls 11-12 50 LC Meter Breaststroke

	NAM-L: 37.60 #	01-Jan-1900	Gwen Currie	SWAN	IM	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Meyer, Cara	12	Dolphins Swimming Club	42.70	42.11	
2	Naukosho, Ainoa	12	Dolphins Swimming Club	42.38	42.37	
3	McNamara, Scarlett	12	Dolphins Swimming Club	42.77	42.67	
4	Schnebel, Sandra	12	Dolphins Swimming Club	44.36	45.46	
5	Mahdy, Nadien	12	Dolphins Swimming Club	47.51	47.08	
6	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	47.88	47.78	
7	Wenk, Olivia	11	Dolphins Swimming Club	50.05	49.78	
8	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	49.88	
9	Ashikoto, Suraya A	11	Marlins Swimming Club	50.90	50.68	
10	Dresselhaus, Mareli	12	Dolphins Swimming Club	NT	54.89	
11	Warne, Manisha	11	Dolphins Swimming Club	54.79	55.27	
12	De Witt, Alexandra	11	Marlins Swimming Club	55.12	58.54	

Event 25 Girls 13-14 50 LC Meter Breaststroke

	NAM-L: 35.97 #	01-Dec-12	Kiah T. Borg	NSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	39.48	40.12	
2	Geyser, Mikayla	14	Dolphins Swimming Club	39.48	40.44	
3	Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	40.42	40.45	
4	Ellis, Lilia	13	Dolphins Swimming Club	NT	42.10	
5	Schlabitz, Nora L	14	Dolphins Swimming Club	41.77	42.92	
6	August, Ava	14	Aqua Swimming and Fitness Club	41.56	43.22	
7	Rey, Candice J	13	Aqua Swimming and Fitness Club	45.34	45.29	
8	Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	46.11	
9	Slinger, Gizelle	14	Aqua Swimming and Fitness Club	45.31	46.94	
10	Dames, Andrea	14	Dolphins Swimming Club	50.48	48.27	
11	Steyn, Lara	13	Dolphins Swimming Club	51.76	50.74	
12	Mobbison, Solange A	13	Dolphins Swimming Club	48.88	52.41	
13	Gertze, Carlene T	13	Dolphins Swimming Club	1:02.40	1:02.20	

Event 25 Girls 15-16 50 LC Meter Breaststroke

NAM-L: 34.53 # 08-Dec-12 Christine Briedenhann

ne Finals Time Points
96 40.07
26 40.50
96 40.95
45.15
96 49.27
53 53.69
0.9 8.2 0.9

NAM

Event 25 Girls 17-18 50 LC Meter Breaststroke DOL NAM-L: 34.12 # 25-Jul-09 **Daniela Lindemeier at 13th FIN** Seed Time **Finals** Time Points Name Age Team 1 Kinnaird, Brynné B 17 Dolphins Swimming Club 3974 3933 Event 26 Boys 8 & Under 50 LC Meter Breaststroke 01-Jan-1900 Francois Saayman **SPANM** NAM-L: 47.88 # Seed Time **Finals Time** Name Age Team Points 1 Huang, Guoxuan 8 Dolphins Swimming Club 54.06 56.26 8 Dolphins Swimming Club 59.12 2 Mahdy, Basil 58.51 8 Dolphins Swimming Club 3 Wenk, William 1:01.49 1:02.31 Event 26 Boys 9-10 50 LC Meter Breaststroke NAM-L: 40.74 # 03-Apr-18 **Oliver Durand - SA Level 3 Reg** NASU Name Age Team Seed Time Finals Time Points Badenhorst, Oelof O 9 Dolphins Swimming Club 41.52 41.88 1 10 Dolphins Swimming Club 45.56 45.65 2 Durand, Patrick 3 Brown. Ben T 10 Dolphins Swimming Club 47.13 47.30 9 Dolphins Swimming Club Coetzee, Jasper J 50.10 50.44 4 10 Dolphins Swimming Club 5 Kibble, Harry C NT 50.66 Armstrong, Jeandre 9 Aqua Swimming and Fitness Club 52.19 51.53 6 10 Aqua Swimming and Fitness Club 7 Swartz, Caleb 51.72 52.45 **Dolphins Swimming Club** 8 Cowley, Joshua 9 53.51 52.94 10 Dolphins Swimming Club 9 Chase, Ivor 52.54 54.44 q **Dolphins Swimming Club** 10 Roux, Keanu 1:03.63 59.68 Moolman, Markus 9 Dolphins Swimming Club 59.08 1:01.08 11 Event 26 Boys 11-12 50 LC Meter Breaststroke NAM-L: 33.96 # 28-Mar-17 Mikah Burger - African Junior NAM Seed Time **Finals Time** Name Age Team Points Aqua Swimming and Fitness Club 1 Bergh, Riley R 12 42.09 43.26 Aqua Swimming and Fitness Club 2 Hekandjo, Kabi A 12 44.47 43.38 Aqua Swimming and Fitness Club Coomer, Luke E 12 48.09 48.07 3 Aqua Swimming and Fitness Club 4 Musati, Jeremy 12 50.81 48.62 5 Cowley, Dylan 11 **Dolphins Swimming Club** 47.98 50.57 Bezuidenhout, Jadon C Aqua Swimming and Fitness Club 52.92 50.68 12 6 Aqua Swimming and Fitness Club Swartz, Samuel 7 12 51.34 52.12 Borges, Raul J **Dolphins Swimming Club** 8 11 54.39 56.87 9 De Almeida, Thato 12 Aqua Swimming and Fitness Club 55.91 1:00.78 Event 26 Boys 13-14 50 LC Meter Breaststroke 30.91 # 15-Nov-19 NAM-L: MAC Jose Canjulo Seed Time Finals Time Name Age Team Points 1 Esterhuizen, Lorenzo E 14 Aqua Swimming and Fitness Club 35.21 35.12 Ellis, Lian 14 Dolphins Swimming Club 36.10 36.18 2 Dolphins Swimming Club 37.79 3 Jiao, Naan 13 38.01 Aqua Swimming and Fitness Club 4 Feris, Rodney 13 38.42 37.81 5 Benade, Kayleb G 14 Aqua Swimming and Fitness Club 41.53 38.78 **Dolphins Swimming Club** 6 Shipoh, Peingeondjabi 13 41.95 42.05 7 Williams, Aidan J 14 Dolphins Swimming Club 43.73 44.11 Hanstein, William 14 Aqua Swimming and Fitness Club 8 45.22 45.11 13 Aqua Swimming and Fitness Club 9 Brendell, Yugen C 51.49 52.35

