

Namibia Swimming Federation - Database

Individual Records Report for NAM-S

NASFED BW SC Nationals 2024 26-Sep-24 to 29-Sep-24 SC Meters

Women 13-14 50 Back

29.96 **Zanré Oberholzer - NASU SC National Champs (Aug '13)** 16/08/2013 NSA

29.90 ** Roselinda Matyayi at NASFED BW
SC Nationals 2024 26/09/2024 AQUA

Women 15-16 1500 Free

18:25.53 **Reza Westerduin at NASFED BW SC Nationals 2023** 28/09/2023 AQUA

18:08.32 ** Madison S. Bergh at NASFED BW
SC Nationals 2024 26/09/2024 AQUA

Women 15-16 50 Back

28.80 **Zanré Oberholzer - 12th World Swimming Champs (Dec '14)** 03/12/2014 NAM

28.50 ** Jessica Humphrey at NASFED BW
SC Nationals 2024 26/09/2024 AQUA

Women 17-18 1500 Free

19:17.04 **Carissa L. Steyn at SC Gala 3 (Windhoek) 19 - 20 July 2024** 19/07/2024 DOL

18:36.44 ** Carissa L. Steyn at NASFED BW
SC Nationals 2024 26/09/2024 DOL

Women Open 1500 Free

18:25.53 **Reza Westerduin at NASFED BW SC Nationals 2023** 28/09/2023 AQUA

18:08.32 ** Madison S. Bergh at NASFED BW
SC Nationals 2024 26/09/2024 AQUA

Women Open 50 Back

28.80 **Zanré Oberholzer - 12th World Swimming Champs '14** 03/12/2014 NAM

28.50 ** Jessica Humphrey at NASFED BW
SC Nationals 2024 26/09/2024 AQUA

Men 9-10 100 Free

1:07.85 **Nathan Bock - SC Nationals (2019)** 19/09/2019 ORA

1:07.33 ** Patrick Durand at NASFED BW SC
Nationals 2024 26/09/2024 DOL

Men 9-10 50 Back

35.24 **Oliver Durand - NASU SC Gala 3 (Aug '18)** 03/08/2018 DOL

34.96 ** Patrick Durand at NASFED BW SC
Nationals 2024 26/09/2024 DOL

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Men 9-10 100 Back

1:15.62	Oliver Durand - NASU SC Gala 3 (Aug '18)	03/08/2018	DOL
1:13.38 **	Patrick Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 9-10 50 Breast

39.59	Nathan Bock - SC Nationals (2019)	19/09/2019	ORA
38.34 **	Oelof Badenhorst at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 9-10 100 Breast

1:25.23	Oliver Durand - NASU SC Gala 3 (Aug '18)	03/08/2018	DOL
1:24.47 **	Oelof Badenhorst at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 9-10 100 Fly

1:13.57	Oliver Durand - SC Gala (Jul '18)	06/07/2018	DOL
1:12.51 **	Patrick Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 9-10 200 IM

2:41.91	Oliver Durand - NASU SC Gala 4 (Sep '14)	07/09/2018	DOL
2:39.72 **	Patrick Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 200 Free

1:51.69	Alexander Skinner - SA SC Champs (Aug '16)	25/08/2016	DOL
1:50.44 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 400 Free

4:12.17	Lushano Lamprecht - FOBISIA Swimming Champs (Jan '15)	23/01/2015	NSA
3:56.43 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 800 Free

8:46.29	Nico Esslinger at NASFED BW SC Nationals 2023	28/09/2023	DOL
8:12.62 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

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Men 17-18 1500 Free

16:47.38	Phillip Seidler - NASU SC Gala 3 (Jul '15)	25/07/2015	DOL
15:48.89 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 50 Back

26.26	Ronan Wantenaar - SC Nationals (Oct '1)	27/10/2018	NSA
26.18 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 100 Back

57.10	Ronan Wantenaar - SC Nationals (Sep '19)	19/09/2019	MAC
55.83 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 200 Breast

2:20.53	Ronan Wantenaar - SC Nationals (Oct '18)	27/10/2018	NSA
2:19.82 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 50 Fly

25.97	Alexander Skinner - FINA SC World Champs (Dec '16)	07/12/2016	DOL
25.51 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 100 Fly

56.41	Ronan Wantenaar - SC Nationals (Sep '19)	19/09/2019	MAC
55.21 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 200 Fly

2:10.10	Corné Le Roux - SC Nationals (Sep '19)	19/09/2019	DOL
2:02.24 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 100 IM

57.24	Ronan Wantenaar - SC Nationals (Sep '19)	19/09/2019	MAC
56.15 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

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Men 17-18 200 IM

2:08.04	Ronan Wantenaar - SC Nationals (Oct '18)	27/10/2018	NSA
2:00.55 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men 17-18 400 IM

4:39.65	Lushano Lamprecht - FOBISIA Swimming Champs (Jan '15)	23/01/2015	NSA
4:22.12 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men Open 400 Free

3:57.94	Phillip Seidler - SC Chaps 2019	19/09/2019	DOL
3:56.43 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men Open 100 Back

56.49	Oliver B. Durand at Nasfed BW SC4 (WHK) 16-17 August 2024	16/08/2024	DOL
55.83 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men Open 100 Fly

56.41	Ronan Wantenaar - SC Nationals (2019)	19/09/2019	MAC
55.21 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men Open 200 Fly