Event 26 Boys 15-16 50 LC Meter Breaststroke

	NAM-L: 30.14 #	05-Nov-21	José Canjulo - NTS Prestige Ga	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	31.24	32.32	
2	Kinnaird, Liam	15	Dolphins Swimming Club	34.39	34.30	
3	Bauernschmitt, Michael B	15	Dolphins Swimming Club	36.32	35.54	
4	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	35.67	35.68	
5	Nell, Tristan T	15	Aqua Swimming and Fitness Club	37.51	37.40	
6	Robiati, Naeem	15	Marlins Swimming Club	38.34	37.58	
7	van Dyk, Luhan	16	Marlins Swimming Club	38.56	37.87	
8	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	39.74	39.62	
9	Feris, Samual H	15	Aqua Swimming and Fitness Club	42.08	40.90	
10	David, José A	15	Aqua Swimming and Fitness Club	52.65	47.21	
Event	26 Boys 17-18 50 LC Met	er Breaststro	ke			
	NAM-L: 29.35 #	20-Aug-19	Ronan Z. Wantenaar	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Engelhard, Robin	17	Dolphins Swimming Club	33.76	35.37	
2	Geyser, Brett A	17	Dolphins Swimming Club	34.35	35.53	
3	Esslinger, Nico	17	Dolphins Swimming Club	36.32	36.43	
4	Nell, Noah S	18	Aqua Swimming and Fitness Club	35.64	37.49	
5	Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	37.69	37.99	
Event	26 Boys 19 & Over 50 LC	Meter Breast	stroke			
	NAM-L: 27.84 #		Ronan Z. Wantenaar at Malaysia	MAC		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Wellmann, Arkell J	21	Dolphins Swimming Club	32.80	33.18	
2	Gertze, Matthew R	21	Dolphins Swimming Club	37.56	36.50	
Event	28 Men 45 & Over 50 LC	Meter Breast	stroke			
Liene	NAM-L: 36.57 #		Francois van der Westhuizen at	MAC		
	Name		Team	Seed Time	Finals Time	Points
1	Coomer, Richard E	•	Aqua Swimming and Fitness Club	52.65	46.65	
Event	29 Girls 12 & Under 400	LC Meter Fre	estyle			
		03-May-23	Ainoa Naukosho at CANA Zone IV	NAM		
	NASFED LC: 4:42.54 *	18-Mar-16	Joanne Liebenberg	NASU		
	NASFED LC: 4:42.54 * Name	18-Mar-16	Joanne Liebenberg Team	NASU Seed Time	Finals Time	Points
		18-Mar-16 Age			Finals Time 5:47.20	Points
	Name Schnebel, Sandra	18-Mar-16 <u>Age</u> 12	Team	Seed Time 5:46.11	5:47.20	Points
1 2	<u>Name</u> Schnebel, Sandra Meyer, Cara	18-Mar-16 Age 12 12	Team Dolphins Swimming Club Dolphins Swimming Club	Seed Time 5:46.11 5:55.76	5:47.20 6:00.11	Points
1	Name Schnebel, Sandra Meyer, Cara Joubert, Laila	18-Mar-16 Age 12 12	Team Dolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56	5:47.20 6:00.11 6:09.88	Points
1 2 3 4	<u>Name</u> Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia	18-Mar-16 Age 12 12 12 10	Team Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31	5:47.20 6:00.11 6:09.88 6:19.83	Points
1 2 3 4 5	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue	18-Mar-16 Age 12 12 12 10 11 11	Team Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33	Points
1 2 3 4 5 6	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth	18-Mar-16 Age 12 12 10 11 11 10 12	Team Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99	Points
1 2 3 4 5 6 7	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett	18-Mar-16 Age 12 12 10 11 10 11 10 12 12	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT NT NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88	Points
1 2 3 4 5 6 7 8	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett Losper, Aaliyah J	18-Mar-16 Age 12 12 10 11 10 12 12 12 9	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT NT 6:52.01	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88 6:46.63	Points
1 2 3 4 5 6 7 8 9	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett Losper, Aaliyah J Imbondi, Mangano S	18-Mar-16 Age 12 12 10 11 10 12 12 9 10	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT NT 6:52.01 NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88 6:46.63 7:16.91	Points
1 2 3 4 5 6 7 8 9 10	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade	18-Mar-16 Age 12 12 10 11 10 12 12 9 10 10	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT NT 6:52.01 NT NT NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88 6:46.63 7:16.91 7:28.17	Points
1 2 3 4 5 6 7 8 9 10 11	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Warne, Manisha	18-Mar-16 Age 12 12 10 11 10 12 12 9 10 10 10 11	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT NT 6:52.01 NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88 6:46.63 7:16.91	Points
1 2 3 4 5 6 7 8 9 10 11	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Warne, Manisha 29 Girls 13-14 400 LC Me	18-Mar-16 Age 12 12 10 11 10 12 12 9 10 10 10 11 eter Freestyle	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubAqua Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT 6:52.01 NT NT NT NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88 6:46.63 7:16.91 7:28.17	Points
1 2 3 4 5 6 7 8 9 10 11	Name Schnebel, Sandra Meyer, Cara Joubert, Laila Wenk, Olivia Huang, Xinyue von Wielligh, Elizabeth McNamara, Scarlett Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Warne, Manisha 29 Girls 13-14 400 LC Me	18-Mar-16 Age 12 12 10 11 10 12 12 12 9 10 10 10 11 eter Freestyle 23-Aug-17	TeamDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubDolphins Swimming ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming ClubAqua Swimming and Fitness ClubDolphins Swimming Club	Seed Time 5:46.11 5:55.76 6:35.56 6:31.31 6:19.08 NT NT 6:52.01 NT NT NT	5:47.20 6:00.11 6:09.88 6:19.83 6:21.33 6:25.99 6:28.88 6:46.63 7:16.91 7:28.17	<u>Points</u>

7:03.34

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23 Results

			Results			
(Even	it 29 Girls 13-14 400 LC Met Name	-	le) Team	Seed Time	Finals Time	Points
2		0	Dolphins Swimming Club	5:31.91	5:22.55	
3	Steyn, Lara		Dolphins Swimming Club	5:31.35	5:22.70	
4	Rey, Candice J		Aqua Swimming and Fitness Club	5:34.91	5:36.79	
5	Schlabitz, Nora L		Dolphins Swimming Club	5:40.85	5:37.21	
6	Drotsky, Kayleigh R	13		NT	5:57.17	
7	Dames, Andrea	14		NT	6:20.71	
, 8	Gertze, Carlene T	13		NT	6:25.74	
9	Mobbison, Solange A	13		6:18.83	6:41.29	
	29 Girls 15-16 400 LC Mete			0110100	01112)	
Lvent	NAM-L: 4:33.99 # 0	.,	Anita Kruger	MAR	NM	
	Name		Team	Seed Time	Finals Time	Points
1	Steyn, Carissa L	0	Dolphins Swimming Club	5:05.03	5:18.77	
2			Dolphins Swimming Club	5:01.25	5:23.24	
3	Balt, Caitlyn R		Marlins Swimming Club	5:43.34	5:30.14	
4			Aqua Swimming and Fitness Club	NT	7:12.54	
	29 Girls 17-18 400 LC Mete				_	
Lvent	NAM-L: 4:34.01 # 0		Ilona Schutte	MAR	NM	
	Name		Team	Seed Time	Finals Time	Points
1	Kinnaird, Brynné B	17	Dolphins Swimming Club	5:04.19	5:04.66	
Event	29 Girls 19 & Over 400 LC	Meter Free	stvle			
)1-Mar-96	Anita Kruger	MAR	NM	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Smalley, Molina M	25	Dolphins Swimming Club	4:50.74	4:49.18	
Event	: 30 Boys 12 & Under 400 L	C Meter Fre	estvle			
	NAM-L: 4:39.03 # 2		Jose Canjulo - SA National Jun	NAS	J	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	-	Dolphins Swimming Club	NT	5:41.35	
2			Aqua Swimming and Fitness Club	6:00.90	5:55.22	
3	Badenhorst, Oelof O		Dolphins Swimming Club	5:59.22	6:03.12	
4	Coomer, Luke E		Aqua Swimming and Fitness Club	NT	6:06.94	
5	Kibble, Harry C		Dolphins Swimming Club	NT	6:08.97	
6	Cowley, Dylan	11		NT	6:13.85	
7			Aqua Swimming and Fitness Club	6:25.60	6:21.36	
, 8	Brown, Ben T		Dolphins Swimming Club	6:52.63	6:31.03	
9	Coetzee, Jasper J	9	Dolphins Swimming Club	7:11.43	6:35.02	
10	Chase, Ivor	10		NT	6:43.46	
11	Huang, Guoxuan	8		7:30.47	7:22.90	
12	-	8		NT	7:57.76	
		-			7.57.70	
event	: 30 Boys 13-14 400 LC Mete NAM-L: 4:14.45 # 1	-	e Jose Canjulo	NAM	ſ	
	Name		Team	Seed Time	Finals Time	Points
1		-	Dolphins Swimming Club	4:50.91	4:49.07	
2		13		4:48.82	4:54.87	
3	-	13		4:59.25	5:01.64	
4	Shipoh, Peingeondjabi	13		4.39.23 NT	5:54.15	
	Williams, Aidan J		Dolphins Swimming Club	NT	5:54.15	
5	williallis, Aluali J	14			5:50.45	

14Aqua Swimming and Fitness Club7:23.40

6 Hanstein, William

	NAM-L: 4:11.22 # 21	-Mar-23	Oliver B. Durand at SA Nationa	NSFE	D	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Liam	15	Dolphins Swimming Club	4:48.70	4:44.73	
2	Nell, Tristan T	15	Aqua Swimming and Fitness Club	4:53.19	4:54.03	
3	Bauernschmitt, Michael B	15	Dolphins Swimming Club	4:45.93	5:05.40	
4	Feris, Samual H	15	Aqua Swimming and Fitness Club	5:04.23	5:07.05	
5	Beukes, Luke	15	Aqua Swimming and Fitness Club	5:24.08	5:17.98	
6	van Dyk, Luhan	16	Marlins Swimming Club	NT	5:19.48	
Event	30 Boys 17-18 400 LC Meter	r Freestyle	2			
	NAM-L: 4:09.35 # 10	-Apr-16	Philip Seidler	NAM	IB	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Geyser, Brett A	17	Dolphins Swimming Club	4:50.64	4:54.60	
event	30 Boys 19 & Over 400 LC M	leter Free	stvle			
	NAM-L: 4:04.84 # 03		Phillip Seidler at Sa National	NASU	I	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Gertze, Matthew R	21	Dolphins Swimming Club	5:05.31	5:02.94	
Event	33 Girls 8 & Under 200 LC M	leter IM II	М			
	NAM-L: 3:29.57 # 11		Roselinda Matyayi - BWK LC Gal	AQUA	A	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hinda, Oluchi S	7	Aqua Swimming and Fitness Club	4:32.37	4:21.86	
2	Stephanus, Christina T		Aqua Swimming and Fitness Club	4:42.03	4:36.59	
	de Kock, Christi		Dolphins Swimming Club	NT	4:53.79	
- 3						
		8	Dolphins Swimming Club	4:20.27	DQ	
-	McNamara, Dani 6.4 Did not touch the wall c			4:20.27	DQ	
	McNamara, Dani 6.4 Did not touch the wall c	luring the tu		4:20.27	DQ	
	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter	luring the tu		4:20.27 DOL	DQ	
	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter	luring the tu IM IM 2-Oct-13	urn - back		DQ Finals Time	Points
Event	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12	luring the tu IM IM 2-Oct-13 Age	ırn - back Heleni Stergiadis - BKW LC Gal	DOL		Points
Event	McNamara, Dani 6.4 Did not touch the wall o 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name	luring the tu IM IM -Oct-13 <u>Age</u> 10	urn - back Heleni Stergiadis - BKW LC Gal Team	DOL Seed Time	Finals Time	Points
Event	McNamara, Dani 6.4 Did not touch the wall o 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue	luring the tu IM IM -Oct-13 <u>Age</u> 10 10	urn - back Heleni Stergiadis - BKW LC Gal <u>Team</u> Dolphins Swimming Club	DOL Seed Time 3:08.85	Finals Time 3:02.20	Points
 Event 1 2	McNamara, Dani 6.4 Did not touch the wall o 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 <u>Name</u> Huang, Xinyue Van Wyk, Roze	luring the tu IM IM - Oct-13 <u>Age</u> 10 10 10	urn - back Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72	Finals Time 3:02.20 3:03.87	Points
 Event 1 2 3	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 <u>Name</u> Huang, Xinyue Van Wyk, Roze Joubert, Laila	luring the tu IM IM - Oct-13 <u>Age</u> 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53	Finals Time 3:02.20 3:03.87 3:37.10	Points
 Event 1 2 3 4	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J	luring the tu IM IM -Oct-13 <u>Age</u> 10 10 10 9	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25	Points
 Event 1 2 3 4 5	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 <u>Name</u> Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S	luring the tu IM IM -Oct-13 10 10 10 9 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21	Points
 Event 1 2 3 4 5 6	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 <u>Name</u> Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade	luring the tu IM IM C-Oct-13 10 10 10 10 9 10 10 10 9	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69	Points
Event 1 2 3 4 5 6 7	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter I NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin	luring the tu IM IM C-Oct-13 10 10 10 10 9 10 10 10 9	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50	Points
Event 1 2 3 4 5 6 7 8	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose	luring the tu IM IM -Oct-13 10 10 10 9 10 10 9 10 10 9 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34	Points
Event 1 2 3 4 5 6 7 8 9	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel	luring the tu IM IM -Oct-13 10 10 10 9 10 10 9 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29	Points
Event 1 2 3 4 5 6 7 8 9 10	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis	luring the tu IM IM -Oct-13 10 10 10 9 10 10 9 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45	Points
Event 1 2 3 4 5 6 7 8 9 10 11 12	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela	luring the tu IM IM -Oct-13 10 10 10 10 9 10 10 9 10 10 10 10 10 10 9	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38	Points
1 2 3 4 5 6 7 8 9 10 11 12	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter	luring the tu IM IM -Oct-13 10 10 10 9 10 10 9 10 10 10 10 10 10 9 9	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38	Points
1 2 3 4 5 6 7 8 9 10 11 12	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter	luring the tu IM IM I-Oct-13 10 10 10 10 9 10 10 10 10 10 10 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT NT NT	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38	
1 2 3 4 5 6 7 8 9 10 11 12	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter NAM-L: 2:35.27 # 12	luring the tu IM IM I-Oct-13 10 10 10 9 10 10 10 10 10 10 10 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT NT NT	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38 4:44.58	
Event 1 2 3 4 5 6 7 8 9 10 11 12 Event	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter 1 NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter NAM-L: 2:35.27 # 12 Name	luring the tu IM IM I-Oct-13 10 10 10 9 10 10 10 10 10 10 10 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT NT NT SWA Seed Time	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38 4:44.58	
Event 1 2 3 4 5 6 7 8 9 10 11 12 Event 1 2 2 3 4 5 6 7 8 9 10 11 12 12 12 12 12 12 12 12 12	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter 1 NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter NAM-L: 2:35.27 # 12 Name Naukosho, Ainoa	luring the tu IM IM -Oct-13 10 10 10 9 10 10 9 10 10 10 10 10 10 10 10 2 9 10 10 10 10 10 10 10 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT NT SWA Seed Time 2:36.22	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38 4:44.58	
Event 1 2 3 4 5 6 7 8 9 10 11 12 Event 1 2 1 2 1 2 1 1 2 3 4 5 6 7 8 9 10 11 12 12 12 10 10 10 10 10 10 10 10 10 10	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter 1 NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter NAM-L: 2:35.27 # 12 Name Naukosho, Ainoa Meyer, Cara	luring the tu IM IM -Oct-13 10 10 10 10 9 10 10 9 10 10 10 9 10 10 9 10 10 9 10 10 9 10 10 9 10 10 9 10 10 10 9 10 10 10 10 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT NT SWA Seed Time 2:36.22 2:57.90	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38 4:44.58 Finals Time 2:41.43 3:01.67	Points Points
Event 1 2 3 4 5 6 7 8 9 10 11 12 Event 1 2 3	McNamara, Dani 6.4 Did not touch the wall of 33 Girls 9-10 200 LC Meter NAM-L: 2:51.28 # 12 Name Huang, Xinyue Van Wyk, Roze Joubert, Laila Losper, Aaliyah J Imbondi, Mangano S McNamara, Jade Guo, Yilin Bezuidenhout, Jenna-Rose Coomer, Isabel Stoffberg, Alexis De Almeida, Elaina Eiseb, Mikaela 33 Girls 11-12 200 LC Meter NAM-L: 2:35.27 # 12 Name Naukosho, Ainoa Meyer, Cara Schnebel, Sandra	luring the tu IM IM -Oct-13 10 10 10 10 9 10 10 10 10 10 10 10 10 10 10 2 9 10 10 10 10 10 10 10 10 10 10 10 10 10	Heleni Stergiadis - BKW LC Gal Team Dolphins Swimming Club Marlins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Aqua Swimming and Fitness Club Aqua Swimming and Fitness Club Dolphins Swimming Club Aqua Swimming and Fitness Club Dolphins Swimming Club Dolphins Swimming Club Dolphins Swimming Club Dolphins Swimming Club	DOL Seed Time 3:08.85 3:07.72 3:42.53 3:48.72 3:40.23 3:49.93 4:16.60 4:04.97 NT NT NT NT NT SWA Seed Time 2:36.22 2:57.90 2:57.74	Finals Time 3:02.20 3:03.87 3:37.10 3:45.25 3:48.21 3:53.69 3:58.50 4:02.34 4:16.29 4:16.45 4:19.38 4:44.58 Finals Time 2:41.43 3:01.67 3:03.62	