2:07.36	Corné Le Roux - 2018 Cana Zone IV Swimming Champs - Malawi	21/03/2018	NAM
2:02.24 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men Open 100 IM

56.35	Oliver B. Durand at Nasfed BW SC4 (WHK) 16-17 August 2024	16/08/2024	DOL
56.15 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

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Men Open 200 IM

2:03.32	Ronan Z. Wantenaar at Thailand Short Course Swimming Championships	21/10/2022	NAM
2:00.55 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Men Open 400 IM

4:31.82	Oliver B. Durand at NASFED BW SC Nationals 2023	28/09/2023	DOL
4:22.12 **	Oliver B. Durand at NASFED BW SC Nationals 2024	26/09/2024	DOL

Women 17-18 400 Free Relay

4:17.13	Dolphins Swimming Club N. Redecker, C. Coetzer, L. Engelhard, T. Mutumbul	01/01/1900	DOL
4:15.89 **	Dolphins Swimming Club M. Brinkmann, C. Steyn, A. Naukosho, M. Geysler	26/09/2024	DOL

Women 17-18 400 Medley Relay

5:12.06	Dolphins Relay - A. Maritz, H. Stergiadis, V. Botha, C. Esslinger (Jun '19)	21/06/2019	DOL
4:45.45 **	Dolphins Swimming Club M. Brinkmann, A. Naukosho, M. Geysler, C. Steyn	26/09/2024	DOL

Men 9-10 400 Medley Relay

5:35.50	Dolphins Swimming Club A. Diehl, D. Badenhorst, P. Durand, D. Cowley	28/09/2023	DOL
5:17.77 **	Dolphins Swimming Club J. Erni, D. Badenhorst, P. Durand, J. Coetzee	26/09/2024	DOL

Men 15-16 400 Free Relay

3:46.96	Dolphins Swimming Club Q. Ellis, N. Esslinger, D. Lasso-Drews, R. Engelha	17/06/2022	DOL
3:44.96 **	Aqua Swimming and Fitness Club L. Esterhuizen, N. Bock, L. Armstrong, L. Beukes	26/09/2024	AQUA

Men 15-16 400 Medley Relay

4:12.43	Dolphins Swimming Club L. Kinnaird, O. Durand, R. Engelhard, A. Marggraff	28/09/2023	DOL
4:11.90 **	Aqua Swimming and Fitness Club L. Esterhuizen, N. Bock, L. Armstrong, L. Beukes	26/09/2024	AQUA

Men 17-18 400 Free Relay

4:06.01	Dolphins Swimming Club K. Rathenam, M. Gertze, M. Henning, A. Wellmann	01/01/2021	
3:34.43 **	Dolphins Swimming Club J. Canjulo, M. Bauernschmitt, R. Engelhard, O. Dur	26/09/2024	DOL

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Men 17-18 400 Medley Relay

4:20.32 **Namibian Relay - Engelbrecht, Kulikowski, Mudge, Niemann (Zone 6) - 2010** **10/12/2010** **NAM**

3:54.71 ** Dolphins Swimming Club 26/09/2024 DOL
O. Durand, J. Canjulo, M. Bauernschmitt, R. Engelh

Mixed 13-14 400 Free Relay

4:06.98 **Dolphins Swimming Club** **12/08/2022** **DOL**
M. Bauernschmitt, M. Geysler, M. Brinkmann, O. Dura

4:06.93 ** Aqua Swimming and Fitness Club 26/09/2024 AQUA
K. Benade, R. Matyayi, C. Rey, R. Feris

Mixed 13-14 400 Medley Relay

4:32.81 **Dolphins Swimming Club** **29/07/2022** **DOL**
M. Brinkmann, O. Durand, M. Bauernschmitt, M. Geys

4:32.00 ** Aqua Swimming and Fitness Club 26/09/2024 AQUA
R. Matyayi, K. Benade, R. Feris, C. Rey

Mixed 17-18 400 Medley Relay

4:20.92 **NAM - J. Oberholzer, M. Lichtenberg, C. le Roux, Z Weber Cana Zone 4 Malawi** **21/03/2018** **NAM**

4:17.04 ** Dolphins Swimming Club 26/09/2024 DOL
A. Naukosho, J. Canjulo, O. Durand, C. Steyn

Mixed Open 400 Free Relay

3:51.37 **Dolphins Swimming Club** **28/09/2023** **DOL**
A. Wellmann, T. Esslinger, M. Smalley, M. Henning

3:46.20 ** Dolphins Swimming Club 26/09/2024 DOL
A. Wellmann, M. Geysler, M. Smalley, A. Skinner

3:51.14 Dolphins Swimming Club 26/09/2024 DOL
J. Canjulo, C. Steyn, A. Naukosho, O. Durand

Mixed Open 400 Medley Relay

4:18.80 **Dolphins Swimming Club** **28/09/2023** **DOL**
A. Wellmann, M. Smalley, M. Henning, T. Mutumbulua

4:11.92 ** Dolphins Swimming Club 26/09/2024 DOL
M. Geysler, M. Smalley, C. Le Roux, A. Skinner

4:17.04 Dolphins Swimming Club 26/09/2024 DOL
A. Naukosho, J. Canjulo, O. Durand, C. Steyn

4:17.25 Aqua Swimming and Fitness Club 26/09/2024 AQUA
J. Humphrey, A. Kapapa, L. Esterhuizen, L. Beukes