(Event 33 Girls 11-12 200 LC Meter IM IM)

	Name	Age	Team	Seed Time	Finals Time	Points
8	Dresselhaus, Mareli	12	Dolphins Swimming Club	3:56.24	3:51.52	
9	Warne, Manisha	11	Dolphins Swimming Club	4:07.94	4:06.31	
6	von Wielligh, Elizabeth	12	Dolphins Swimming Club	3:36.15	DQ	
	7.3 Hands brought back beyond t	he hip	line during stroke - breast			

Event 33 Girls 13-14 200 LC Meter IM IM

NAM-L: 2:27.41 #	23-Aug-17	Heleni Stergiadis at 6th FINA	NAM		
Name	Age	Team	Seed Time	Finals Time	Points
Geyser, Mikayla	14	Dolphins Swimming Club	2:42.25	2:39.55	
Bergh, Madison S	14	Aqua Swimming and Fitness Club	2:46.45	2:45.83	
Matyayi, Roselinda	13	Aqua Swimming and Fitness Club	2:40.79	2:46.32	
Kapapa, Alexandra	14	Aqua Swimming and Fitness Club	2:47.40	2:46.48	
Ellis, Lilia	13	Dolphins Swimming Club	2:50.14	2:51.60	
Slinger, Gizelle	14	Aqua Swimming and Fitness Club	2:56.37	2:55.60	
August, Ava	14	Aqua Swimming and Fitness Club	3:00.52	2:59.16	
Rey, Candice J	13	Aqua Swimming and Fitness Club	3:02.48	2:59.73	
Schlabitz, Nora L	14	Dolphins Swimming Club	2:55.78	3:01.58	
Drotsky, Kayleigh R	13	Dolphins Swimming Club	NT	3:08.99	
Steyn, Lara	13	Dolphins Swimming Club	3:08.92	3:09.62	
Dames, Andrea	14	Dolphins Swimming Club	3:28.05	3:20.32	
Mobbison, Solange A	13	Dolphins Swimming Club	3:19.43	3:29.90	
De Witt, Isabella	13	Marlins Swimming Club	NT	3:31.76	
Gertze, Carlene T	13	Dolphins Swimming Club	NT	3:44.03	
	NameGeyser, MikaylaBergh, Madison SMatyayi, RoselindaKapapa, AlexandraEllis, LiliaSlinger, GizelleAugust, AvaRey, Candice JSchlabitz, Nora LDrotsky, Kayleigh RSteyn, LaraDames, AndreaMobbison, Solange ADe Witt, Isabella	NameAgeGeyser, Mikayla14Bergh, Madison S14Matyayi, Roselinda13Kapapa, Alexandra14Ellis, Lilia13Slinger, Gizelle14August, Ava14Rey, Candice J13Schlabitz, Nora L14Drotsky, Kayleigh R13Steyn, Lara13Dames, Andrea14Mobbison, Solange A13De Witt, Isabella13	NameAgeTeamGeyser, Mikayla14Dolphins Swimming ClubBergh, Madison S14Aqua Swimming and Fitness ClubMatyayi, Roselinda13Aqua Swimming and Fitness ClubKapapa, Alexandra14Aqua Swimming and Fitness ClubEllis, Lilia13Dolphins Swimming ClubSlinger, Gizelle14Aqua Swimming and Fitness ClubAugust, Ava14Aqua Swimming and Fitness ClubRey, Candice J13Aqua Swimming and Fitness ClubSchlabitz, Nora L14Dolphins Swimming ClubDrotsky, Kayleigh R13Dolphins Swimming ClubSteyn, Lara13Dolphins Swimming ClubDames, Andrea14Dolphins Swimming ClubMobbison, Solange A13Marlins Swimming ClubDe Witt, Isabella13Marlins Swimming Club	NameAgeTeamSeed TimeGeyser, Mikayla14Dolphins Swimming Club2:42.25Bergh, Madison S14Aqua Swimming and Fitness Club2:46.45Matyayi, Roselinda13Aqua Swimming and Fitness Club2:40.79Kapapa, Alexandra14Aqua Swimming and Fitness Club2:47.40Ellis, Lilia13Dolphins Swimming Club2:50.14Slinger, Gizelle14Aqua Swimming and Fitness Club2:56.37August, Ava14Aqua Swimming and Fitness Club3:00.52Rey, Candice J13Aqua Swimming and Fitness Club3:02.48Schlabitz, Nora L14Dolphins Swimming Club2:55.78Drotsky, Kayleigh R13Dolphins Swimming ClubNTSteyn, Lara13Dolphins Swimming Club3:08.92Dames, Andrea14Dolphins Swimming Club3:19.43De Witt, Isabella13Marlins Swimming ClubNT	NameAgeTeamSeed TimeFinals TimeGeyser, Mikayla14Dolphins Swimming Club2:42.252:39.55Bergh, Madison S14Aqua Swimming and Fitness Club2:46.452:45.83Matyayi, Roselinda13Aqua Swimming and Fitness Club2:40.792:46.32Kapapa, Alexandra14Aqua Swimming and Fitness Club2:47.402:46.48Ellis, Lilia13Dolphins Swimming Club2:50.142:51.60Slinger, Gizelle14Aqua Swimming and Fitness Club3:00.522:59.16August, Ava14Aqua Swimming and Fitness Club3:00.522:59.16Rey, Candice J13Aqua Swimming and Fitness Club3:02.482:59.73Schlabitz, Nora L14Dolphins Swimming Club3:02.482:59.73Drotsky, Kayleigh R13Dolphins Swimming ClubNT3:08.99Steyn, Lara13Dolphins Swimming Club3:08.923:09.62Dames, Andrea14Dolphins Swimming Club3:19.433:29.90De Witt, Isabella13Marlins Swimming Club3:19.433:29.90

Event 33 Girls 15-16 200 LC Meter IM IM

2 Wenk, William

3 Mahdy, Basil

	NAM-L: 2:22.54	# 17-Aug-14	Sonja Adelaar at 2nd Youth Oly	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Humphrey, Jessica	15	Aqua Swimming and Fitness Club	2:35.62	2:31.35	
2	Benade, Quelin H	16	Aqua Swimming and Fitness Club	2:40.56	2:42.25	
3	Steyn, Carissa L	16	Dolphins Swimming Club	2:48.97	2:50.18	
4	Naukosho, Ariana	16	Dolphins Swimming Club	2:39.87	2:58.82	
5	Balt, Caitlyn R	16	Marlins Swimming Club	NT	3:02.35	
6	Stephanus, Oliwia E	15	Dolphins Swimming Club	2:59.75	3:04.72	
7	Joubert, Kira	15	Aqua Swimming and Fitness Club	3:14.36	3:11.50	
8	Brendell, Yulene S	15	Aqua Swimming and Fitness Club	4:01.13	3:40.30	

Event 33 Girls 17-18 200 LC	Meter IM IM				
NAM-L: 2:26.88	# 13-Apr-15	Toni Roth at Sa National Aquat	NASU	-ZZ	
Name	Age	Team	Seed Time	Finals Time	Points
1 Kinnaird, Brynné B	17	Dolphins Swimming Club	2:43.78	2:46.38	
Event 33 Girls 19 & Over 20	0 LC Meter IM IN	И			
NAM-L: 2:22.54	# 17-Aug-14	Sonja Adelaar at 2nd Youth Oly	NAM		
Name	Age	Team	Seed Time	Finals Time	Points
Name 1 Smalley, Molina M	Age 25		Seed Time 2:28.93	Finals Time 2:29.94	Points
	25	Dolphins Swimming Club			<u>Points</u>
1 Smalley, Molina M Event 34 Boys 8 & Under 20	25	Dolphins Swimming Club			<u>Points</u>
1 Smalley, Molina M Event 34 Boys 8 & Under 20	25 0 LC Meter IM IN # 25-Nov-22	Dolphins Swimming Club M	2:28.93		Points Points

4:01.63

4:51.27

4:13.47

4:15.96

8 Dolphins Swimming Club

8 Dolphins Swimming Club

Event 34 Boys 9-10 200 LC Meter IM IM

	NAM-L: 2:47.68 #	03-Apr-18	Oliver Durand - SA Level 3 Reg	NASU	ſ	
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Patrick	10	Dolphins Swimming Club	2:57.63	2:58.29	
2	Badenhorst, Oelof O	9	Dolphins Swimming Club	3:04.43	3:10.06	
3	Coetzee, Jasper J	9	Dolphins Swimming Club	3:25.85	3:18.94	
4	Kibble, Harry C	10	Dolphins Swimming Club	3:27.21	3:21.45	
5	Chase, Ivor	10	Dolphins Swimming Club	3:35.02	3:23.76	
6	Brown, Ben T	10	Dolphins Swimming Club	3:37.25	3:24.28	
7	Swartz, Caleb	10	Aqua Swimming and Fitness Club	3:43.77	3:34.27	
8	Cowley, Joshua	9	Dolphins Swimming Club	3:38.21	3:42.41	
9	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	3:50.74	3:48.52	
10	Moolman, Markus	9	Dolphins Swimming Club	4:03.69	3:52.29	
	Roux, Keanu	9	Dolphins Swimming Club	NT	DQ	
	7.2 Body not on the b	reast during strol	ke - breast			
	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	3:24.82	DQ	

6.4 Did not start executing the turn immediately after turning onto the breast - back

Event 34 Boys 11-12 200 LC Meter IM IM

	NAM-L: 2:26.33 #	17-Mar-17	Mikah Burger - SA National Jun	NASU		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	2:52.28	2:53.43	
2	Bergh, Riley R	12	Aqua Swimming and Fitness Club	2:59.96	2:59.77	
3	Cowley, Dylan	11	Dolphins Swimming Club	3:26.30	3:25.15	
4	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	3:20.68	3:26.07	
5	Swartz, Samuel	12	Aqua Swimming and Fitness Club	3:38.50	3:36.65	
6	De Almeida, Thato	12	Aqua Swimming and Fitness Club	NT	4:04.81	
7	Borges, Raul J	11	Dolphins Swimming Club	NT	4:15.02	
	Coomer, Luke E	12	Aqua Swimming and Fitness Club	3:18.22	DQ	
	7.3 Hands brought back	beyond the hip	o line during stroke - breast			

Event 34 Boys 13-14 200 LC Meter IM IM

	NAM-L: 2:10.29 #	30-Aug-22	Oliver Durand	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	2:24.97	2:25.31	
2	Ellis, Lian	14	Dolphins Swimming Club	2:26.92	2:26.83	
3	Feris, Rodney	13	Aqua Swimming and Fitness Club	2:33.58	2:34.71	
4	Benade, Kayleb G	14	Aqua Swimming and Fitness Club	2:51.57	2:54.69	
5	Williams, Aidan J	14	Dolphins Swimming Club	2:59.80	2:59.86	
6	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	2:56.57	3:00.83	
7	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	NT	3:53.06	

Event 34 Boys 15-16 200 LC Meter IM IM

	NAM-L: 2:07.92 #	21-Mar-23	Oliver B. Durand at SA Nationa	NSFED		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Durand, Oliver B	16	Dolphins Swimming Club	2:07.92	2:17.18	
2	Kinnaird, Liam	15	Dolphins Swimming Club	2:27.14	2:27.10	
3	Bauernschmitt, Michael B	15	Dolphins Swimming Club	2:27.04	2:33.17	
4	Nell, Tristan T	15	Aqua Swimming and Fitness Club	2:34.31	2:34.65	
5	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	2:42.30	2:42.17	
6	Feris, Samual H	15	Aqua Swimming and Fitness Club	2:44.01	2:45.66	
7	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	2:40.84	2:47.16	
8	van Dyk, Luhan	16	Marlins Swimming Club	2:48.58	2:51.84	
9	Robiati, Naeem	15	Marlins Swimming Club	2:55.82	2:57.72	

Event 34 Boys 17-18 200 LC Meter IM IM

BW LC Gala 3 Windhoek 1-2 December 2023 - 01-Dec-23 to 02-Dec-23 Results

	NAM-L: 2:07.47 #		Ronan Z. Wantenaar	NAM	[
	Name	Age	Team	Seed Time	Finals Time	Points
1	Esslinger, Nico	17	Dolphins Swimming Club	2:21.86	2:22.65	
2	Geyser, Brett A	17	Dolphins Swimming Club	2:23.52	2:31.34	
3	Engelhard, Robin	17	Dolphins Swimming Club	2:23.94	2:37.49	
4	Bezuidenhout, Jordan V	17	Aqua Swimming and Fitness Club	2:34.59	2:39.36	
Event	34 Boys 19 & Over 200 LC	Meter IM IN	1			
	NAM-L: 2:03.64 #	11-Mar-23	Ronan Z. Wantenaar at Malaysia	MAC		
	Name	Age	Team	Seed Time	Finals Time	Point
1	Wellmann, Arkell J	21	Dolphins Swimming Club	2:15.70	2:17.99	
2	Le Roux, Corné	21	Dolphins Swimming Club	2:24.88	2:29.26	
3	Gertze, Matthew R	21	Dolphins Swimming Club	2:36.99	2:38.46	
Event	37 Girls 8 & Under 50 LC M	Aeter Frees	tyle			
	NAM-L: 36.82 #	28-Jan-10	Zuné Weber - Namibian National	NSA		
	Name	Age	Team	Seed Time	Finals Time	Points
1	de Kock, Christi		Dolphins Swimming Club	46.06	48.70	
2	Hinda, Oluchi S		Aqua Swimming and Fitness Club	49.62	49.49	
3	Stephanus, Christina T	8	Aqua Swimming and Fitness Club	52.68	51.55	
4	McNamara, Dani	8	Dolphins Swimming Club	51.62	53.27	
Event	37 Girls 9-10 50 LC Meter	Freestyle				
	NAM-L: 30.89 #	13-Dec-06	Christine Briedenhann - Set De	NSAN		
	Name	-	Team	Seed Time	Finals Time	Point
1	Huang, Xinyue		Dolphins Swimming Club	34.80	34.48	
2	Van Wyk, Roze	10	Marlins Swimming Club	35.05	35.34	
3	Joubert, Laila		Aqua Swimming and Fitness Club	37.16	37.43	
4	Imbondi, Mangano S	10	Dolphins Swimming Club	38.85	38.76	
5	Losper, Aaliyah J	9	Aqua Swimming and Fitness Club	38.45	40.88	
6	McNamara, Jade	10	Dolphins Swimming Club	43.69	43.50	
7	Bezuidenhout, Jenna-Rose	10	Aqua Swimming and Fitness Club	43.98	43.90	
8	Guo, Yilin	9	Dolphins Swimming Club	45.40	44.57	
9	Coomer, Isabel	10	Aqua Swimming and Fitness Club	45.90	44.85	
10	Stoffberg, Alexis	10	Dolphins Swimming Club	44.98	47.04	
11	De Almeida, Elaina	10	Aqua Swimming and Fitness Club	45.10	47.58	
12	Eiseb, Mikaela	9	Aqua Swimming and Fitness Club	50.92	52.15	
Event	37 Girls 11-12 50 LC Mete	r Freestyle				
	NAM-L: 28.72 #		Christine Briedenhann - 9th Se	NSA		
	Name	-	Team	Seed Time	Finals Time	Points
1	Naukosho, Ainoa	12	Dolphins Swimming Club	30.41	30.69	
2	Mayers, Kaylin	12	Aqua Swimming and Fitness Club	35.87	32.70	
3	Schnebel, Sandra	12	Dolphins Swimming Club	33.61	33.73	
4	Meyer, Cara	12	Dolphins Swimming Club	33.71	33.88	
5	Wenk, Olivia	11	Dolphins Swimming Club	35.64	35.12	
6	McNamara, Scarlett	12	Dolphins Swimming Club	36.40	35.22	
7	Ashikoto, Suraya A	11	Marlins Swimming Club	37.42	38.35	
0	von Wielligh, Elizabeth	12	Dolphins Swimming Club	NT	38.55	
8		12	Dolphins Swimming Club	39.02	38.93	
8 9	Dresselhaus, Mareli	14	1 0			
	Mahdy, Nadien		Dolphins Swimming Club	41.40	41.46	
9	•				41.46 45.60	

Results

Event 37	Girls 1	13-14	50 LC	Meter	Freestyle
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	37 Girls 13-1 NAM-L:	27.26		13-Sep-10	Christine M. Briedenhann at 10	NSA		
	Name			Age	Team	Seed Time	Finals Time	Points
1	Matyayi, Rose	linda		_	Aqua Swimming and Fitness Club	29.75	30.33	
2	Bergh, Madiso			14	Aqua Swimming and Fitness Club	30.62	30.66	
3	Geyser, Mikay			14		30.60	31.02	
4	Slinger, Gizell			14	Aqua Swimming and Fitness Club	30.87	31.06	
5	Kapapa, Alexa			14		30.61	31.36	
6	Ellis, Lilia			13	Dolphins Swimming Club	32.81	32.62	
7	Schlabitz, Nor	a L		14	Dolphins Swimming Club	32.60	33.08	
8	Steyn, Lara			13		33.26	33.21	
9	August, Ava			14		31.70	33.27	
10	Rey, Candice J			13		33.26	33.76	
11	Dames, Andre			14	Dolphins Swimming Club	38.01	37.07	
12	Drotsky, Kayle			13	Dolphins Swimming Club	NT	37.15	
13	De Witt, Isabe	-		13	Marlins Swimming Club	37.69	37.51	
14	Gertze, Carler			13	Dolphins Swimming Club	37.66	37.86	
15	Mobbison, So			13	Dolphins Swimming Club	39.83	40.30	
		-			r G	0,100	10100	
Event	37 Girls 15-1			.,		NGA		
	NAM-L:	27.25	Ħ	14-Jun-12	Christine Briedenhann - Bahama	NSA		Deine
	Name			0	Team	Seed Time	Finals Time	Points
1	1 5.7				Aqua Swimming and Fitness Club	28.71	28.84	
2	Benade, Queli			16		29.25	29.37	
3	Steyn, Carissa			16		32.52	32.82	
4	Stephanus, Ol			15	Dolphins Swimming Club	33.00	33.06	
5	Naukosho, Ar	iana		16	Dolphins Swimming Club	30.91	33.40	
6	Joubert, Kira	_		15	Aqua Swimming and Fitness Club	34.40	34.78	
7	Brendell, Yule	ene S		15	Aqua Swimming and Fitness Club	39.55	39.46	
Event	37 Girls 17-1	8 50 LC	Me	ter Freestyle				
	NAM-L:	26.95	#	01-Jan-1900	Monica Dahl	MAR	NM	
	Name			Age	Team	Seed Time	Finals Time	Points
1	Kinnaird, Bry	nné B		17	Dolphins Swimming Club	29.52	30.52	
Event	37 Girls 19 &	Over 50		Meter Freest	vle			
Lvent	NAM-L:	26.76		01-Jul-96	Monica Dahl	MAR	NM	
	Name	20170		-	Team	Seed Time	Finals Time	Points
1	Smalley, Molii	na M		0	Dolphins Swimming Club	27.88	28.88	
	-					27.00	20.00	
Event	38 Boys 8 & U					NOO		
	NAM-L: NASFED LC:	36.18 35.70	# *	30-Nov-02 02-Feb-07	Hardus Louw - Set on 30/11/200	NOO! DOL	NM	
		35.70	4		Alexander Skinner Team	Seed Time	Finals Time	Points
1	Name			-	Dolphins Swimming Club			Foints
1	Huang, Guoxu			8		39.25	37.61	
2	Wenk, Willian	n		8	Dolphins Swimming Club Dolphins Swimming Club	42.48	44.88	
3	Mahdy, Basil			8	Dolphins Swimming Club	49.06	47.48	
Event	38 Boys 9-10	50 LC M	lete	r Freestyle				
	NAM-L:	30.70	#	05-Dec-19	Nathan Bock - NCASA Champs (D	ORA		
	Name			•	Team	Seed Time	Finals Time	Points
1	Durand, Patri	ck		10	Dolphins Swimming Club	34.80	33.92	
1								
1 2	Badenhorst, (Delof O		9	Dolphins Swimming Club Dolphins Swimming Club	34.46	34.59	

(Event 38 Boys 9-10 50 LC Meter Freestyle)

	Name	Age	Team	Seed Time	Finals Time	Points
4	Leitner, Zachary M	10	Aqua Swimming and Fitness Club	37.69	37.55	
5	Swartz, Caleb	10	Aqua Swimming and Fitness Club	39.38	38.12	
6	Kibble, Harry C	10	Dolphins Swimming Club	42.20	38.16	
7	Armstrong, Jeandre	9	Aqua Swimming and Fitness Club	39.72	38.70	
8	Chase, Ivor	10	Dolphins Swimming Club	37.09	38.74	
9	Cowley, Joshua	9	Dolphins Swimming Club	37.71	39.16	
10	Brown, Ben T	10	Dolphins Swimming Club	40.27	40.02	
11	Moolman, Markus	9	Dolphins Swimming Club	42.18	42.12	
12	Roux, Keanu	9	Dolphins Swimming Club	45.27	46.55	
13	von Schauroth, Udo	10	Marlins Swimming Club	NT	55.35	

Event 38 Boys 11-12 50 LC Meter Freestyle

event	38 Boys 11-12 50 LC Met	er Freestyle				
	NAM-L: 27.37 #	17-Mar-17	Mikah Burger - SA National JN	NASU		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hekandjo, Kabi A	12	Aqua Swimming and Fitness Club	31.25	31.21	
2	Musati, Jeremy	12	Aqua Swimming and Fitness Club	35.28	32.99	
3	Bezuidenhout, Jadon C	12	Aqua Swimming and Fitness Club	35.74	35.55	
4	Bergh, Riley R	12	Aqua Swimming and Fitness Club	35.31	35.57	
5	Coomer, Luke E	12	Aqua Swimming and Fitness Club	34.67	35.95	
6	Cowley, Dylan	11	Dolphins Swimming Club	37.14	38.33	
7	Swartz, Samuel	12	Aqua Swimming and Fitness Club	37.70	38.94	
8	De Almeida, Thato	12	Aqua Swimming and Fitness Club	43.67	42.44	
9	Borges, Raul J	11	Dolphins Swimming Club	46.07	45.37	

Event 38 Boys 13-14 50 LC Meter Freestyle

	NAM-L: 25.56 #	11-Sep-19	Jose Canjulo	NAM		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Feris, Rodney	13	Aqua Swimming and Fitness Club	26.75	26.99	
2	Esterhuizen, Lorenzo E	14	Aqua Swimming and Fitness Club	26.94	27.47	
3	Ellis, Lian	14	Dolphins Swimming Club	27.48	27.76	
4	Benade, Kayleb G	14	Aqua Swimming and Fitness Club	30.03	30.09	
5	Williams, Aidan J	14	Dolphins Swimming Club	31.41	32.39	
6	Hanstein, William	14	Aqua Swimming and Fitness Club	32.88	33.04	
7	Brendell, Yugen C	13	Aqua Swimming and Fitness Club	43.25	41.72	
	Shipoh, Peingeondjabi	13	Dolphins Swimming Club	33.67	DQ	
	4.4 Initiating a start bef	ore the signal				

	NAM-L: 24.48 #	30-Aug-22	Oliver Ohm at 8th FINA Junior	DOL		
	Name	Age	Team	Seed Time	Finals Time	Points
1	Beukes, Luke	15	Aqua Swimming and Fitness Club	25.26	25.21	
2	Durand, Oliver B	16	Dolphins Swimming Club	25.14	25.30	
3	Bauernschmitt, Michael B	15	Dolphins Swimming Club	26.20	26.28	
4	Kinnaird, Liam	15	Dolphins Swimming Club	26.79	27.08	
5	Fitzpatrick, Dominic	16	Marlins Swimming Club	28.04	27.42	
6	Armstrong, Lee-Jay N	15	Aqua Swimming and Fitness Club	27.94	27.80	
7	Nell, Tristan T	15	Aqua Swimming and Fitness Club	28.41	27.97	
8	van Dyk, Luhan	16	Marlins Swimming Club	28.92	28.57	
9	Marggraff, Alex W	15	Dolphins Swimming Club	30.30	28.93	
10	Bezuidenhout, Justin J	15	Aqua Swimming and Fitness Club	29.05	28.95	
11	Feris, Samual H	15	Aqua Swimming and Fitness Club	28.84	29.51	
12	Robiati, Naeem	15	Marlins Swimming Club	30.98	30.79	

Results

	Name	0	Team		Seed Time	Finals Time	Points
13	David, José A	15	Aqua Swimming and Fi	tness Club	37.41	34.03	
vent	: 38 Boys 17-18 50 LC Met	er Freestyle					
	NAM-L: 23.58 #	22-0ct-16	Alexander Skinner		NASU		
	Name	Age	Team		Seed Time	Finals Time	Points
1	Engelhard, Robin	17	Dolphins Swimming Cl	ub	24.50	24.83	
2	Esslinger, Nico	17	Dolphins Swimming Cl		26.24	26.23	
3	Geyser, Brett A	17	Dolphins Swimming Cl	ub	27.04	27.47	
4	Bezuidenhout, Jordan V	17	Aqua Swimming and Fi	tness Club	27.07	27.52	
5	Nell, Noah S	18	Aqua Swimming and Fi	tness Club	27.33	27.61	
Event	: 38 Boys 19 & Over 50 LC	Meter Freest	yle				
	NAM-L: 22.69 #	01-Mar-23	Alexander Skinner at	2023 TYR	DOL		
	Name	Age	Team		Seed Time	Finals Time	Points
1	Wellmann, Arkell J	21	Dolphins Swimming Cl	ub	26.02	26.16	
2	Le Roux, Corné	21	Dolphins Swimming Cl	ub	NT	26.46	
3	Gertze, Matthew R	21	Dolphins Swimming Cl	ub	28.64	28.04	
Event	: 39 Women 45 & Over 50	LC Meter Fre	estyle				
	NAM-L: 32.61 #	26-Nov-21	Ilona Sickel at LC Gala	1 3 (Win	MAC		
	NASFED LC: 32.61 *	25-Nov-22	Jane Samson at LC Ga	la 3 (25 -	MAC		
	Name	Age	Team		Seed Time	Finals Time	Points
1	Samson, Jane	57	Marlins Swimming Clul	D	35.91	35.47	
Event	: 40 Men 25-44 50 LC Met	er Freestvle					
Lvent	NAM-L: 25.39 #	.,	Lushano P. Lamprech	t	AQUA		
	Name		Team	-	Seed Time	Finals Time	Points
1	Diekmann, Jörn	-	Marlins Swimming Clul	0	28.03	27.71	
			_		20.00		
Event	: 40 Men 45 & Over 50 LC NAM-L: 29.61 #		Francois van der Wes	thuizon	MARL		
	Name		Team	unuizen	Seed Time	Finals Time	Points
1	Bekker, Johan	U	Marlins Swimming Clul	h	NT	31.03	
2	Coomer, Richard E		Aqua Swimming and Fi		32.67	32.22	
2			Marlins Swimming Clul		52.07 NT	32.35	
	· · ·		-		IN I	32.33	
Event	41 Girls 10 & Under 400			edley			
	NASFED LC: 6:39.46 *	27-Nov-20	Dolphins LC Gala 3		DOL		
	The second s		A. Naukosho, E. Brink	mann, M. Pri		n'	D
	Team		Relay		Seed Time	Finals Time	Points
	Dolphins Swimming Club		A		6:31.56	6:50.23	
1		0.1.1		22.11	V: 40		
	1) McNamara, Jade 10		ondi, Mangano S 10	3) Huang,	Xinyue 10	4) Stoffberg, Alexis 10	
1 2	1) McNamara, Jade 10 Aqua Swimming and Fitne	ess Club	ondi, Mangano S 10 A		NT	7:25.73	
	1) McNamara, Jade 10	ess Club	ondi, Mangano S 10 A	3) Huang, 3) Joubert	NT		
2	 McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro 41 Girls 11-12 400 LC Me 	ess Club se 10 2) Coor e ter Medley F	ondi, Mangano S 10 A ner, Isabel 10 R elay 4 x 100 Medley	3) Joubert	NT t, Laila 10	7:25.73	
2	1) McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro	ess Club se 10 2) Coor	ondi, Mangano S 10 A ner, Isabel 10 Celay 4 x 100 Medley Dolphins Record Set I	3) Joubert L C gala 1	NT t, Laila 10 DOL	7:25.73	
2	1) McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro 41 Girls 11-12 400 LC Me NASFED LC: 5:40.03 *	ess Club se 10 2) Coor e ter Medley F	ondi, Mangano S 10 A ner, Isabel 10 Celay 4 x 100 Medley Dolphins Record Set I M.Brinkmann, C.Ross	3) Joubert L C gala 1	NT t, Laila 10 DOL osho, M.Ohm	7:25.73 4) Losper, Aaliyah J 9	
2 Event	1) McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro 41 Girls 11-12 400 LC Me NASFED LC: 5:40.03 * Team	ess Club se 10 2) Coor e ter Medley F	ondi, Mangano S 10 A ner, Isabel 10 Relay 4 x 100 Medley Dolphins Record Set I M.Brinkmann, C.Ross Relay	3) Joubert L C gala 1	NT t, Laila 10 DOL osho, M.Ohm Seed Time	7:25.73 4) Losper, Aaliyah J 9 Finals Time	Points
2 Event	1) McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro 41 Girls 11-12 400 LC Me NASFED LC: 5:40.03 * Team Dolphins Swimming Club	ess Club ise 10 2) Coor eter Medley F 10-Nov-19	ondi, Mangano S 10 A ner, Isabel 10 Celay 4 x 100 Medley Dolphins Record Set I M.Brinkmann, C.Ross <u>Relay</u> A	3) Joubert LC gala 1 ouw, A.Nauko	NT t, Laila 10 DOL osho, M.Ohm <u>Seed Time</u> 5:31.01	7:25.73 4) Losper, Aaliyah J 9 <u>Finals Time</u> 5:33.74*	Points
2 Event	 McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro 41 Girls 11-12 400 LC Me NASFED LC: 5:40.03 * Team Dolphins Swimming Club 1) Schnebel, Sandra 12 	ess Club ise 10 2) Coor eter Medley F 10-Nov-19	ondi, Mangano S 10 A ner, Isabel 10 Relay 4 x 100 Medley Dolphins Record Set I M.Brinkmann, C.Ross <u>Relay</u> A er, Cara 12	3) Joubert LC gala 1 ouw, A.Nauko	NT t, Laila 10 DOL osho, M.Ohm <u>Seed Time</u> 5:31.01 sho, Ainoa 12	7:25.73 4) Losper, Aaliyah J 9 <u>Finals Time</u> 5:33.74* 4) McNamara, Scarlett 1	
2 Event	 McNamara, Jade 10 Aqua Swimming and Fitne 1) Bezuidenhout, Jenna-Ro 41 Girls 11-12 400 LC Me NASFED LC: 5:40.03 * Team Dolphins Swimming Club 1) Schnebel, Sandra 12 	ess Club ise 10 2) Coor eter Medley F 10-Nov-19 2) Mey	ondi, Mangano S 10 A ner, Isabel 10 Celay 4 x 100 Medley Dolphins Record Set I M.Brinkmann, C.Ross <u>Relay</u> A	3) Joubert LC gala 1 ouw, A.Nauko	NT t, Laila 10 DOL osho, M.Ohm <u>Seed Time</u> 5:31.01 sho, Ainoa 12 6:57.27	7:25.73 4) Losper, Aaliyah J 9 <u>Finals Time</u> 5:33.74*	2

Results

	NAM-L: 5:07.93 # 2	1 3			
			ade, S. Rey, R. Westerduin	T , 1 , T	.
	Team	Relay	Seed Time	Finals Time	Points
T	Aqua Swimming and Fitness			5:09.81	
2	1) Bergh, Madison S 14	2) Kapapa, Alexandra 14	3) Matyayi, Roselinda 13	4) Slinger, Gizelle 14	
2	Dolphins Swimming Club	A DEPUT AND AD	5:19.82	5:18.40	
•	1) Schlabitz, Nora L 14	2) Ellis, Lilia 13	3) Geyser, Mikayla 14	4) Steyn, Lara 13	
3	Dolphins Swimming Club 1) Gertze, Carlene T 13	B 2) Dames, Andrea 14	6:18.70 3) Mobbison, Solange A 13	6:24.31 4) Dresselhaus, Mareli 1	2
vent		er Medley Relay 4 x 100 Medley		ij Diesseniaus, Maren i	
	NAM-L: 4:47.00 # (
		Briedenhann, Wahl,	Wasserfall, Lindemeier		
	Team	Relay	Seed Time	Finals Time	Point
1	Aqua Swimming and Fitnes	s Club A	NT	5:09.09	
	1) Humphrey, Jessica 15	2) Benade, Quelin H 16	3) Rey, Salomé M 16	4) Joubert, Kira 15	
2	Dolphins Swimming Club	А	5:07.77	5:18.09	
	1) Stephanus, Oliwia E 15	2) Steyn, Carissa L 16	3) Naukosho, Ariana 16	4) Kinnaird, Brynné B 1	7
Event	42 Boys 10 & Under 400 L	C Meter Medley Relay 4 x 100 M	Iedley		
	NASFED LC: 6:09.42 * 2	27-Nov-20 Dolphins LC Gala 3	DOL		
		R.Steyn, E. Jansen, N.			
	Team	Relay	Seed Time	Finals Time	Points
1	Dolphins Swimming Club	А	5:56.89	6:01.12*	
	1) Coetzee, Jasper J 9	2) Badenhorst, Oelof O 9	3) Durand, Patrick 10	4) Kibble, Harry C 10	
2	Dolphins Swimming Club	В	6:36.16	6:40.35	
	1) Huang, Guoxuan 8	2) Brown, Ben T 10	3) Chase, Ivor 10	4) Cowley, Joshua 9	
Event	42 Boys 11-12 400 LC Met	er Medley Relay 4 x 100 Medley	y		
	NAM-L: 5:31.87 # 2	27-Nov-20 Dolphins Relay - J.La	ingford, F DOL		
		.Steyn, M.Bauernsch	mitt, L.Kinnaird		
	Team	Relay	Seed Time	Finals Time	Points
1	Aqua Swimming and Fitnes	s Club A	5:49.80	6:17.08	
	1) Musati, Jeremy 12	2) Bergh, Riley R 12	3) Bezuidenhout, Jadon C 12	4) Swartz, Caleb 10	
2	Aqua Swimming and Fitnes	s Club B	NT	6:40.25	
	1) Leitner, Zachary M 10	2) Armstrong, Jeandre 9	3) Coomer, Luke E 12	4) Swartz, Samuel 12	
Event	42 Boys 13-14 400 LC Met	er Medley Relay 4 x 100 Medley	y		
	NAM-L: 4:41.06 # 2	25-Nov-22 Dolphins Swimming	Club DOL		
		L. Ellis, A. Marggraff,	M. Bauernschmitt, L. Kinna		
	NASFED LC: 4:47.47 * 2	27-Nov-20 Dolphins LC Gala 3	DOL		
		O. Durand, R. Zhou, M	N. Esslinger, O. Ohm		
	Team	Relay	Seed Time	Finals Time	Points
1	Aqua Swimming and Fitnes	s Club A	4:40.13	5:05.14	
	1) Feris, Rodney 13	2) Esterhuizen, Lorenzo E 14	3) Benade, Kayleb G 14	4) Hanstein, William 14	
Event	42 Boys 15-16 400 LC Met	er Medley Relay 4 x 100 Medley	V		
		28-Mar-17 Marlins Swimming C			
	Team	Relay	Seed Time	Finals Time	Points
1	Dolphins Swimming Club	A	4:23.00	4:31.93	
T	1) Kinnaird, Liam 15	2) Durand, Oliver B 16	3) Marggraff, Alex W 15	4) Bauernschmitt, Micha	ol R 1⊑
	-				1010
Ъ	A gue Cruimania J Pierre	a Club A	NIT	1.52 11	
2	Aqua Swimming and Fitnes 1) Beukes, Luke 15	s Club A 2) Armstrong, Lee-Jay N 15	NT 3) Bezuidenhout, Justin J 15	4:52.41 4) Feris, Samual H 15	

Results

Event 42 Boys 19 & Over 400 LC Meter Medley Relay 4 x 100 Medley

NAM-L: 4:09.28 #	14-Dec-16 Namibia - R. Wanten ftie-Eaton, A. Oberho	•		
Team	Relay	Seed Time	Finals Time	Points
1 Dolphins Swimming Club 1) Esslinger, Nico 17	A 2) Wellmann, Arkell J 21	4:13.57 3) Le Roux, Corné 21	4:14.75 4) Engelhard, Robin 17	